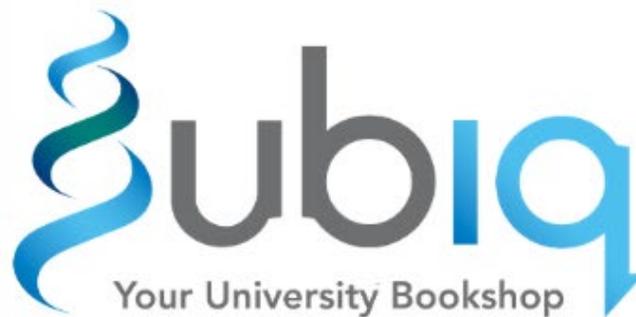


CRACCUM

ISSUE 13, 2020



WE'RE
BACK!



Open Mon - Fri.

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It's all going to be worth it... maybe.

Cam says:

I'm about to finish my Bachelor's degree. With the finish line in sight, I'm actually feeling quite nostalgic for the last three and a half years. I might actually miss it. Though truthfully, I'm back next semester for postgraduate and so really, my rose tinted glasses are completely unnecessary. I'll be right back again soon.



Finishing my degree might be a little different than I imagined - I'll be sitting at home, pressing submit on CANVAS, and then it'll all be done. Maybe a wave of gratitude and relief will come over me, colours will swirl around me and lift me up into the clouds where I will become a higher form of myself. Or maybe I'll just knock off downstairs and start onto the magnum bottle of Rosé that I'm now saving for this occasion. I'll let you know.

This semester has been challenging. At the beginning of this year, I had many hopes for 2020, but I certainly had no expectations of what was to come. But of everything that happened this semester, I think what I'll remember is the response from UoA students. The ability as a collective to adjust, adapt, and to make new plans when old ones fell apart. We had a massive change to how we operate at university, and we've managed to keep moving forward despite this.

In week two, Dan and I wrote a column called 'CoronaChaos'. It hasn't aged well. We didn't predict how fast COVID-19 would threaten us and as it turns out, we're not psychics. Damn. The column however did say one thing right, that there is a merit in staying calm and keeping on. That is exactly what students have done, kept calm and kept on.

All the best for exams and enjoy your 5% grade boost,

See you in Semester Two,
Cam

Dan says:

Okay, look. It's the end of the semester. Everyone's about to graduate, celebrate, go home and relax. I don't want to be a downer. So even though I'm on an immense downbuzz right now (I literally just handed in the most painful assignment of my entire life, a 17,424 *bitch* of an essay) I'm going to try keep things upbeat.

People talk a lot of smack about university. We joke about it being a pointless piece of paper; about it being endless; about the pain and discomfort it brings us. We complain about the costs, about the time commitment, about the lack of job opportunities. It's easy to get caught up in the swirl of negativity, to see our achievements as meaningless or inconsequential.



editorial.

But that's not true. Completing a university degree - hell, even just *starting* one - is a massive accomplishment. Don't let yourself be persuaded otherwise. Be proud of what you achieved this semester. Working through the lockdown hasn't been easy. But you're one step closer to fulfilling your goals. Treasure that. And enjoy the last few weeks of the semester. This may e

Anyways, I'm off to hibernate. I think if I sleep 24 hours a day for the next few weeks I should just about catch-up with my sleep cycle by the time exams roll around.

Cheers,
Dan

PS. Mark Henaghan, LAWGENRL 433 professor: you're a lovely guy. Thank you for sending us heart-warming videos of your grandchildren encouraging us to study. Thank you for your support throughout the semester. Thank you for making family law a compelling and parsable subject. But for the love of god, YOUR PAPER IS FRIKKIN FIFTEEN POINTS PLEASE MAKE THE FAMILY FILE SMALLER OR GET RID OF THE OTHER ESSAY AND EXAM COMPONENT AJKBLJAHSDGADFG okaythankyoubye.

PPS. If you're graduating this semester: congratulations. How the hell did you manage it? Please share your secrets with me. I've been here for FOUR AND HALF GODDAM YEARS.

BLACK LIVES MATTER

Craccum stands in solidarity with the Black Lives Matter movement and with peaceful protests worldwide that support equity and equal justice for all, no matter their race. We strongly condemn all forms of racism. Any acts of racism have no place in our society.

The events of the last few weeks highlight the very real and prevalent issue of racism that exists across the globe. Not only with the Black Lives Matter movement, but also with experiences in New Zealand. Māori and Pasifika experience differential treatment and differential experiences. This inequality must be addressed, challenged and eradicated. To fight racism there is a need to actively educate ourselves on how we can better engage and support. This responsibility lies with all of us.

If you want to donate to the fight in the U.S. then follow the link below:

<http://minnesotafreedomfund.org>

Please know there are many funds available for you to support. Alternatively If you are unable to donate, Zoe Amira has utilised the YouTube AdSense system to generate funds through views. The advertising revenue made from each view will be donated to different associations that offer protestor bail funds, help pay for family funerals and other types of BLM advocacy. The description of the video also lists many petitions that you can sign to support the cause. Other people have also followed suit, replicating this method, if you search 'watch to donate' on YouTube you should find quite a few.

<https://www.youtube.com/watch?v=bCgLa25fDHM>



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Fitness

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Independent Inquiry To Look Into Student Accommodation

ELLA MORGAN

An independent inquiry has been secured to investigate the student accommodation sector.

Parliament's Education and Workforce Committee will examine the issue and are accepting written submissions from the public until the 2nd of July.

The move has been welcomed by the Green Party and the New Zealand Union of Students' Associations (NZUSA), who have been calling for the inquiry after the COVID-19 lockdown brought up issues around the management of student accommodation and how this affects wellbeing.

The inquiry comes after the introduction of the Education Pastoral Care Amendment Act last year, one of the only relevant frameworks to student accommodation. Unlike rental accommodation, student accommodation is not subject to tenancy laws.

Craccum has reported on the management of student accommodation across New Zealand universities this semester. Large numbers of students, including University of Auckland accommodation residents, have had to continue paying rent throughout the lockdown despite moving out. Other issues emerged around hefty cancellation fees and incomplete services being provided in accommodation.

The NZUSA has continually highlighted issues in the student accommodation sector throughout the COVID-19 lockdown, and collected stories of students' experiences in accommodation. One student reported

that "Our contracts are very vague and there is nothing to prevent students in the event of a pandemic. I had to move out during the pandemic to protect my own health, and was forced to pay double rent while bunking down in a flat. There should be an exit option or clear guidance around rental relief in contracts or legislation to protect future students".

The accommodation sector has long been plagued by issues such as bullying and sexual assault. Last year, Otago University magazine *Critic* exposed sexual harassment and assault in Knox College, and the mismanagement of sexual assault allegations by management. *Critic* reported that the "college's traditions and culture have led to an environment in which many residents did not feel safe". In the same year, a student death in University of Canterbury accommodation was not discovered until nearly eight weeks later, highlighting the neglect of responsibility for student welfare in accommodation.

An anonymous University of Auckland student told NZUSA that "I was bullied by other students, which led to depression and suicidal thoughts. Management were aware of the issues and did nothing. I shut myself in my room for weeks, too scared to leave; nobody checked in on me."

The independent inquiry will make recommendations on how the sector should be reformed, and whether new policy should be introduced to govern student accommodation.

UniLodge Whitaker Residents Could Be Moved for International Students' Quarantine

JUSTIN WONG

Residents at UniLodge Whitaker were told at the end of last month they may need to move out for returning international students' 14 day quarantine.

Education Minister Chris Hipkins said at the start of May that international students could be allowed to return to New Zealand, as long as they undergo self-isolation.

Auckland Mayor Phil Goff told Radio New Zealand that allowing international students to return could help generate the city's economic recovery.

Craccum reported at the start of the semester that around 2,000 students from mainland China were unable to return for Semester One due to the government's travel restrictions.

In an email, the university told UniLodge Whitaker residents that a draft plan included an option to use the Whitaker Place residence for quarantining returning international students, but also emphasized that no decision has been made yet.

"We certainly do not wish to make things easier for one group of students by making things more difficult for another."

In case the residence is needed, the university said it will provide residents with alternative accommodation on campus and help with moving costs.



Isabella Lenihan-Ikin, the President of the New Zealand Union of Students' Association, told *Stuff* that international students have been treated as cash cows, and while much "time and energy" had been put into the draft plan, Auckland students had not received the same amount of "care and compassion" during lockdown.

The university has not responded to *Craccum's* requests for comment, but told TVNZ that the draft plan which was prepared for Auckland Council was still being worked on, and the decision will be subject to other conditions like the provision of student visas.

Two learning centres have also been set up in mainland Chinese cities of Chongqing and Harbin for Chinese students if border restrictions continue in Semester Two.



University Sets Up Learning Centres in Mainland China

JUSTIN WONG

The University of Auckland has set up two remote learning centres in mainland China for students who are unable to enter New Zealand due to travel restrictions.

The two centres are located at the Southwest University in the southwestern Chinese city of Chongqing and the Northeast Forestry University in Harbin.

China has already eased domestic travel restrictions, with people required to sign up for a smartphone app and assigned a colour code - green, yellow, or red - to indicate their health status.

The colour code determines if they will be quarantined after arriving at another province, or allowed into public spaces.

Around 2,000 students from mainland China have not been able to return to Auckland in February to start Semester One, while the university has said online teaching is being provided to more than 1,000 Chinese students.

While students will still attend university classes online from the two learning centres, there will be face-to-face contact with a learning facilitator to review teaching sessions and materials, and an in-person consulta-

news.

tion for any needs.

Learning dates at the learning centres will be the same as the main campus in Auckland, with Semester 2 scheduled to start on 27th July, and students can still choose to study online at home.

However, only courses from “the most popular programmes for international students from China” are offered at the centres.

No extra fees are charged for using the centres and those who choose to relocate will receive \$1000 to cover travel and accommodation. Those who relocate will be also responsible for their own housing and living expenses.

Prime Minister Jacinda Ardern said last week while most restrictions on businesses and gatherings are lifted under alert Level 1, there will still be tight controls at the border.

Even if the New Zealand government lifted travel restrictions on foreigners entering New Zealand, the university said the learning centres in China will continue operating until the end of the year.

It also said while it intends to run practical teaching and assessment for Semester 2, online learning will still be provided to all students.

Vice-Chancellor Professor Dawn Freshwater said the learning centres will provide certainty and help mainland Chinese students and their families plan for next steps, as it offers an alternative experience to those who prefer in-person learning support and the social

dynamics of learning in a group.

Eddie Jia, President of the university’s Chinese Student Society, told *Craccum* that the two learning centres is not a long-term plan, and the most important priority is for the university to persuade the government to lift restrictions on international students as soon as possible.

“The inability of foreign students to enter New Zealand has caused a certain degree of impact on New Zealand’s economy, and the university also wants to reduce economic losses through new arrangements.”

“Existing online learning methods are okay, but this is not an efficient learning method.”

“Students must study in the school environment to be the best.”

“Whether the quality of education or economic benefits, allowing international students to return to New Zealand is the only correct option for the government.”

“It also said while it intends to run practical teaching and assessment for Semester 2, online learning will still be provided to all students.”

Hundreds of Auckland Students Receive Access to Devices

ELLA MORGAN

Hundreds of University of Auckland students have secured access to devices necessary for online learning as part of the university's response to COVID-19.

As of the 21st of May, the university has loaned 443 laptops to students. A further 190 laptops are planned to be sent out soon.

As well as the laptop loan scheme, the university has taken a number of measures to address the effects of COVID-19 on students. Students have been encouraged to access the COVID-19 Hardship Support Fund, and resources on dealing with the effects of COVID-19 have been made available online.

It is clear that the COVID-19 pandemic has had varying effects on students. In order to mitigate issues such as lack of secure internet access, the university has set guidelines for online teaching activities that discourage the use of live video conferencing applications such as Zoom. Despite this, some students have still reported that such technologies are being used in their courses to deliver online classes. Some students report they have resorted to venturing to public spaces to access stable WiFi.

As part of the government's response to COVID-19, students are able to borrow an extra \$1,000 worth of course related costs in order to cover costs associated with the move to online learning. A \$20 million fund has been established to ensure that tertiary students have



access to appropriate devices and an internet connection, and the University of Auckland has received approximately \$800,000 of this. The fund is estimated to help 18,500 students across New Zealand.

The New Zealand Union of Students' Associations (NZUSA) has welcomed the move. "This is a win for students across Aotearoa," says the NZUSA. "It reflects the pressure that ourselves, Te Mana Ākonga and Tauria Pasifika have been placing on the Government to ensure that tertiary students have access to the technology they need to continue studying."

Thousands March Across the Country for Black Lives Matter

ELLA MORGAN

Large crowds have gathered across New Zealand to march in solidarity with the Black Lives Matter movement following the killing of George Floyd.

In Auckland, a march through the central city was attended by thousands. In a post-march statement, organisers thanked those who attended and condemned Prime Minister Jacinda Ardern's silence on the issue.

"We want to reiterate the ongoing epidemic which has seen the consistent persecution of the black community. The same white supremacy that has led to the disproportionate killing of black people in the US by police exists in Aotearoa today."

