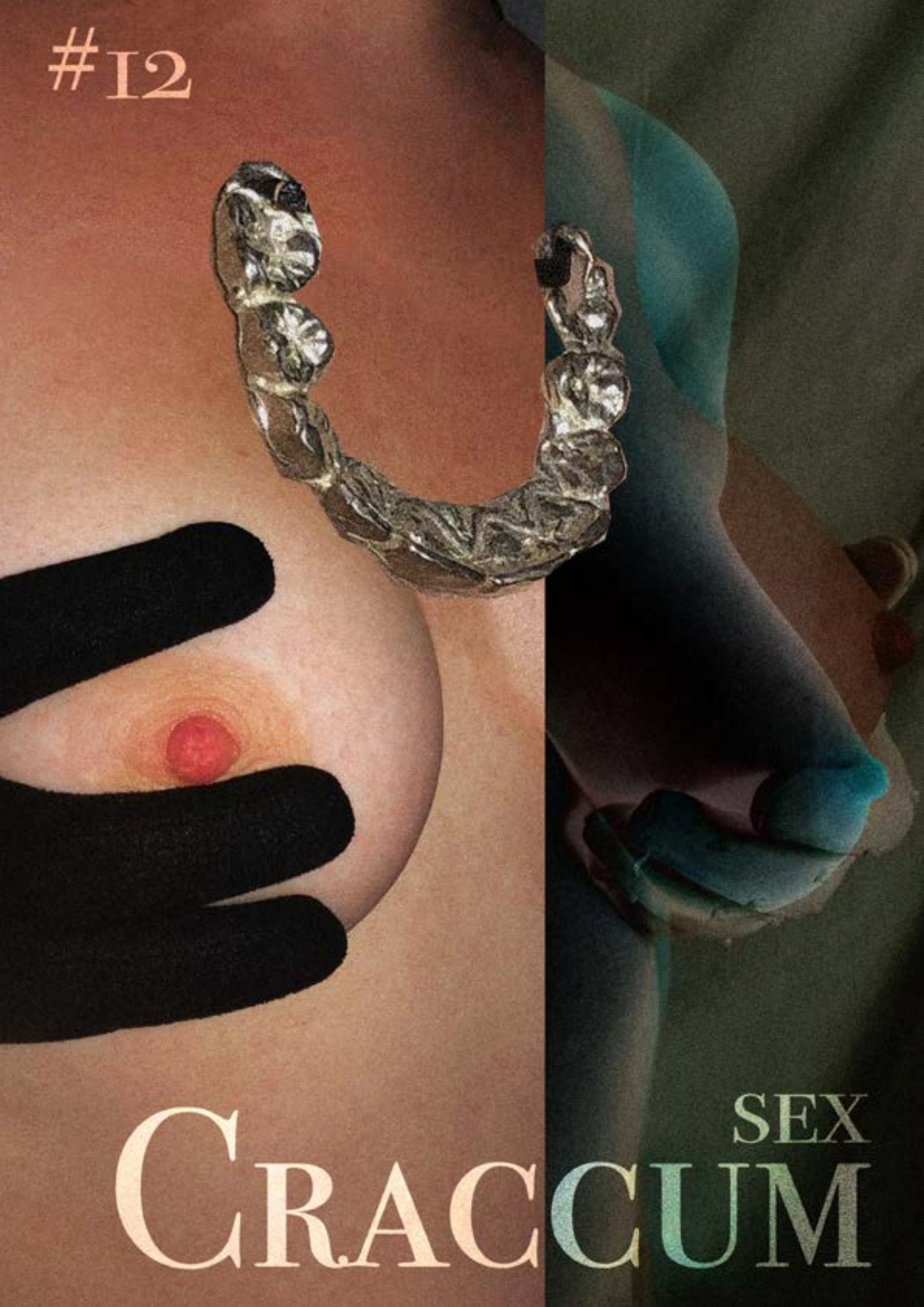


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CRAC  
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CUCKS

# Craccum's official guide to busting it down sexual style

Sexing it up cum laude.

University students straddle two precarious worlds. For many it's our first opportunity to experiment with the hookup culture we've heard so much about, and for others it's the time you begin settling down into a long term relationship. Maybe you're not even playing the game at all. A proud vocal focusing on your studies from the comfort of solid ground. Whatever your situation, sex issue has you covered, wrapped, and strapped for 30-40 minutes of mediocre thrusting, rubbing and occasional tongue action—if you're lucky.