"Jacinda Ardern, we are disappointed that you did not condemn the murder of George Floyd. In fact, your tone and dismissiveness has been patronising and condescending. Anti-black racism and white supremacy is real and affects various communities in Aotearoa. Speak up and extend your empathy and kindness to ALL of Aotearoa."

The march also highlighted issues of racism within New Zealand's policing and the Arms Down NZ movement. The police have recently been heavily criticized following armed response trials in South Auckland, Canterbury and Waikato, and those opposing the militarization of the police have voiced concerns that Māori and Pasifika communities will be disproportionately

affected by such policies. Research demonstrates that Māori are more likely to be responded to with force such as tasers and firearms, while Pākehā are more likely to experience less extreme forms of force. Overall, Māori and Pasifika are much more likely to experience police violence.

Organisers coordinated the march in order to ensure that social distancing protocols were followed as much as possible, and marchers utilised masks and hand sanitiser to reduce the possibility of spreading the COVID-19 virus.

A protest in Cathedral Square in Christchurch last Monday also had large numbers. Dunedin and Wellington marches also took place on the same day. A Hamilton protest is planned for later this week.

Following the killing of George Floyd by a police officer in Minneapolis, protest has erupted across all 50 US states, some of which have escalated into riots. Numerous reports have highlighted the continued use of violent force by American police during these protests, and use of tear gas and rubber bullets has been widespread. The officer responsible for his death has been charged with second-degree murder, and other officers involved have been charged with aiding and abetting murder.



WHAKARONGO MAI! / LISTEN UP!

Auckland Students' Thoughts on Voting and the Election

CHARLOTTE PARKER

The 2020 general election for New Zealand is approaching quickly. Craccum asked students on their views on voting, and how young should New Zealanders be learning about and participating in politics.

Vanshika, Studying Optometry

"I'm enrolled to vote because I want to have a say in our country's future."

"As a woman of colour, I am extremely grateful for my right to vote. We have been blessed with an opportunity that took years to fight for and it would be a waste of our ancestors' efforts not to use it."

"I personally think that the current age to start voting in New Zealand is perfect. It allows young adults to get involved in politics at a time where they are mature enough to understand the socioeconomic factors which influence society. Young people have the ability to bring about change and voting is the first and easiest step in the right direction."

"Everyone has a voice and we should all use it to create a better world for the generations that will follow us."

news.

Joe, Studying Engineering

"Yet again, we're increasingly being bombarded with the promises, changes and messages of candidates vying for our votes as we approach the next general election. Only in the months leading up to the election do a lot of them muster the energy to crawl out of their caves to make their case."

"Voting is a tool that presents us with the opportunity to choose the representatives who we feel may pave our way to a future we agree with. It is a tool with a lot of dependencies on other people, and a reasonably high likelihood of letting you down."

"Politics is a complex beast and the people who start out with our best interests in mind usually end up being side-tracked by strong opposition, or the corruption of being in a position of power."

"Though we are given the right to choose, it's often ultimately merely an illusion. The problems with voting don't stem from the system itself, but the people on the voting sheet."

"Having more voters by lowering the minimum voting age will not change anything but reward people who produce more offspring with a greater say. Kids at that age will just echo their parents' choices."

Lana, Studying Arts

"I think voting is essential to ensure that our parliament is as representative of the population as possible."

"However, the obvious issues regarding people lacking

knowledge about the political parties, politicians and policies makes voting problematic. Nonetheless, every person (of age) should have the right to vote, and should research different parties and policy promises so they can make an informed vote."

"I think that high schools should educate students about the NZ political system and the values and focuses of the political parties (in an unbiased way if that's at all possible), to ensure that young people vote meaningfully. Most adults could probably benefit from this type of education too."

"The current voting age seems fine, as younger people would probably just follow what their parents say rather than form their own opinions."

Tommy, Studying Science and Commerce

"I think voting is good, but FPP [*editors' note: first-past-the-post electoral system*] shouldn't be used."

"I am enrolled to vote and I do vote. Voting is good and I do think that only free citizens (excludes those imprisoned) should be allowed to vote."

"I think 18 is a good age to be allowed to vote. I think it's probably best to have [political education] as a 1st year uni paper."

The New Zealand general election will be held on Saturday the 19th of September. To enrol to vote, head to www.vote.nz

As a woman of colour, I am extremely grateful for my right to vote. We have been blessed with an opportunity that took years to fight for and it would be a waste of our ancestors' efforts not to use it.

I think voting is essential to ensure that our parliament is as representative of the population as possible.

Though we are given the right to choose, it's often ultimately merely an illusion. The problems with voting don't stem from the system itself, but the people on the voting sheet.

Everyone has a voice and we should all use it to create a better world for the generations that will follow us.

**Whakarongo
3 Mai!**



LIVE

Wellness

PRESS TO PLAY ON SPOTIFY

feature.

What's In A Name?

Victoria Nicoll considers what it means to be anonymous on social media, asking what the consequences might be when your name is hidden.

What's in a name? So much of our society is built around having a strong identity; knowing exactly who you are, what you stand for and where you're from.

Recently, I've been DMing this girl on Instagram. She's a writer, and she writes about everything that a young person goes through: relationships, devouring books, figuring out what exercise you like to do - the lot. She's been running her page for a couple of years, and she's never given out any personal information other than the fact that she lives in the United States. On a platform that's centred around establishing a personal brand, her account kind of subverts that expectation.

The idea of identity is so closely tied to who we are, to how we present ourselves, that going without a set identity is contrary to the usual rules of how we present ourselves. If you're not giving yourself a name, do you have an identity? Is it possible to craft a personality to show people without a name, a past or a geographical location?

So much of our identities are crafted around the people we admire, and if we don't show these key things to the people consuming our online identity, what can we build our impressions from? It's so easy to hide behind a keyboard - it's freeing, in a way. Due to the fact we're not showing our face, it makes it easier for us to say what we think. There's no judging, not immediately. Conse-



quently, you have complete freedom to be whoever you want, regardless of who you associate with.

Because of that, forums on sites like Reddit can get so convoluted and violent. Without someone monitoring what is being said on these forums, who's there to stop something genuinely scary & dangerous happening? On these forums, is there no need for a filter on what

feature.

you say? Where's the line between free speech & being outwardly destructive? If you're filtering your opinions to stop people getting hurt, are you being inauthentic?

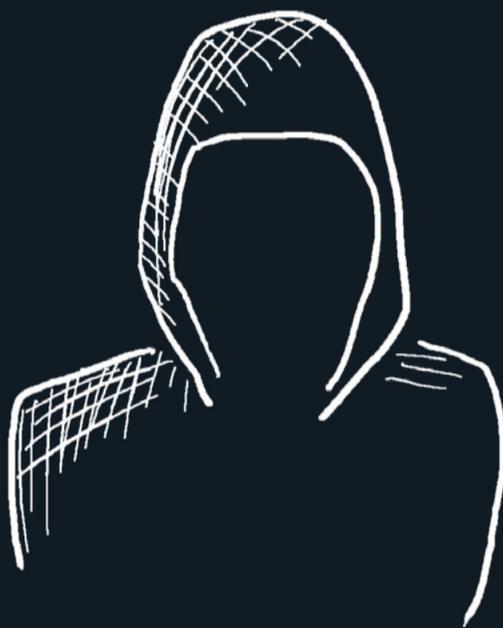
Similarly, if you're using an app to cover up your flaws for a post, does that make you inauthentic? Is that necessarily a *bad* thing? Do we need to be authentic all the time? Are you weaker if you're inauthentic? If you're inauthentic, are you not holding yourself to account?

The lack of safekeeping on internet forums is one thing, but the active encouragement of unconstructive discourse, on sites like Reddit, only add fuel to the fire that is the political landscape of 2020. While the internet is great to help you form your own opinions, there's nobody on forums to stop people from acting in ways that could potentially harm someone.

Likewise, with these platforms, it's really easy to forget how everything is made behind the scenes—take Spotify, for example. Little to no thought from the average streamer goes into whether the songs are B or A sides, because generally, as students, who has the money for a decent turntable? Songs, photos, writing, designs, they're all mass-produced, and consumed within a week (maximum). As soon as we're done with one photoset on Instagram, we're onto the next; the next TikTok, the next "photography" collection from someone with a Canon DSLR and no photography training. Where, during all that, is a name important? We're being shown someone's art at shutter-speed; we're not going to have time to look

deeply into someone's background. Not like we'd do with Bowie, Simone, Fitzgerald or Beauvoir.

Now, we're living in an endless stream of content, consuming everything from 10-second videos of TikTok dances to postcolonial discourses online. When we're faced with so much of this, we simultaneously want to mimic, to fit in, but we also want to set ourselves apart, make sure people see us as something not just falling under a specific hashtag.



When people spread intolerant opinions online, it's often really easy to forget who could be hurting from the anonymous comments. Being alone in your room and reposting violent & destructive opinions, doesn't mean you're isolated when you post them. You're not sure how far it'll go, and how many people will be hurt or angered by it. Do Twitter and Instagram act as highways for this destructive discourse, without an endpoint in sight? If you're not attributing your posts to yourself, then is it less or more harmful?

If you're not giving yourself a name, you're not opening yourself up to scrutiny, unless you do something really, *really* illegal. If you go without a name, people can't hold you accountable, and the need for a filter goes out the window. Where's the line? To present yourself online is to open yourself up to millions - no, billions - of scrutinising eyes. For platforms that capitalise on so many people's personal brands, why is it possible for someone to blog without having to give themselves a name?



feature.

Spilling the Green Tea on Sustainable Business

BRIAN GU AND KOMAL SINGH

This article was published as a joint venture between Velocity and Craccum, in Issue 13 of Craccum and Newsletter 5 for Velocity. Brian and Komal talk to Rachel Brown of Sustainable Business Network (SBN) about sustainability in business, the impact of COVID and the James Dyson Award.

With New Zealanders readjusting to life after lockdown, our lives have been altered in many ways under this new normal. While social distancing guidelines remain enforced, businesses have been forced to adapt the way they operate, to practices including remote working. For those who hate their workmates, this represents news to celebrate, but it also benefits the planet too - global carbon emissions have witnessed a fall of 8% under lockdown. Though these are positive figures, we need to prevent tragic circumstances from being the only reason they occur. Organizations such as the **Sustainable Business Network (SBN)** support our small businesses in achieving their sustainable operation goals - particularly while COVID-19 poses an additional challenge.

Rachel Brown, ONZM - chief executive of SBN, and UoA alumnus - recognizes that the impact COVID-19 has had on NZ small and medium enterprises (SMEs) is significant, but envisions a valuable opportunity for small businesses to grow in the midst of their recovery. "This is a very difficult time for businesses - particularly anyone who is cash flow constrained. But for those who

are personally resilient, now absolutely IS the time [to] reflect and rebuild."

Rachel describes how a three-year backpacking journey after graduating ignited her passion for sustainability in the business sector. "Seeing the scale of poverty and pollution was a big motivator for me to come home and be a part of solving these issues here in NZ. So I... started what is now known as the Sustainable Business Network."

Her organization's mission is to connect their 600 members to resources, people and events, to help promote the prosperity of people and nature. With decades of experience herself advocating for sustainable business, Rachel recognizes the urgent need for advancement in this area.

"Many businesses have frankly been operating unsustainable models for too long. Now is the time to create a business model that supports a fairer system for people and regenerates our natural systems - [one that] addresses waste, climate and water too ideally!"

feature.

It has been a busy few months for Rachel and her organization, as businesses struggle to recover from the impact of lockdown. “[We’ve] put our effort into supporting our members – we open-sourced everything, from training to resources,” Rachel reveals.

“[We then] spent the next 2 months mapping out a strategy for the government to move from business-as-usual to resilience and regeneration.”

Rachel also describes the initiatives SBN have taken to alleviate the unemployment crisis. “We listened to the needs of Kiwis and are working on a programme called *Partnering to Plant*, which is a job creation programme linked to our *Million Metres Streams* programme.”

The latter initiative, launched by SBN in 2012, has to date supported the restoration of 61,056 metres of waterways across New Zealand, with \$1.6 million of funding.

Her team has also championed *Climate Action 20/25*, a programme established to accelerate climate action by businesses. The initiative recognizes the existing cost and time constraints to tackle climate change, as well as lack of expert knowledge. “[We want] to make it super easy for any SME to tackle climate action.”

“So we’ve been busy,” Rachel admits.

The recent period has also given a chance for Rachel and her team to observe the structure and resiliency of businesses under lockdown. “We learnt a lot of new patterns during COVID,” Rachel admits. “One of them

was to embrace technology.”

“[Work] can now be done with the use of online tools like Zoom and Skype etc. These need to remain with us.”

“COVID-19 has impacted the entire world, and lockdown [has] highlighted that there are problems with the way we were doing things before,” Rachel acknowledges. “We have the power and more recently, the time, to change.”

This need for change is beginning to be recognized by initiatives such as the James Dyson Award (JDA) – for which Rachel sits on the judging panel of this year’s NZ round. The JDA, run by the James Dyson Foundation, is an annual international award that celebrates the innovative ideas from designers and engineers.

Rachel shares her excitement of judging the award for the first time. “It’s great to get behind a competition that encourages STEM students and recent graduates to share their Kiwi-ingenuity on a world stage.” Her outstanding contribution in the sustainability sector is what led the Dyson team to recruit her as a judge.

**“We have the power
and more recently, the
time, to change.”**

feature.

“Millennials and Gen Z’s are generally more concerned about the environment and sustainability so being able to see that passion materialise will be fantastic.”

Rachel joins a special year for the JDA, which plans to crown a second international winner, focused on Sustainability, for the first time. “Sustainability is something I have been championing and advocating locally for a very long time, so I was pleased to hear that the Award this year... [encourages] more of a focus on sustainable design.”

Entries for the James Dyson Award go through three stages - they are first judged on a national level, and then an international level. The top 20 international entries are then reviewed by British inventor Sir James Dyson. Winners are chosen at a national and international level.

“Each year we have been struck by the ingenuity and conscience of young people to solve really big problems,” says Sir James Dyson. “So many of the James Dyson Award entries have a focus on improving the world through engineering and technology.”

The biggest problem the world has faced this year, evidently, is the COVID-19 pandemic. Given its large-scale devastating impact on every country in the world, Rachel envisions that many entrants will approach their invention through this lens.

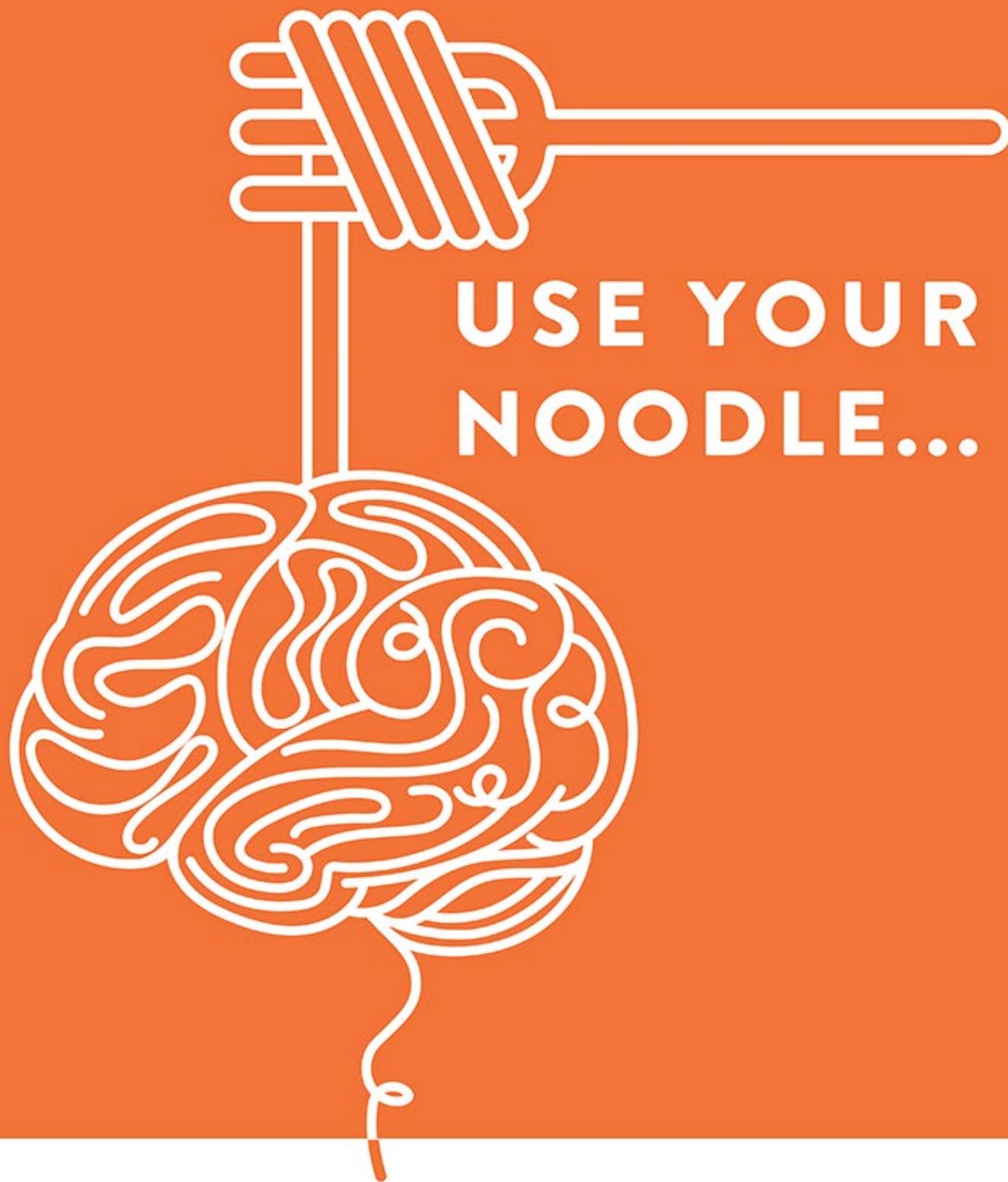
She proceeds to give a few hints as to what she’s looking for when judging sustainable design. “I’m

“I’m looking for creative ideas and designs that identify current challenges or problems and offer a solution through a lens of sustainability.”

looking for creative ideas and designs that identify current challenges or problems and offer a solution through a lens of sustainability.”

Rachel’s advice to budding, future designers consists of the following: consider the entire lifecycle of your design. “While you may be designing a sustainability-focused product, you also need to consider the environmental impacts of production, packaging and what happens if/when the product has come to the end of its life.”

Entries for the James Dyson Award close on 16th July, 2020. For more information on the James Dyson Award, visit the website here: <https://www.jamesdysonaward.org/en-nz/2020-entries/>



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The Ugly Truth Behind Fast Fashion

MADELEINE CRUTCHLEY

During the long weeks of lockdown, New Zealanders were torn away from their usual shopping environments. All Westfield shopping centres were deserted, sitting silent and empty like some post-apocalyptic, post-capitalist dream. Mall rats were forced to order from online marketplaces to fulfil their programmed need to refresh their closets. The consequence of all that online purchasing was seen a few weeks later, with a major backlog of packages delaying deliveries all over the country. Not the fastest fashion after all.

The phrase 'fast fashion' refers to the particular type of commercial business strategy that currently dominates our fashion market. It adequately describes many of the mainstream fashion chains we see in NZ, which are low-price, low quality and 'fashion forward.' Traditionally, the fashion cycle was dictated by seasonal shows that occurred twice or four times a year (think Autumn/Winter and Spring/Summer). The implementation of the fast fashion strategy in the late 1990s disrupted this industry-wide norm, with new stock and trends released almost every week. Retailers began to outsource garment production to countries with minimal regulation over factory working conditions, utilising cheap labour (and in some cases child labour) and poor quality fabrics to churn out massive amounts of clothing. This method of production allows big fashion brands to keep prices low and product fresh, while exploiting the people and environment of production. Factory workers are stuck in sweatshops, non-sustainable materials drain enormous amounts of water and harmful dyes are expelled into the environment of workers, poisoning the world around them. The need to grow genetically modified cotton has pulled land away from farmers,

causing suicides. GM cotton requires more pesticides to grow, which has resulted in environmental damage and birth defects (for some Punjab people). These horrific consequences of exploitative production are then hidden from the common consumer, behind relentless guerrilla advertising on Instagram. White women beam on beaches in the Bahamas, thanking Glassons for SUCH an amazing trip. Influencers are quick to endorse the sale of blood-stain crop tops after seeing blue ass water and drinking a few cocktail coconuts. Use ASHLEY20 for 20 percent off!

The exploitation woven into the fabric of this business model was exposed in 2013. In the Savar Upazila of Dhaka District, Bangladesh, an eight-story commercial building collapsed in what is considered the deadliest structural failure in modern human history. It is also considered the deadliest garment-factory disaster in history. The day before the horrific collapse, the building was evacuated after a local TV Channel recorded footage of significant cracks in the walls of the building, which was originally designed for shops and offices (architects stressed the risk of utilising the space for factory work, due to

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the weight and vibration of heavy machinery). The owner of the building ignored these warnings, threatening to withhold a month's pay from workers if they did not come in, and the building collapsed the following day at 8:57am, during the morning rush hour. The bottom floor was the only one left intact. 2,500 were rescued from the wreckage alive and the search for the dead halted at 1134 people. Brands that were produced inside this factory included Prada, Gucci, Versace, Primark and Walmart. The incident is commonly referred to as an accident, but that suggestion is entirely misleading. This tragedy was not an accident, it was murder by capital. The safety of these 'workers' (this is a very generous term, it's more appropriate to call them slave labourers for the pitiful wages they were paid) was completely ignored for the sake of profit in fast fashion production.

The harms of fast fashion aren't only visible in the means of production. The cheap price and low quality of these types of clothes mean they are treated disposable, often thrown out after a few uses. People are buying clothes in much higher volumes than ever before and keeping them for a significantly smaller amount of time. In 1980, Americans were buying about 12 items of clothing a year. Today that figure has risen to 68 new pieces. Once fashionistas are done with these clothes, and turn to the Marie Kondo method (does this specific pair of plaid pants spark joy?), they are dropped off at thrift shops. Charity work, right? We're doing good things. No - it turns out that many of these clothes are sent directly to the dump. In the most upsetting cases, they are sent overseas to sit in dumps in places like Haiti and Kenya. It's not just these wasted clothes that damage our environment. Synthetic fabrics used

"In 1980, Americans were buying about 12 items of clothing a year. Today that figure has risen to 68 new pieces."

for fast fashion clothing, such as polyester, nylon and acrylic, are sending tiny fibres out to sea to join our already expansive microplastic collection. The damage, it turns out, is never ending. So, why do we still buy fast fashion? If there is so much evidence detailing the destructive nature of this process, how do these companies convince us to keep buying?

Instagram influencers have enrolled extremely effective 'marketing' techniques (murky marketing techniques), where the line between paid advertisements, brand loyalty and regular content is increasingly blurred. Young women often build careers for themselves, advocating for self-love, #girlboss feminism, semi-liberal politics and shopping. Sponsorships allow them to live off their social media, but they often have to offer up their bodies as coat hangers for fashion brands that seem to gel with their public image. By merging an attractive personality with 'the cutest clothes!' influencers are able to associate a certain lifestyle with a brand, selling products with affiliate links. This comes in tandem with targeted ads, where social media platforms track your emails to recommend brands you're subscribed to. To combat the actual information about fast fashion,

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many fashion brands have engaged in 'greenwashing'; employing one or two 'sustainable' strategies, such as taking back old clothes (H&M) or donating proceeds to charities (Cotton On), running self-reflexive ad campaigns about the need to do better (Reformation), or using buzzwords like 'sustainable,' 'green' and 'friendly,' while refusing to actually disclose production processes. Some stores have even changed their brands names, such as Reclaimed Vintage (available from fast fashion giant ASOS) which manufactures completely new clothes under a misleading title. Generally, brands that engage in greenwashing attempt to portray their clothes as sustainable, making the consumer feel like they're actually helping the environment through their purchases. The cycle begins all over again when influencers align themselves with greenwashed brands, pleasing their followers for restoring the environment.

As this kind of information has become more and more accessible in the public sphere, and people refuse to fall

“Sponsorships allow them to live off their social media, but they often have to offer up their bodies as coat hangers for fashion brands that seem to gel with their public image.”

for the greenwashing of brand images, there has been a upsurge in the interest of slow or conscious fashion. *The True Cost*, a documentary about fast fashion, has been cited as a major catalyst for the popularisation of slow fashion. It explores the exploitation and pollution of the industry, and became fast fashion's *Blackfish*. The slow fashion movement works against fast fashion, encouraging consumers to think more deeply about their closet. Slow fashion asks important questions about the clothes we buy, looking at the places they come from, the people who make them, the fabrics they're made of and the places they go after use. Generally, slow fashion discourages buying online (unless you can offset the miles of an item from a truly sustainable brand), asks consumers to wear their clothes for longer and encourages thrifting locally instead of making new purchases. Thrifting is an aspect of slow fashion that has gained quite a bit of momentum in the last few years, with flocks of young women sharing their favourite thrift purchases on Instagram and YouTube. Kids that were once bullied for wearing second hand clothes were suddenly pushed aside for Levi 501s and vintage graphic tees. I'd like to highlight that the onus of conscious and slow fashion is mainly put on young women. This may stem from the way women have been fashioned into the most avid consumers of fashion through advertising and the concreting of gender roles. However, many are driving the slow fashion movement, one scrunchie at a time.

The thrift scene in New Zealand took a big hit in 2017, when John Campbell went after Save Mart. Checkpoint reported that workers in New Lynn were barred from wearing gloves, despite their repeated contact with unsanitary items (including blood stained clothing, used

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vibrators, nappies and dead rats). The workers were also seeking higher wages. After these reports, and while WorkSafe were investigating the claims, 10 union workers were made redundant. Following these incidents, Jacinda Ardern wore a jacket from SaveMart to a red carpet, but it was clarified “she had not set foot in the shops” since the investigation by WorkSafe.