To start: we're dripping the hot wax of knowledge onto your oily pimply back, and it says you're horny. We're also gonna go ahead and say it—you're probably having low value nuts too. The grindset isn't for everyone but we're here to make it easy.

## Gentlemen:

**Communicate**, you've probably heard it before, but that's because it's a big one:

If you fancy yourself the sexy silent type I have news for you: your fuck, sucks. Everyone is different and you're not going to learn what your partner likes without a little constructive criticism. Going in expecting to give someone the best night of their life when you met them 2 hours ago is unrealistic at best; at worst it's stopping your dick game from graduating high school, ew.



Stop fucking with your dick and **start fucking with your ears:**

Your partner can't feel your dick so don't gauge your performance with it! *The Jackhammer* is not for everyone, and those that do enjoy a more active experience, it's important to build foundations. Based on *Craccum's* extensive polling, if your partner is yelping, they're probably not enjoying it. Take a moment to sit your ass down and listen (and then move it back up again, you don't want to forget that). Everything you need for a good time is right in front of you, just take the time to pay attention. Don't forget that this is a two way street though! If you have to announce you're finished, you've got a big problem. Your partner isn't going to know what you like if you don't give them some feedback. You can ham it up a little, sex should be fun

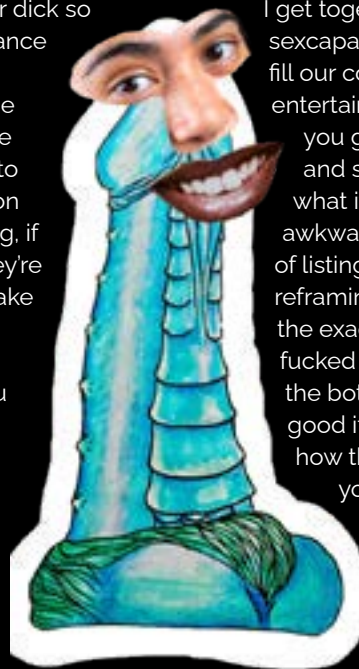
## Gentlewoman:

PLEASE **stop faking orgasms.**

DO NOT give your partner the satisfaction of a faux finish. It's much too common for people with vulvas to leave a hook-up feeling; used, kinda abused and with a blue clit. Faking orgasms only gives your partner a false sense of success and leaves you disappointed. The elusive orgasm is a gift, let your partner earn the big finale.

**Tell me what you want x**

It seems every time the girls and I get together stories of shit sexcapades and horrible hookups fill our coffee dates. While it's entertaining as shit it's about time you got your big girl pants on and started telling your partner what it is you want. It may be awkward at first but instead of listing every problem try reframing the narrative. Detailing the exact way you like to be fucked can be a real turn on for the both of you. Tell them how good it feels when they go slow, how their light touches drive you crazy and how a soft tongue on your clit goes more than a long way. Who knows, they might be into the commanding tone?



## Finally to our gentlepeople:

Don't try to be something you're not. If you think you've got sex sorted in your early 20s then you're deluded. Accept you don't have all the answers. Life is about discovering what works for you and your partner, so if you stubbornly cling to what you think now you're going to have mediocre sex for the rest of your life. Remember at the end of the day; sex is fun, have it with people you trust and always, always, always wear protection.

With lots of love,

Your two favourite dickheads,

George & Mairatea





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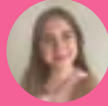


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# Stripped of their rights

Why strippers and sex workers are fighting for the love of their jobs



TALIA NICOL

When I first meet Maia\* and Olivia\*, they give me huge hugs and smiles, and tell me how excited they are to share their experiences. On paper, they're both uncannily similar to me: the same age, the same occupation (students), the same city. One difference? Their part time jobs: outside of university, Maia and Olivia are strippers.

Maia started after her first year of study. "I was struggling to pay rent, and I was working two jobs at that point. I've been a dancer my whole life. I was looking at pole classes. I went to a class, and [an ad] came up. And I was like, I could learn how to do pole for free, and maybe even make some money. The club was super busy. It really got me hooked, basically. It was just really, really fun."

Olivia has a similar story. "I started when I was 19, about two weeks after I had just broken up with my long term boyfriend. And it was a very thrilling experience. I sucked at hospitality, so I was like, 'Okay, let's get more money. And let's reclaim my sexuality.' I wanted independence from my boyfriend who was very controlling over that kind of stuff. It's a massive 'fuck you' to absolutely love [stripping]."

On the surface level, it might seem that both Maia and Olivia got into sex work because of the money. However, looking beyond that, into their answers, that's not the sole truth. What is clear is these two women in front of me are not vulnerable women being forced into the industry out of desperation or coercion, the way that sex work is widely characterised in the media. They're there to make money, but also because they have a passion. Olivia and I get to discussing the commonly held bias that all sex work is out of necessity, and the notion that the women involved in it are "selling their bodies."

"I've definitely run into some people who will say, 'I support sex workers. But isn't it kind of fucked up that we have sex work as an industry like stripping?' And I'm like, not really, actually. There's nothing inherently sexist about stripping. We have

male strippers, as well. It's a job, and one that has a special place in my heart. I get really uncomfortable when people say, 'Oh, you're selling your body.' When they're selling their body too! You don't want to be at a café, making coffee for eight hours. Your feet are sore, you're tired, you need to nap when you get home. You're selling your body and your labour to your job."

Both women speak of their love for dancing, and their love for the sisterhood that they've found within their clubs. Olivia says, "I truly feel that when I go to work, it's like, one of the most exciting parts of my day, and has like a sisterhood sort of back that I haven't felt since like high school. It's a really beautiful environment."

However, both women acknowledge that it's not all glamour. It's gritty, hard and terrifying work, even though neither of their clubs perform "full service" sex work. The problems start with the absence of worker protections available to them. On paper, most strippers are independent contractors, like Maia and Olivia. They'll pay their own taxes, and their own ACC, after they're paid out by their employer.

But, for many strippers, this is about where the liberties of being treated as an independent contractor stop. Normally, independent contractors have the ability to work "freelance". Their hours are flexible, on an "as-needed" basis. However, Maia and Olivia are rostered onto regular, weekly shifts at their club. When asked what happens if they don't make it into a shift or want a different one, Maia comments, "I have seen people get told to leave, if they're late, despite the fact that we're independent contractors. They're babysitting our own hours."

Olivia echoes this: "We have to go get a doctor's certificate if we want a night off because we're sick. It's even more controlling than other employee situations. Like, if we were really independent contractors, we just wouldn't go to work? I actually [suffered a minor injury] at work.

And I didn't want to leave work, because I was kind of concerned I would get fined if I left work early. I had to get my manager to reassure me that I wasn't going to get fined...that's the most vulnerable position I've ever been in at work. And that says a lot, considering what I do for work!"

Independent contractors have the ability to profit on their own account as a tradeoff for lack of access to paid sick leave, holiday pay, and personal grievance or redundancy protections. However, Maia and Olivia can't set their own rates, and their club takes 35% of all their gross earnings, including all their tips. Maia comments, "I don't see anything that goes through the bar. I don't see anything that comes through the doors." Olivia adds, "The reason that people are coming into our club is because we're there and they feel entitled to take 35% of everything. Someone at our club calculated a very rough estimate [of what our boss makes]...she estimated he probably makes nearly two grand a week. We're only open three nights a week. And he's not there





three nights a week. So why is he making more than me?"

## **Maia sighs. "My club is really good in terms of strip clubs. Terrible in terms of employment."**

"I'd love to be able to work just when it's busy. To come in for a certain amount of hours and then leave again. I would love to be able to get more of my percentage pay."

I've heard a lot of people in my lifetime disparage the amount that sex workers get paid. After listening to the stories of Maia and Olivia, I don't think they're paid enough for the weight they take on. Much like any other work, if you're taking on a high level of risk and responsibility for that work, you should be paid highly. For strippers, the risk and the power imbalance is through the roof.

When baby strippers (stripper newbies) come into the club, Maia tells them this: "When you're in the club, every single man there is predatory. They're in the club for a reason. They can't get a girlfriend, they can't get attention. They're getting a divorce. All sorts of things. Recently, a guy came in to celebrate the birth of his newborn baby. You have to be really on guard for every single man that comes in, so we have rules that we set out at the very beginning of

each dance. Which is, don't lick, don't kiss, don't touch between the legs, don't get your dick out. And you can add any rules to that that you want. Some girls don't like their nipples being touched. It depends on the girl, we make it ambivalent, as long as you stick to the like, 'we're not a brothel rules.'"

Of course, their rules are often ignored by the men that come through the club doors. Maia tells me she's had a man kiss her thighs because he didn't think it was "on the mouth."