Despite this upsetting example, Auckland has a pretty great thrifting scene, with some great independent stores scattered across the city (with some AKL uni student faves listed below!). If thrifting isn't your thing, there are a few options for buying second-hand or new online that aren't destructive to the environment. You can also make really minor adjustments; wear your clothes for longer, buy higher quality items (with less plastic fabrics), make alterations and fix clothes instead of throwing them out, or buy NZ-made brands. While your contribution to slow fashion helps, changing the dominant model of fashion isn't just up to consumers. Real change will come with government regulation and corporate restructuring. This comes much slower, but by raising the issue with politicians and companies, you're holding them to account. Buying locally also shows where people are spending money, and encourages more product flow of that kind.

In short, slow fashion is about lessening your contribution to fashion pollution. As an individual, your consumption does have a big impact, which you can help to reduce with some really small compromises. Avoid picking up that Glassons gingham dress or Hallensteins graphic tee, and you'll be saving a whole lot of labour, water and waste. Make it a process that you slowly improve upon, disrupt the exploitative industry, and then

enjoy a more sustainable wardrobe.

Uni Student Picks for Thrift Shops in Auckland:

Dove Hospice - Glen Innes

Greatest Friend - Oneroa (also online!)

Crushes - K' Road

Waves Vintage - Pitt Street

Magic Hollow - Vulcan Lane

Go Jo's - New Lynn

Online Shops:

Instagram stores - @thriftourshit @thrift_closet_nz @thrift.wellington @hellosemnants

TradeMe

Depop

Etsy

Christy Dawn (for fancier occasions, expensive but made with deadstock!)

Other Helpful Resources:

Ethical Fashion Report

Good On You

The True Cost (2015)

Patriot Act: The Ugly Truth of Fast Fashion (2019)

“Real change will come with government regulation and corporate restructuring.”



@juliaaazhu

HEALTH BITES

Milo is My Hero

PATRICK MACASKILL-WEBB

Recently I completed a 24-hour nutrition analysis (gotta get in peak shape for exam season), revealing that two cups of Milo made with low-fat milk provided me with most of my protein for that day. My first thought was, how desperate for Milo must I have been to use low-fat milk? And is it common for others to underestimate the nutritional impact of drinks? Both of these questions point to a national failure in respecting this treasured drink. Let's compare the humble cup of Milo with other wellness drinks.

First, some opinions about Milo - it should be prepared with full-fat milk and contain three heaped tablespoons of the glorious powder. I've never read the label. Sugar is unnecessary, and I would rather leave that nutritional Pandora's Box closed for today.

Second, some less confronting nutritional facts - for almost all readers, one large cup of Milo has 1/3 of the recommended daily intake for protein. It's a great source of B vitamins, vitamin C, iron and vitamin A. Also, the health star system is completely misleading.

We're off to a strong start. Things are looking promising for the humble Milo. Compared to a kale smoothie - let's say one made with almond milk and kiwifruit - some exciting things differences appear. Over three times the RDI of vitamin C is present in the kale smoothie, but about 2/3 of the protein is lost (around 1/10th RDI remaining). All other sources of major vitamins and minerals are less impressive in the kale smoothie. Let's allow that to sink in for a second. I wasn't expecting Milo to plough through the playing field this strongly if

I'm honest. Milk is a very significant contributor to the protein intake above, and Milo is fortified with the exact same vitamins we look for and measure in any food. So it could be a bit of an unfair battle. Confident and ego inflated, the cup-of-Milo battles on. It's time to leave fruits and vegetables to the side for a second and pursue an interest in bulking protein.

“Although, it should still be surprising that Milo seems to have some healthier metrics than a kale smoothie.”

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Even when the humble Milo is pitted against a single scoop serving of Balance 100% Whey Protein Powder, there's only a couple grams difference in protein! Unfortunately, I can't see the breakdown of protein types in Milo from the nestle website. But we can bring up the importance of branched-chain amino acids (BCAA) found in milk (and whey protein since that's the soluble protein component of milk). The exact proteins that require interest for gains sake are leucine, isoleucine, and valine. These are the major BCAAs for rapid muscle synthesis. Whey, the soluble protein part of milk, has a lot of them. Many protein powders will also focus on increasing the content of BCAA, and that is the detail you'll likely want to pay attention to when picking up the next canister. Creatine, on the other hand, has what can be described as a very low physiological ceiling. The body is constantly balancing the nitrogen/protein molecules swimming around your blood. Creatine is the second closest protein molecule to the door (like it's about to leave the body), and it can't be given plus ones or extra invites to the protein party because it will just be the first thing to be kicked out. Similarly, vitamin C is a very unwelcome guest in the body beyond its transient invitation.

It's unlikely that Milo will ever top the amount of the best protein types in a decent protein powder. Not that this was really ever expected. Although, it should still be surprising that Milo seems to have some healthier metrics than a kale smoothie. The thing that Milo doesn't have which most smoothies can best (even protein shakes) is their fibre! A Milo may give you sweet, sweet sustenance, but it won't replace the hunger in your stomach as a smoothie will. Drinks are weird in that their nutritional value is easily underestimated. Some

days they could be your primary source of protein! They can provide all sorts of healthy vitamins and minerals throughout the day, although they will leave a wake of hunger that only a thicc smoothie can provide.

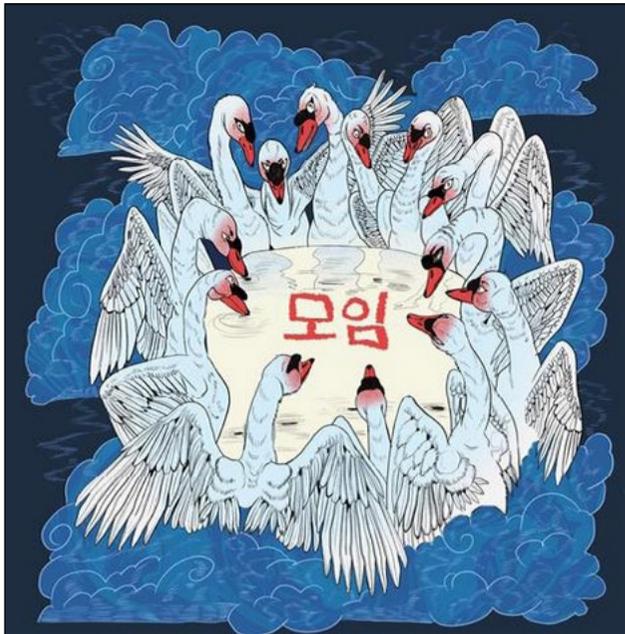
One day there may be a shot or goop that can be taken to remove the feeling of hunger. Milo could be an unstoppable tour de force on that nutritional scene. Until that day, there are many dimensions to the dietary picture that must be appreciated before brash changes are made. There are still small changes that could be easily implemented, like a more targeted protein powder, or the introduction of leafy fibre into a smoothie. A small change I will be making is a proud return to the childhood hero - Milo - which can provide me with the protein that a couple averagely cooked meals in-between study can not provide. Ditch the green smoothie and relive the good ol' days. Today Milo is my hero.

“A small change I will be making is a proud return to the childhood hero - Milo - which can provide me in one day the protein that a couple averagely cooked meals in between study can not provide. Today Milo is my hero.”



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A GATHERING THE JAC

GABBIE DE BARON

7/10: Jimmy Olsen, resident artist at the Daily Planet

I only paid attention to jazz because of my love for **Damien Chazelle** and his masterpieces that held jazz at the center: *La La Land* and *Whiplash*. I regularly enjoy instrumental music because of film scores, but listening to *A Gathering* by The Jac - a tour de force of cutting edge jazz - I've imagined a film from music rather than the inverse.

It's been cleared. I've only thought about music in reference to the meaning of the words or the visual pursuit it escorts. The APRA nominee had me questioning "but.. what is an instrumental on its own?". Digesting it as its own entity was personally difficult but after getting help from a few jazzy namely, **Paul Burgess**, **Jimmy Olsen**, and local prodigy **Mark Bulos**, I have found myself eminently fond of the journey in *A Gathering*!

The journey begins with "Beyond The Palace", an absolutely vibrant starting piece. One of its strongest points were the melodies disseminating; highlighting the specific individual sounds of the instruments, especially the power in the drums and different saxophones!

My personal favorite was how both "Lullaby (MV Sewol)" and "Ritual" perfectly accompanied the climax that is "Tui". In reference to *Tui's* thick-to-calm texture progression, it delivers a great mixture of drums and bass. On my first listen I found that some sections felt slightly discontinuous. But as I listened on, the piece had a certain coherence formed from the initial fragments, and procured only artistry... and I can't wait to hear more of it!



HOW I'M FEELING NOW CHARLI XCX

LACHLAN MITCHELL

8/10: The Poppers Queen is back!



I love **Charli!** She's doing what the other girls think they're doing, at a pace they're simply not equipped to handle. I suppose it helps when you don't have to worry about singing. And that's not shade. Her voice is great, it's malleable, it's just not a singing voice. Unlike apartheid mistress **Grimes**, rising to prominence hasn't taken the 'weird' out of her, perhaps because her work ethic allows her to shoot out different ideas into different albums and EPs in order to avoid the burnout of working on the same concept for years at a time.

And I like, I like, I like, I like, I like, I like everything about this album. "claws" is definitely the standout, and while it isn't on the album, anyone who genuinely liked the album should definitely cook out the utterly ethereal **A.G. Cook** cover of the song. It captures a totally different vibe, but one that is perhaps even better than the high-speed Maschinen-mensch Doing Poppers vibe of the original song.

Other choice tracks include "anthem", best described as the background music to any Hot Wheels race track; "pink diamond", a spiritual but not stylistic follow-up to "Next Level Charli"; "c2.0" for that crackly 40 second beat drop embodied by the *Ally McBeal* dancing baby, and "party 4 U", a classic that is probably the closest to her *Charli* album. The only one that I'm kinda eh about? "7 years" feels like a **Lorde** throwaway.



PATRIOT ACT WITH HASAN MINHAJ, VOL. 6

GABBIE DE BARON

9.5/10: *Unlike Ellen, George Bush is not his friend*



"Don't think of this as a Netflix show compromising... Think of this as a Youtube video, overachieving" is what host **Hasan Minhaj** said opening the 6th volume of his political-satire show: *Patriot Act with Hasan Minhaj* (Yes, entitled after the 2001 Act signed into law by President Bush).

The Netflix show postponed its "usual" production: Minhaj standing on an LED stage, with a crowd of people cheering on his wit as emmy-winning graphics flew across the screen; and instead developing it into "Quarantine Edition". We see Minhaj stand in front of a greenscreen with his usual charisma, as if nothing's changed. In contrast to the usual liveliness of the audience, it is a bit peculiar when there aren't any reactions to his punchlines. I find myself laughing and then looking around my environment... is this odd?

Yes, the lack of the usual party is odd... but at least it did not resort to the artificial crowd-laughter.

In Episode three of Volume 6, he blatantly slams Trump and explains how America has reached 31% of the world's covid cases. Minhaj uses statistics to enumerate how their president was unable to act efficiently. It may seem like it comes from a purely oppositional stance, but he plays his cards supported with facts, logic, and science. It's not the kind of information that condemns but one that broadly opens up the conversation. The fact that Hasan Minhaj can still humorously deliver the same tone of conviction and aphorism is how he expands the spectrum of patriotism.



ROSEMARY & THYME

LACHLAN MITCHELL

This is one of those '00s British murder mystery shows that is so tame and inherently beige in nature that, on the surface, it can feel like gallons of amber saccharine piss being rocketed down your throat by a fire hose. *Rosemary & Thyme* follows the two pluckiest little middle aged white women gardeners in England, who are seemingly so fucking dense a source of Cenobite hell energy that their very presence causes death wherever they decide to put down their metaphorical spade. By just turning up for a job, *Improbably Hot Grandma & Miss Trunchbull* are almost certainly going to cause their friend of the week to get murdered by the latest gated community serial killer. 22 episodes over three years and not once do they remark on the fact that they are likely possessed by Pazuzu, however simple and quaint their day to day lives outside of stumbling onto a new murder every fucking day seem to be.

There's no escaping the blandness of the British countryside, filled with problems that often amount to little more than white parishioners and pensioners squabbling over horticultural dilemmas, with the occasional salt & pepper 'spice' of a little affair there and a little embezzlement here. They'd probably consider pepper a bit too much for the heart, a bit too taxing on their poor varicose fucking veins. It's as if Brainiac had said fuck Krypton, I'm bottling up this little slice of Hartfordsexshireton and making all the poor damned souls within it act out their last moments for all eternity. Oh, sometimes they go to Spain! Sometimes they're fucking tedious in Spain!

And you know what? I love it. I love it all so much.



THE ASSISTANT, DIR. KITTY GREEN

THOMAS GIBLIN

The Assistant is one of the year's best and now that cinemas are starting to reopen you should make sure to put it on your must-watch list. It's a riveting look at a personal assistant to a powerful film executive (think Harvey Weinstein) as she becomes aware of the systemic abuse that permeates this industry.

What is most unnerving about this film is its restraint. It isn't making a big speech about the Me Too movement but instead lets the lack of context, the micro-aggressions of the office space and misogynistic subtleties draw attention to the painful reality of an industry that supports this abuse of power. There is no clear antagonist, only an executive that could take the form of anyone, not just Harvey Weinstein. In this restraint, it marks the most damning indictment of this abuse that far surpasses films as *Bombshell* that also seeks to explore the systemic abuse that can be found in an office space.

Julia Garner as *The Assistant* delivers a performance of astounding complexity in a series of darting glances and nail bites that genuinely deserves the phrase 'Awards Worthy'. **Matthew Macfadyen** also delivers a frightening performance as the HR rep in the crux of the film which may leave some asking "Is this it?". However, Macfadyen's condescending manner, his smugness in knowing that to break this chain of abuse takes more than she has, it makes for an engaging Hannibal-like villain figure in his brief screen time.



SURVIVING R. KELLY, DIR. NIGEL BELLIS & ASTRAL FINNIE

TALIA PARKER

10/10: Best part? He couldn't read this even if he was free



Yes, I know, I'm over a year late to the #CancelKelly party. But Season 2 will drop this year, so let's prepare ourselves again. I finally got the chance to sit down with this. How the hell was this dude not sentenced to a million years in jail back in, like, 1990? We literally let a whole-ass predator walk the earth unimpeded until like six months ago? The hammer of justice moves in slow motion apparently.

The documentary itself is brilliantly constructed and so damn effective. I mean, seriously, if you still listen to this cretin's music after watching this masterpiece then you are a straight-up hobgoblin. To anyone who defends him; your mother doesn't love you and your crush thinks you're into foot stuff. This documentary is one of the best I've ever seen, no human could watch it and not want to hug those women and then resurrect Aaliyah and give her nineteen Grammys.

OH MY GOD... I almost forgot about that one guy who was just sitting there talking about how "Wellm it was our job to just get him anything he wanted, so that's what we did." Hey @ that dude, how does it feel to walk the earth as a whole-ass waste of bones and sinew? Anyway, I'm getting ahead of myself here, so I'll wrap up by saying that he literally wrote a song called "Age Ain't Nothing But A Number" for a CHILD that he later MARRIED. Time's up, fucker.



LIVE

Music

PRESS TO PLAY ON SPOTIFY

Hurting to Heal

LACHLAN MITCHELL

Warning: Frank discussion of sexual abuse.

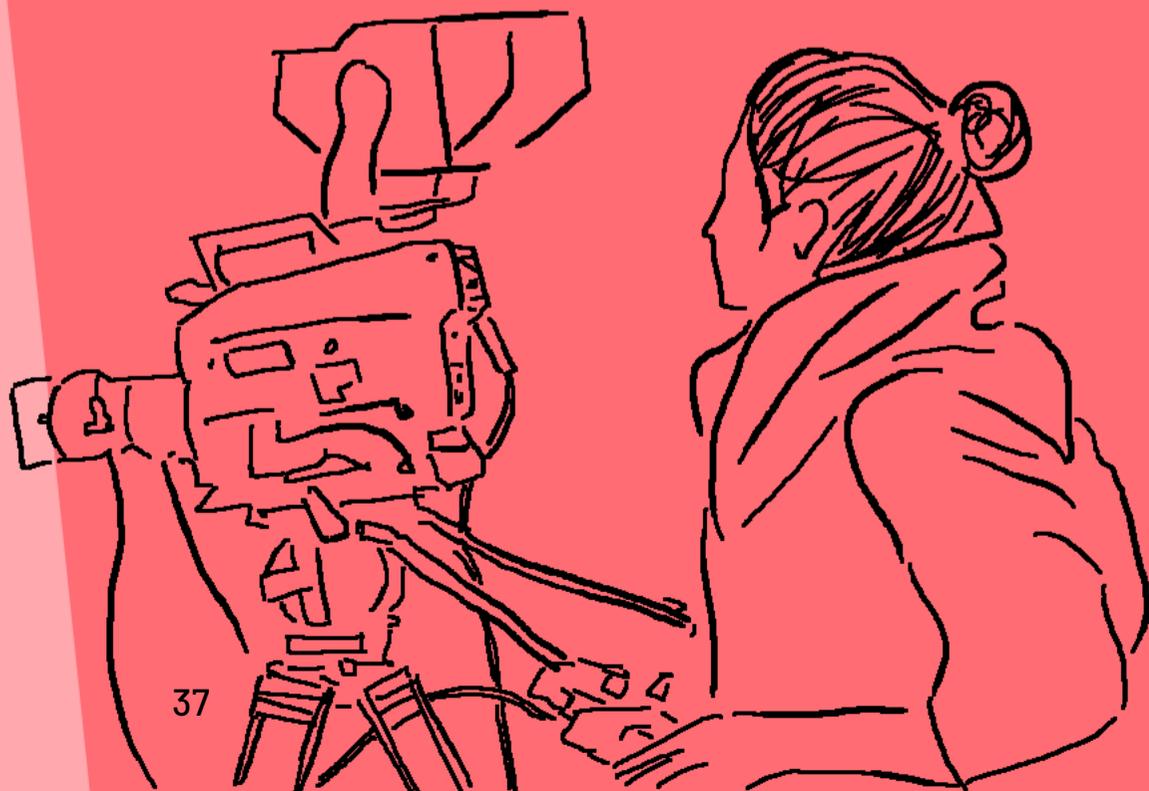
*Lachlan Mitchell has a conversation with Kate Gordon about her powerful upcoming documentary **Hurting to Heal**, and what influenced her to tell the story of Sarah, the central individual in this documentary. Kate is a greatly empathetic figure with a strong drive towards helping our collective whānau with her skills as a filmmaker and an advocate for sex abuse survivors; we also discuss her views as an advocate, and include some advice and resources for any who might need it.*

Kate, can you give a brief rundown of what **Hurting to Heal is about? What can the viewer expect?**

KG: Although a difficult watch, it is informative and emotionally moving. **Hurting to Heal** is a short documentary that describes one woman's journey from childhood rape to healing, recovery and happiness. It takes us to the darkest day of Sarah's life and sheds light on the long-term effects of sexual abuse and the difficulties of dealing with the judicial system. It also shows the light after the darkness and the powerful woman Sarah is today.

How did you come to know Sarah? Why did her story stick out to you?

KG: Sarah also studied at South Seas Film & Television School and we quickly became friends. Her story stuck out to me because it was not just deeply saddening, but powerful seeing how far she has come and what an amazing human being she is today. She is not a victim; she is a survivor. I believed her story could help other survivors and for those who have not encountered sexual abuse, I hope they walk away with a greater understanding of the truly devastating nature of sexual abuse and how it goes on without retribution or consequences to the perpetrator.



arts.

What is the best way for an interested reader to go see this piece?

KG: Hurting to Heal will be free to watch on the DocEdge website between 12 June – 5 July 2020. You can follow the link or search “DocEdge”: <https://festival.docedge.nz/film/hurting-to-heal/>

What drove you to make this movie? Grief is always such a powerful creative topic, but when handled without empathy, the viewer always notices.

KG: As it is a documentary, Hurting to Heal tells Sarah’s story and her experience with sexual abuse and mental health issues. The reason I personally wanted to make a short documentary on the topic of sexual abuse is to combat injustice, bring attention to an issue many New Zealanders face yet little is done about, and to show how there is light at the end of the tunnel, as there was for Sarah. It was important for me that watching Hurting to Heal was, as much as possible, not triggering for survivors while still giving justice to the gravity of the situation.

A big part of the reason Hurting to Heal was made, and Sarah told her story, was to reach sexual abuse survivors. To anyone who has experienced sexual abuse, recently or further in the past, it is not your fault. You are not weak, you are not “used”, or worthless. It does not matter if you were drinking. It does not matter what you were wearing. It does not matter the time of day you were walking down the street. It was not your fault, it was wrong, and I’m sorry that somebody did that to you.

Do not bottle up these tough feelings, talk to a trusted friend or family member. I would also encourage you to find a counsellor to talk things through with.

As an advocate for sexual abuse justice, what do you wish to highlight about Aotearoa's problems with handling the topic?

KG: I am just filled with anger. Anger at the injustices that have occurred to me, to my friends, to my family and to the ones that will occur in the future. Anger that 10% of sexual abuse crimes are reported, 3% get to court, and 1% of all cases get a conviction. Unlike other crimes, when sexual abuse occurs, it’s often the survivor that stands in judgement, not the perpetrator. “What was she wearing?”, “Was she sexually active?”, “Had she been drinking?”, “She gave him her phone password.” A court exhibit of a black G-string of the survivor as evidence of consent.

Anger that I have to justify my position against one of the greatest violations of our human rights as horrific, rather than, “boys will be boys” or “as a woman, you don’t understand testosterone and how it feels.” Rape culture is alive and well in New Zealand. The issue of rape is not a burden of the survivors, but every single New Zealander. To learn more about rape culture: <https://rpe.co.nz/what-is-rape-culture/>

As a filmmaker, what do you hope to achieve in your career? Any dream interview subjects, any compelling ideas you wish to pursue with more experience?

KG: My dream career is to continue making documentaries and films about injustices. Some of the topics I am most passionate about are the right for animals to live in humane conditions, pollution of our natural environment, queer rights, mental illness awareness, te reo Māori use in New Zealand, disability rights, and many other human rights issues. When one issue is brought up, a common theme is to say that there are more important issues somewhere else, however I believe if people do their best, and make small changes, we can truly make the world a better place. Whether that be a meat-free Monday, buying more local products, or saying “Hey, are you, okay?” to a friend who is acting down, small changes made by everyone can make a big impact. Coronavirus has taught me, and New Zealand, the power of taking a stand against loss of life for our most

arts.

vulnerable and we have achieved so much together. I'm not saying everything will be happy and rosy all the time, just that people need to realise their impact matters, which is what I want to express through my films.

The problem of sexual assault and abusive power dynamics within the media industry continues to loom over our heads in the few short years since #MeToo began. While no one was under any illusion that an industry-led movement would solve this fucked up issue entirely, what are your thoughts on the success (or failure) of this movement as time has gone by? Like, I am filled with unbridled disgust at the knowledge of Roman Polanski still being the toast of select #artsy circles, but he is only one figure in all this.

KG: The effects of the #MeToo movement, although they are far from the most ideal outcome, have made such big waves all over the world and changed many people's lives for the better. I think this is the biggest success of the #metoo movement, bringing this topic into public discourse. Sexism and sexual abuse are so fused into the culture of film-making that will take more time and effort to see the big changes that need to happen. I believe that having more women in positions of power will help to ensure this change. The New Zealand Film Commission's "50% of directors to be female" goal is setting us on a path to change. Although these issues are highly politicised, it comes down to basic human rights that are not being met, and that is undeniable.

To help bring some light to this deep and emotional topic, what media has brought you joy recently? Anything you can recommend to bring a smile to our faces? Whenever I feel like I need some time to pull myself back together, I always go and watch that video of Kelsey Grammer falling off the stage. Brings tranquility to my soul,

like the blooming of a lotus flower.

KG: Although I'm late to the party, *Dirk Gently's Holistic Detective Agency*, on Netflix, was an amazing watch and under-rated. It is a mind-bending trip into an absurd but hilarious world where "everything is connected."

The book I've been reading lately is the *100-Year-Old Man Who Climbed Out the Window and Disappeared*. Like *Dirk Gently*, it has a ridiculously long name, and also follows a hilariously absurd storyline.

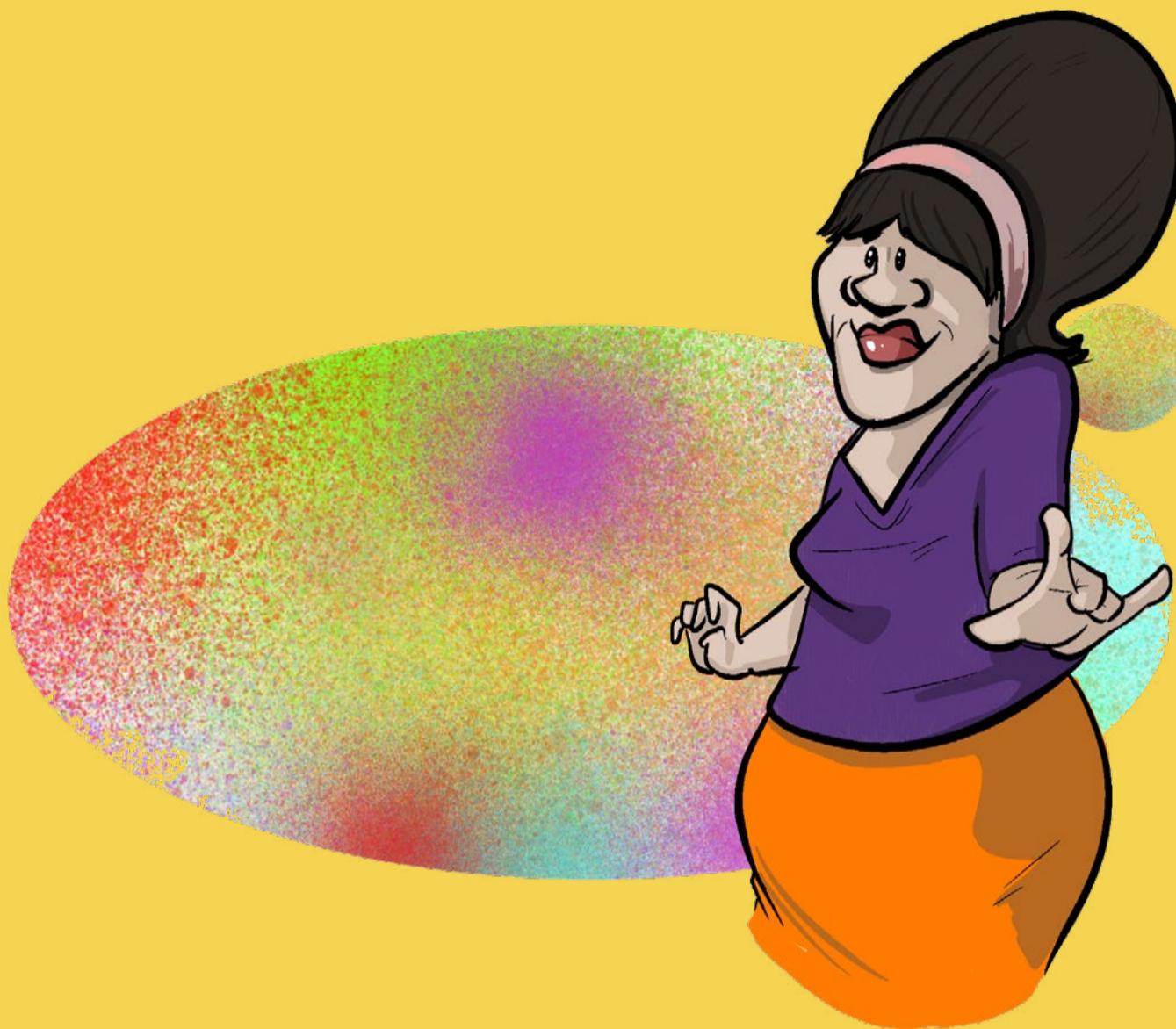
A movie that I really enjoyed recently was the animated film *April and the Extraordinary World*, set in an alternate reality of 1941 France. I really enjoyed the steam-punk style and April's amazing hide-away.

On YouTube, a channel that is sure to bring a smile to your face is *Daily Dose of Internet* as it is light and wholesome. It compiles short clips of cool things on the internet for example, "Bobcat Makes Really Long Jump Look Easy."

In her own words, Kate leaves a final message with recommended services and advice.

KG: There are many free counselling services, if you're at the University of Auckland there is counselling services: <https://www.auckland.ac.nz/en/on-campus/student-support/personal-support/student-health-counselling/counselling-services.html>.

There is a helpline dedicated to sexual abuse survivors, calling: 0800 044 334. Texting: 4334. **YouthLine** has a fantastic service, either in person or on the phone. **Mental Health Crisis** 0800 800 717 (operating 24/7). If you are in crisis, call 111, otherwise reach out to your local doctor who can refer you for further treatment. Do not accept it if they do not refer you for treatment and immediately change doctors as, in my experience, most are not well trained in mental health or sexual abuse issues.



Craccum's Quaranteam Go! To the Movies

MADELEINE CRUTCHLEY AND BRIAN GU

With most cinema chains remaining closed under Level 2, and major blockbuster releases being delayed, many are being forced to dig into online collections to find a spark of cinematic joy. Instead of delving into challenging, newer, critically-appraised films, Madeleine Crutchley and Brian Gu find some comfort in old movies that are less than popular. These guilty pleasures might have them sinking so deep into their couches, they'll never be able to get out.

***Journey to the Center of the Earth (2008)/
Journey 2: The Mysterious Island (2012)***

MC: I can pull out the ultimate nerd card here, and proclaim that I have in fact read the original Jules Verne

books that these action movies are based on. And I can admit, more shamefully, that I only read the original books because of how much I enjoy these movies. I'll clarify that neither of these films make for excellent, subversive or enlightening cinema. The first is the one

arts.

of the most 2000s films I've ever seen (with **Brendan Fraser** in his prime). The CGI in the second one is clumsy at best, nightmarish at worst. However, it's rare that a movie convinces me that I'd want to be along for the adventure. Both of these films fulfil that desire for me. I remember seeing both of these films in a theatre vividly. The first still feels like a big and silly Hollywood movie to me. It reminds me of the **Sam Raimi** *Spiderman* films, where every emotion present in the movie is felt loudly, without too much self-awareness that undercuts the fun of it. It uses both practical and CGI effects, which are again, silly, but refreshingly done in earnest, trying to make the audience have fun. The second film came out when I was at the tender age of 13, maybe one of the first times I was seeing the sequel to a big action film. I maintain that reintroducing the lovable nerdy kid on a motorbike, fleeing from police, is one of the coolest sequel moves ever. *Journey 2: The Mysterious Island* was one of the movies that made me want to pursue film and media (stop laughing!), so I'll respect it forever. I miss action movies like this. Hollywood, give me more Bieber-haired **Josh Hutcherson** on a motorbike.

Cat in the Hat (2003)

MC: I'm aware that Brian is choosing to review movies a bit more seriously, but my brain just can't take that at the moment. This childhood classic was absolutely panned by critics upon release. It was slammed for the unnecessarily crass humour, repetitive sexual innuendos and Mike Myers' unhinged performance. This is one of the most cartoonish live action films I've ever seen. The movement of the characters is so uncanny, yet wildly inventive. The sets look cheap, but they're so

colourful and garish. The jokes are crude, but they're also absurd and ridiculous. This film is an interesting case study for what a bit of star power can do. It really feels like **Mike Myers** had full reign on set and took full advantage of the \$109 million budget. He simultaneously destroyed this film and created a cult classic. It turns out the negative reception prevented **Dr. Seuss'** widow from allowing any more live-action adaptations. Unfortunately, this masterpiece of cinema will stand alone forever.

The Lorax (2012)

MC: Okay, I've chosen two Dr. Seuss inspired films. This baby sits at 53% on Rotten Tomatoes and I can go forth no longer until it is ranked in the high 90s. *The Lorax* is one of my favourite ever animation films, and every time I mention it in conversation (as one does) someone brings up the way it 'butchered' the book. First off, the book has nothing near the excellence of the rock ballad 'How Bad Can I Be?' This absolute banger comes in with a rad electric guitar riff and tears the fucking roof off. Secondly, every fluffy character looks unbearably soft and I can't help but let out a few awes when they pop up on screen. The film also goes further than the book, depicting an capital-hungry city built upon the dirty, polluting process of uncompromising industrialisation. It's more complicated and nuanced dystopia than anything in the whole *Divergent* series. It talks about the dangers of stripping the environment for resources, the need for collective change AND it's a movie for kids. You can bet this is one I'll be buying for my younger cousins and putting on once a week. It'll be that, or a playlist dedicated to playing 'How Bad Can I Be?' over and over again.

arts.

White House Down (2013)

BG: There's something about this **Channing Tatum**, **Jamie Foxx** buddy-action film that makes it my top guilty-pleasure movie of all time. I've seen this movie at least ten times for whatever reason, yet knowing the plot doesn't detract from each subsequent viewing experience one bit. I think I'm just a bit of a sucker for entertaining action - and on that front, this movie doesn't have a single dull moment to detract from it. Ex-soldier John Cale (Tatum) is sent on a cat-and-mouse chase with the US President (Foxx) as the White House is captured by bombing terrorists. Yes, the plot is about as absurd as I just made it sound, but the movie makes it work by never taking itself too seriously. Carried by the palpable chemistry of its two leads, if you look past the action movie cliches, there's undeniably some life to this film. At 51% on Rotten Tomatoes, I've just edged out Maddy's Lorax pick here, but to know they sit on similar ratings makes me feel not so bad for loving this anymore.

Sister Act 2: Back in the Habit (1993)

BG: Okay, I feel like my moral and ethical obligation first and foremost is to vindicate Maddy of any part in this review. This one is out there, but hear me out - I think musicals are great. They tap into your emotions through a shortcut inaccessible to regular movies. And plus, the pure fun of it, bundled with the charisma of its performers, can detract your attention from the musical cliches, or plot holes. There truly are some great musicals out there, and I had picked *Hairspray* to go on this list, however as a truly great movie, Arts editor Lachlan was having none of me terming it a 'guilty plea-

sure'. So instead of turning only a little left-field, I've driven straight out of the park with the choice of *Sister Act 2*. By no means am I calling it the Holy Grail of cinema, but it's got some fun musical numbers, an inspiring story about inner-city kids, and plus Whoopi as lead makes it enjoyable to watch. AND LAURYN HILL! I have to admit though, I haven't seen the movie in a while, and the 7% Rotten Tomatoes rating it carries is getting to my head a little - perhaps I'm just reflecting on it too fondly. If that's the case, then just know I really had *Hairspray* ranked first - that musical is undeniably brilliant.

Logan Lucky (2017)

BG: It's a heist movie starring Adam Driver. What more do you fucking want.

Hairspray (2007)

LM: So like, due to a little miscommunication about the movies, there might have been a stronger emphasis on *Hairspray* to the artist than intended. So now I'm providing a quick addition, mainly because Brian slandered this movie for all the wrong fucking reasons. The actress who played Tracy Turnblad? Turns out **John Travolta** is less problematic than her. She committed a hate crime in an airport! **Nikkki Blonsky!** Who knew? But while that can't be pushed to the side, *Hairspray* is a great film, in spirit at least. It has the numbers, it has the heart, it has Michelle Pfeiffer trying to fuck Christopher Walken, the works. It's a simple Racism 101 story for the Nickelodeon generation, though I wish it retained some of the **John Waters** tackiness of the original in the upgrade to slick 2007'o'vision. Shame Tracy didn't realise it offscreen.

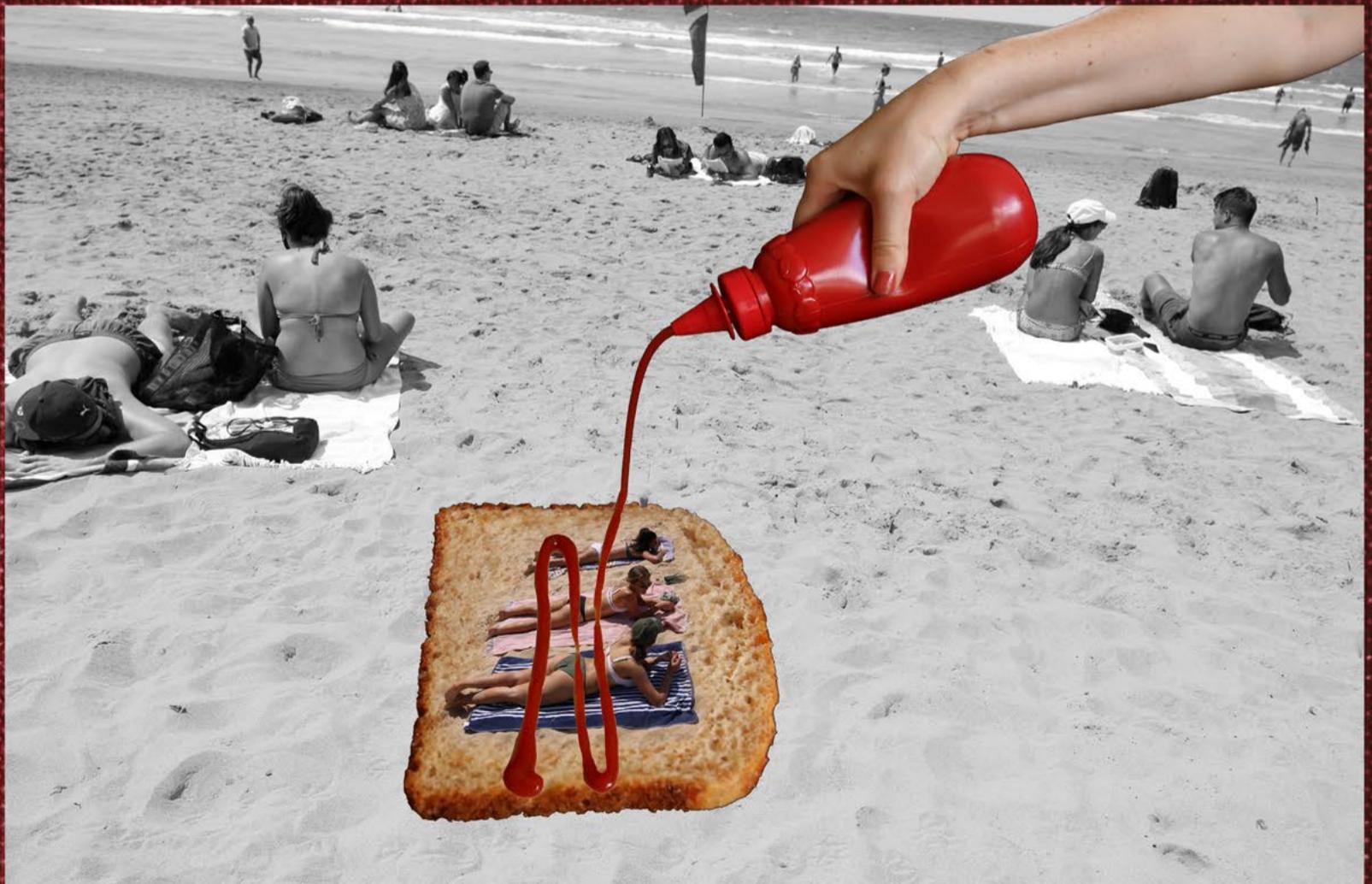
AUTUMNAL DAYDREAMING

Photography by

Flora Xie (first page)

Anna Lines (second page)





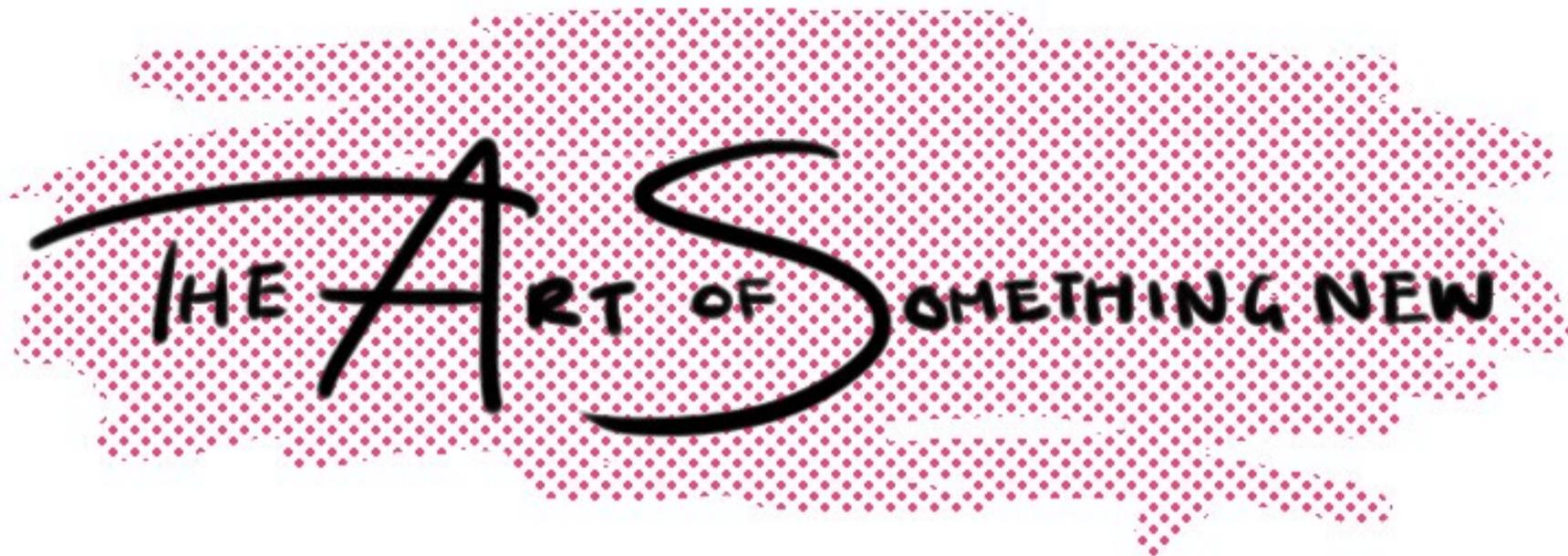


KATE IS A FEMINIST FOCUSED MAGAZINE
PUBLISHED BY AUSA

This year our theme is celebrating connections.

SUBMISSIONS NOW OPEN!

EMAIL [KATE@AUSA.ORG.NZ](mailto:kate@ausa.org.nz)



Try Getting A Piercing

LOUISE BARNES

Suggestions for when you just don't know what to do. This week is all about piercings.

If you have been waiting for a sign to get that piercing, well this is it! It is the best thing you can do that is (a) cheaper than tattoos, (b) less permanent than tattoos, and (c) Just as awesome as tattoos.

I have been waiting for about four years to get a particular piercing but never actually had the balls to do it. There are so many things to consider, whether you'll like it, if it gets infected and the healing time, which can be discouraging due to its nature. Luckily, these questions all take a quick google search as there are hundreds of pages readily available with perspectives from professionals, to those who have just experienced it. Just remember, everyone is different and the way you react will be independent from others.

At the time, I had only gotten my lobes done while in primary school. I'm sure many can relate to the experience

of sitting in the pharmacy with your fingers crossed, hoping the piercing gun wouldn't jam. It was all good, but to this day I barely wear them unless for special occasions. Hence why I took so long to muster up the courage, worried about how I would react to the new one. This is exactly why I managed to convince some girlfriends to come with me for moral support, and the hope they would decide to get one as well.

Here are some places of recommendations found through a bit of research:

Streetwise Piercing

This is the one I went to personally, due to the nature of it being highly praised, high quality service and jewellery, as well as being a legitimate piercing parlour. The service here was incredibly professional considering

lifestyle.

the rules of Level 2, and was instantly put at ease as the piercers were predominantly women. They offer anything you can imagine and explain the process clearly that even a beginner would have no problem. This is also a walk-in service.

The Tattooed Heart

This is also a highly praised location for piercings and also tattoos. If you have any enquiries at all, it is easy to flick them a message on Facebook or give them a call. This is however, is an appointment only parlour (at the moment) so do not forget to book in. Additionally, this is slightly cheaper than streetwise piercing if you're not quite looking to break the bank.

Keen On Piercing

This is for all you broke Uni students. Offering most piercings for as low as \$30 while still remaining on the list of the highly praised and reviewed. Additionally, they sell an awesome amount of jewellery independently if you are just looking to glam up what you already have. This is appointment only due to current Level 2 restrictions.

So, what are you waiting for? Do something spontaneous and put yourself out there. Yes, there will be pain, but it is only fleeting and the satisfaction of your new modification overrules it all.

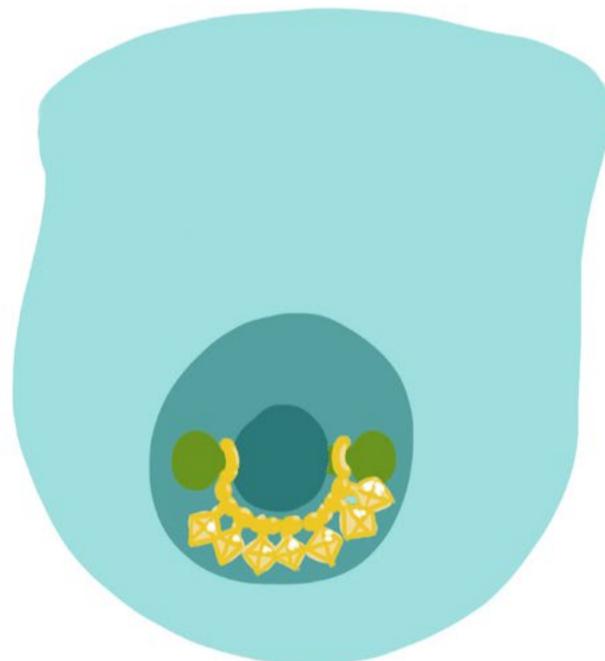
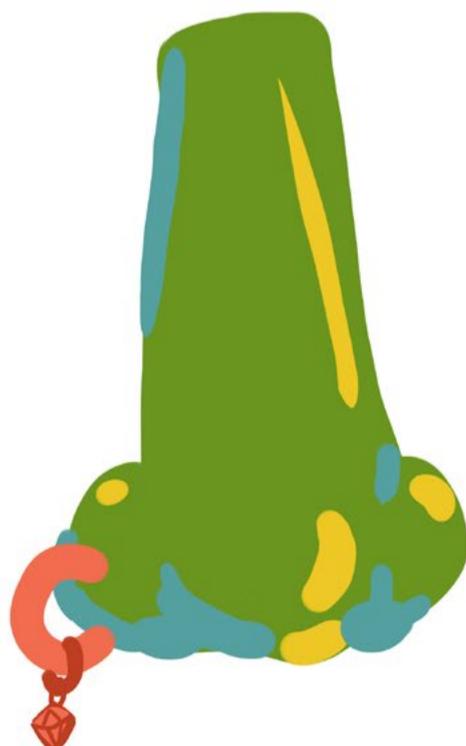


ILLUSTRATION BY SOPHIE SUN

GENTLE GIG GUIDE

FOR JUNE (FOR UOA & BEYOND)

Slowly we are coming out of self-iso/hibernation. Keep practicing good hand hygiene, checking on your whānau and join in on some online/seated events when you feel ready:

Tempo Dance Festival is going digital this year. The festival showcases dance artistry of many kinds in a reflection of the rich cultural dynamism of our country and our Asia-Pacific neighbors. There are heaps more in their programming for the next month!!

June 9th Tuesday and 16th Tuesday

Aukaha Aroā Somatic Fitness: by Rachel Ruckstuhl-Mann

Movement class streamed on FB. The class will be utilising physical practices such as Body Mind Centering, Feldenkrais, natural/evolutionary movement, and qigong, incorporating weights and functional fitness activities, as well as drawing on Mātauraka Māori and Kāitahutaka (Kāi Tahu ways of being). Hop on in to reconnect with your body.

June 10th till 14th June

Dance film: Dark Points by Die Angle

Adapted from the live production performed in a Melbourne basement. Featuring ten dancers and shot on 16mm film, Dark Points, made in collaboration with production company HiBall, explores the fragmentary nature of perception and our body's imprint on a disin-

tegrating environment through a crumbling, cold, desperate choreographic and sonic landscape. That's how they're pitching it, As a non-dancer, I'm looking forward to some mean as shapes being cut, and how my body could probably never move like that.

Music:

A Dog With No Hat - Hermione Johnson, Ro Rushton-Green + Drummy: 13th of June: Limited Capacity, Booking essential!!

The Audio Foundation springs back into action with a concert of improvised music performed by Hermione Johnson on prepared-piano, Ro Rushton-Green on saxophones and violin and Drummy on circular wooden shapes covered with synthetic skin. Make sure you buy Tickets!

95bFM Fancy New Band: 26th of June @ 7pm

Audio Video Stream of some of your favourite steaming hot local talent. Direct from Whammy Bar, it's pretty much like a gig. I mean nothing can replicate that sweaty sweaty feeling of a real gig, but it's pretty close. Until then, give some love to a Lineup of CRAP DATE, Deb5000, Ripship, fable nz, dharmarat and The Elegant World.

HOT LOCAL TRACKS

This week's hot local tracks are brought to you by 95bFM's Adel Abeid! You can listen to more of Adel's selections on 'The two to Four with Adel & Charlie' every Friday.

It never was by Vera Ellen

A passionately sweet ballad by "Vera Ellen" that features on her brand-new EP. This has everything you want in a pure kiwi ballad, it has heart, plucky guitars, and a wonderful amount of self-awareness. For fans of "Sharon van Etten" or "Angel Olsen", you will be sure to fall in love with her vocal tones and personality on this track. "Vera Ellen" is one to look out for in the local NZ music scene.

Slush by Sulfate

Sulfate releases an intriguing slow burner with their new track Slush. The screeching guitars that pop out in the background create a deliciously tense atmosphere and when it transitions to the chorus the guitars pick up the tempo and it just sounds so satisfying. This song achieves a very chilling atmosphere that carries what "Peter Ruddell" did with "Wax Chattels" but makes things sound mysterious and tense without having to be loud and frantic.

Knew me by L V J

This new rap song by "L V J" embraces the quirks of the internet, making a track that's equal parts charming and brash. There is a very progressive quality to this song especially how the song expands to an attention-grabbing outro. The constant changes in vocal pitch and instrumental switch ups make you feel like you get taken through an experimental rap rollercoaster. It first felt like there was too much going on in the track, but by the end everything felt like it paid off magnificently.

May 6th SODA BOYZ

Talk about opening your new album with a massive punch. "SODA BOYZ" bring relentless energy with disorienting guitar tones and vocal spasms that I do not even have words for to be completely honest. This track is not just sporadic noise, there is a groove to it that is kind of infectious in the strangest way possible. I love a good opening track that serves as a mission statement to the rest of the album and I think "SODA BOYZ" does that perfectly with "May 6th".

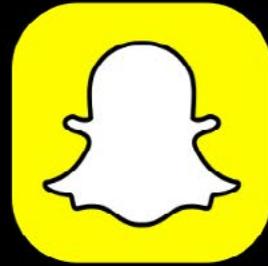


The 95bFM Top 10

1	Contagious World Mads Harrop (NZ)
2	Time Just Is Zane 2000 (NZ)
3	Back Heavy Hoisin Sauce (NZ)
4	Cold Moon Swallow The Rat (NZ)
5	Last Chances Repairs (NZ)
6	Pig Feet feat. Denzel Curry, Kamasi Washington, G Perico, Daylyt Terrace Martin
7	Plume on Europa Ripship (NZ)
8	Clubbing in the Time of Cholera (A Musical Tribute to a Bygone Era in Which People Sometimes Had Parties to Go To, Although Sometimes They Didn't) Baby Zionov (NZ)
9	Knew Me L V J (NZ)
10	Both of Us Jayda G

ausa's

SOONAL



DISTANCE



ILLUSTRATION BY JULIA ZHU.

EROTICA

The making of X Æ A-12 Musk

ELON MUSK

Love-making is serious business. Passion is a product of healthy capitalism. Hi, my name is Elon Musk. And this is how we made X Æ A-12 Musk.

It all began as I was shining up my big rocket ship. That's right, I was doing the usual oil checks on Falcon 1. He's a girthy beast. As you know, I'm a busy man but I always make time for my toys.

"Grimes," I yell out in my South African, yet strangely British slight American twang accent. I hear a buzz on my phone, and my sweet wife is tweeting me.

Other than big rockets, my other business venture is the boring company. Damn, I love boring into holes. Making tunnels, and exploring the folds and crevices of our natural environment.

Men are from Mars, and hopefully I will be there in 2050 when the world combusts from rising sea levels and the end of this era as we know it: The Anthropocene. My darling wife has written a delightful industrial electro pop album about it. Check it out on all good streaming services.

Children are a waste of time. My last 5 spent so long drooling and crawling around. I did not know what to do with them. There is no upgrading software to get through early developmental stages.

I am a man of change. I am here to change humanity.

Phone buzzes again, and I finally check my messages through a hyper realistic retina projection screen. "I'm quite busy Elon. Could you sort it out yourself?"

That's alright. I'm used to being alone. It's hard being so intelligent, being the 1%. With all the wealth in the world.

I've been experimenting with new AI technology, not dissimilar to the ones used by Otago university to catch students out on cheating. I value loyalty in my partners, and in my children. Loyalty to me, loyalty to human advancement, loyalty to The Agenda.

I carefully stroke the tendrils of the glowing lighted ends of webcams, and position my body artfully in front of it. Come to Daddy. This is the new era of Elon. Daddy Elon. I will fashion this child from myself, and upgrade him to become my clone.

I think possessions are kind of an attack vector. People will say 'Hey, billionaire, you've got all this stuff.' Well, not I don't have stuff now, what are you going to do? I'm getting rid of my original earthly form. And transporting to the higher orgasmic plane of existence. In my own private cyber networks. I pulse my hand, completing the final ritual which begins with the end. The exhaustion of the pipe, the creaming of the pie. The dribble of ecstasy.



Your tissue box is watching you

SOPHIE BROWNING

Sophie Browning investigates Amazon best sellers Mini Spy Cameras. After all... we're nervous enough with the university using AI to spy on us during exams. Let's keep the paranoia going!

Espionage! Technology has evolved since lipstick and pen recording devices. Further, the demand for hidden cameras has soared. Mini spy cameras are "Amazon best-sellers." They can be as small as a thumb and placed in the house, in the garden, in your pocket, in a car or even mounted on a drone. But Amazon has become even more creative with these hidden cameras. These mini spyware have become even more inconspic-

uous, posing as household and personal items. Recent articles on hidden cameras in Airbnbs drew my attention to this issue: what kind of imperceptible spyware can you buy and how do you spot them?

In incognito mode and with my tinfoil hat, I scrolled through Amazon and came across some bizarre and diverse finds. Hidden cameras in picture frames, smoke

detectors, and clocks are popular choices. Coat hooks and phone chargers are spies on the wall. In your office, check your pencil holder and flick through all your notebooks. If you see a micro SD card slot and an ON/OFF button, that book's fishy. Living rooms can also have a plethora of potential hidden cameras. Inspect lamps, pillows, the TV remote, router, and even the blu-ray player. There's a chance they're lurking. Even the "innocent" air freshener could have 4K night vision and Wi-Fi-enabled functions. You can't even trust your favourite teddy bear or the birdhouse in the garden. Also be on guard when you're playing monopoly, the dice could be watching your next move.

Although many spy cameras on Amazon sell for under \$100, it seems the more obscure the hidden camera, the more expensive they are. For instance, you can buy a \$300 stylish baseball hat with a hidden camera. But, with these more expensive and obscure products, their ratings tend to be as low as one or two stars. Usually for the fact that the camera often does not work or the recording is incredibly sub-par for the \$300 margin.

If you want to kit yourself out while being mobile, the best value option is a pair of spy glasses. They tend to be more favourable with Amazon reviewers and less expensive. But if glasses aren't your thing, there are many other alternatives for spying while you're out and about. In your bag, you can take non-functioning car keys and a water bottle as your little snitches. On your wrist, you can sport a watch with HD 1080p recording. You can also wear non-functioning earphones and carry a \$630 coffee cup. According to the seller, "you can record covert video as far as your eyes can see while appearing to be minding your own business sipping on your coffee." If coffee isn't your thing, try a vape and record

others through your strawberry smoke.

Despite the accessibility and diversity of these cameras, it's how these spyware are used that matters. A few Amazon reviews suggest that people use these "little buggers" to catch their partners cheating, record business meetings and abusive bosses, or use them as covert GoPros. But most reviews imply that customers' usage of spy cameras is relatively "innocent." Apparently people often use them to check on their housekeepers, babysitters, pets, small children, new flat mates, and "belligerent neighbours." So if you fall into any of those categories, watch your back! It is worth noting the legality of these hidden cameras. In New Zealand, it is generally considered that covert cameras are only permissible if the user believes that wrong doing is taking place. But hidden cameras cannot be used as a chance to potentially catch someone out. Further, in terms of more illicit forms of surveillance, Amazon searches seem to filter out any products that are clearly intended for perverted use. But these kinds of products are easily found on Aliexpress, such as shower heads with hidden cameras.

But scoping out these tiny hidden cameras can be so difficult to identify with the naked eye. Many Amazon customers have purchased "anti-spy camera detectors" to check for bugged hotel rooms and Airbnbs. Although these detectors supposedly have success, I don't think it's necessary to fork out money for these go-go-gadgets. It is so easy to get caught up in the paranoia once you realise how inconspicuous and easily accessible these spyware products are. There's no need to obsess, instead it's best to be aware of this technology and what is permissible. But if your tissue box has a flashing red light, I'd be a little concerned...



ILLUSTRATIONS BY EDA TANG

Craccum Reviews More Food Delivery Services

AYAAN SHAIKH @AUCKEATS

Last week we looked at how Uber Eats stacked up in terms of value for money. This week we look at more food delivery services to see which one gives the most bang for your buck.

Easi Eats

Easi Eats is exactly what Auckland needed, a delivery app that covers all the Asian eateries in the city. If you're craving a midnight beef noodle soup or some

hearty dumplings from barilla, Easi has it all. Its interface is kind of clunky and there are a lot of mistranslations but it gets the job done. Easi Drivers around the CBD deliver by electric bike so the average delivery time is about an hour but the food does come piping

lifestyle.

hot. Easi also charges one of the lowest percentages of commission compared to other delivery apps, on average, 16-18% is charged to restaurant partners.

FlamingoFood

FlamingoFood launched shortly after the lockdown ended, they are a local E-scooter startup based in Wellington but their pink E-scooters can be seen all over Auckland. Their delivery model lets riders use their scooters to deliver food at no cost to them. FlamingoFood's app is easy to use and fairly simple to order, but since it's a fairly new app, it doesn't have as many options yet. They charge 20-25% commission to restaurant partners depending on distance but they only charge a flat fee of \$5 for deliveries.

Delivereasy

DeliverEasy is another local delivery app, they are established in 13 cities and have just started operating in Auckland. They have quite a wide selection of restaurant partners and have both web and app delivery options available. They have fast delivery times, no more

than 30 minutes on any order and their app is easy to use. They charge restaurant partners 22% in commission.

Menulog

Menulog mostly does pickups but they have a wide range of delivery options and real-time discounts on restaurants. Their App is extremely easy to use and simple to place an order. They halved their commission rates from 14% to 7% for Lockdown relief for small businesses and now is at 14%. Menulog has over 800 restaurant partners in New Zealand so you're bound to find a good feed on there



KEEP DANCING | KEEP SINGING
KEEP LISTENING | KEEP SAFE

Join the JBL LIVE LOUNGE group by tagging #JBLLIVELOUNGE & show us how you are staying occupied at home.

WHO ASKED YOU PRESENTS: How to Ace an Arts Exam

STEP ONE: Do not study. What are you, a law student? Don't be a fuckin' nerd.

STEP TWO: Forget to charge your laptop. Of course you can't find your charger. Attempt to use the home computer. Realise your brother won't let you because he has seven hours of Grand Theft Auto that MUST be played, come hell or high water. Start the exam with 8% charge left.

STEP THREE: Fail to properly read the question. Write about the history of grease instead of Greece. Wonder how that is relevant to Classics, but don't dwell. Exams are not the time for thinking things through.

STEP FOUR: Forget the name of the author you're writing about. Call them "the author." The marker will know you forgot, but they won't be able to definitively prove it. It is also a good idea to forget the name of the book, and refer to it as "the text" or "the work."

STEP FIVE: Say something about postmodern conceptions of reality. Do not, under any circumstance, find out what this actually means.

STEP SIX: Your laptop is at 1%. Run around the room to generate static electricity to charge it. Resume the exam.

STEP SEVEN: Sing the entirety of The Dixie Chick's song "Gaslighter" in your head. Think of nothing else for several minutes. Damn, that song is catchy. Realise that you only have ten minutes to go. Pledge to work harder on your next exam. You won't.

STEP EIGHT: Surreptitiously use your phone to google jobs that don't require a degree. Do not google the salaries of said jobs. This will cause you to spiral.

STEP NINE: Press "submit". Suddenly remember twelve hundred things about the topic you just wrote about. Realise there was a second side. Wonder if that was indeed Anthropology 101, or if it was in fact Maths 329. Eat Krispy Kreme, even though you don't deserve it.

STEP TEN: Tell everyone you got an A+, regardless of your actual grade. What are they going to do, check your SS0?

What Trade Me Purchase Are You?

What absolutely essential trade purchase are you? Get the heart rate pumping... You don't realise how much you need it, until you're bidding neck to neck with karenponsonby75. It's a great way to celebrate the end of Semester 1.

ARIES

Jona Lomu was a good guy. [Make him proud and give his a car spin](#) For an Aries, one spare seat is all you need. For you and your one friend, the car has cleared out it's back seats to make room for a sound system capable of 163 decibels. [Pump that Fat Freddy's Drop.](#)



TAURUS

[Antique cork former](#), absolutely useless. like you. You always put a damper on the party, just gotta plug things up don't you? Two redeeming qualities, 'Very rare.' and 'Pickup Arrowtown.' So qiant. Someone loves you out there, and was willing to bid \$154 to take you home. Golddigger?



GEMINI

[Poles 6m bundle](#) not quite sure how you are going to transport it from Hamilton but it's not like anyone is missing you on Campus anyways. Big strong sturdy poles... you need some stability in your life. 8 x poles total, Seller made it very clear it's a bundle deal. "I see you windin', and grindin' up on that pole..."



CANCER

[Gold retro mirror](#). Will it be haunted? Who knows. Please salt it before you bring it inside the house. 'In good condition,' sounds dubious, and if you look closer in the photo you can almost see a figure? There is some hidden hectic energy here with the seller stu201.



LEO

[Large long bricks](#) Build yourself back up buddy. You're a mess. Here's approximately 210 bricks that 'still got plenty of uses.' What uses? That's for you to find out. There's currently 43 people watching you, so get in quick (maybe more now...) [Buyer must pick up in Palmerston North, and there's also plenty of other things you can pick up in Palmy.](#)



VIRGO

[Russia 1964 stamps](#). Schevchenko set. 1964...Was it a memorable year? 'The Brezhnev era began with high economic growth and soaring property, but gradually significant problems in social political, and economic areas accumulated... often described as the Era of Stagnation.' (Wikipedia) Anyways, Schevchenko is regarded as the founding literary hero of modern Ukranian literature.



LIBRA

Portable [composting toilet](#). Worm based. 3 and a half grand. Basin and foot pump for washing hands. Honestly can't complain. Seller: Milkmaid knows exactly what we need. Add some LED lights, a UE boom, and warm vodka from a yoghurt pouch and you're ready to replicate the NZ summer festival vibes in your backyard.



SCORPIO

Trademe also helps you figure out Life Insurance now. That's wild. Along with FindSomeone, you could really have a whole birth and death cycle in one easy brand now. Neato! That's the cohesive-ness you need in the fragmented state you are in right now.



SAGITTARIUS

[A door](#), \$1 reserve, go wild. What's a grad role in this climate anyways? Carve out your own way, innovate and experiment. I'm telling you, your homebrew hop concoction slaps. Start marketing that shit.



CAPRICORN

[Pony for sale](#). Live out your horse girl dreams. "Loves being caught and going out. Easy to travel, shoe and clip and holds condition well." Raptures Royal Wannabe wants you to take her home. She's a sweetheart, and had her teeth done in July 2019. When's the last time you went to the dentist?



AQUARIUS

[Decoupage Tile Coasters- Dolphins](#). That's the one. Very lovely, these coasters will warm up your flat. The small black beady eyes will ground you if you ever have a bad trip on the dining table. Set of 6, enough for your flatmates and your parents to come over for tea! Buy now for \$25, it's a downright daylight robbery for this gem!



PISCES

[Bernie the fire engine](#) is a local celebrity. Note from seller: 'If we can not sell Bernie as a whole we will take out the motor and gearbox and scrap the rest.' Breaks my heart! The comment section is also very snippy: with gems such as "will you take a scrunched up 5 dollar note? cheers" and "Possible to get back to working fire truck small rural town desperately needs a fire truck... thanks"



the people to blame.

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