## **Olivia says, "It's honestly like a little treat when they don't try to push [the rules] which is horrible. Yeah, the bar is in hell."**

"I've been assaulted in lap dance rooms in clubs that have had management pressure me to do lap dances for people I didn't want to give lap dances to...I've known friends who have been sexually assaulted and raped. Everyone deals with it differently; some tell management, some don't because they feel disempowered or like they won't be believed. When this was the case for me, I was scared to tell management that something had happened for fear that they would fine me, or other girls would be mad at me, for doing 'extra' services, or not being upstanding enough. I asked the person to pay me more money to keep me quiet, even though I had the intention to keep quiet anyway because of the complicated dynamic from not being protected in the first place. I still feel a lot of shame for this and worry about what other girls would think if they found out."

The pain Olivia shares is an important reminder that this is not work to be romanticised. Many women like her deal with fear, shame and trauma just by virtue of trying to do their jobs. In their current clubs, both women say they can walk out of a private dance if someone is breaking the rules, and that there's usually security nearby. However, this is so often not standard practice in other clubs, or feasible if a man physically overpowers them. When asked what measures they think could be taken to improve their safety, both women thought that panic buttons in private rooms

would be an asset. Olivia's experience highlights that things can so easily go wrong, and very quickly. Where there's a real threat of danger, there needs to be a real response.

When asked why they stay in the work in spite of all the risk, both girls echo that it's because of the community. Maia says, "I have had some really good experiences with guys that have been really sweet. I think sexual touch is really important for humans. I think it's something that everyone needs...I think that's why I stay. Because I think [emotional intimacy] is really important." Olivia comments, "I always feel backed up by my club. Yeah, like you walk out of the room if someone's pushing your boundaries, even light for one second, and you keep your money. That's a good feeling."

## **But, she's quick to add, "I'm really proud to share my positive experiences with management at my current club, but it's not always been that way for me, and still isn't for many girls. In short, it is not an industry standard to have management that cares about your boundaries."**

Both girls say they plan to leave stripping behind after they finish studying. Like most other university students, the job they have right now is to get them through their studying. But, unlike most other university students, most of the time they love their current job, too.

The reality is, sex work is always going to be around. The people doing it need to feel safe and protected in their community. Walking away from these interviews, it's clear that Parliament and those with influence over the industry need to stand up and make changes to employment safety regulations, and that need is now.

*"Both their regular and work names have been changed to protect their anonymity."*



\*NAMES CHANGED FOR ANONYMITY.\*

# A IS FOR ASEXUALITY

## Navigating sex in an allosexual world

Until I got to university, I had no idea that when you called someone "hot", it meant that you found that person sexually attractive. I always assumed "hot" was synonymous with "good looking" or "aesthetically pleasing," and had nothing to do with your downstairs. It was genuinely brain chemistry altering realising that people could just experience sexual attraction purely based on a stranger's presence. *What happened to hello, how are you, my name is?*

Call me naive, but it wasn't until I was introduced to the casual sex culture of university and young adulthood that I realised it wasn't the norm to only experience sexual attraction after you've gotten to know a person, or formed some kind of emotional connection. Discovering the asexual spectrum, or in my case demisexuality, was a lightbulb moment that explained my disinterest in hook-ups, despite being sex positive.

### THE ASEXUALITY SPECTRUM

Ranging broadly from asexuality, greysexuality, to demisexuality, being on the asexual spectrum is wildly different for individuals. Like other sexual orientations, we're not a monolith and as Luka put it, "no two people will have the same thoughts about asexuality and sex."

Charlie, who identifies as non-binary and demisexual, said that they feel like they still have plenty to learn about their sexual orientation.

"I'm only sexually attracted to people I feel very close to, or people who are not in my vicinity, like celebrity crushes or fictional characters. I don't feel sexually attracted to someone unless we've been at least good friends for a while. The idea of having sex with a stranger or someone I'd just met, or even some of my closest friends makes me quite uncomfortable. And the idea

of people seeing me as a sexual being or object first, and a person second, makes me incredibly uncomfortable."

Charlie also feels that although they consider themselves a sexual person, they maintain specific boundaries with what they're comfortable with.

"People are incredibly attractive! However, unless I've gotten to know those people and feelings start to arise, I wouldn't even dream of seeing them in a sexual light. I've been with my partner for almost three years now and they're the only person I like to see me in a sexual manner because we've put the time, work, and effort into our relationship and trust each other completely. I can't imagine doing all that work with strangers on a regular basis, that'd be exhausting."

While Charlie still views sex as a fun activity, their close friends still view sex differently—as an activity that can be shared between anyone regardless of how well they know each other.

"I respect their fun, but I just can't see it the same way."

Will, who identifies as greysexual, said that despite the misconceptions surrounding asexuality, they still enjoy sex.

"Some asexual people like sex, like me! My sexuality just means that I don't feel sexual attraction for people, and instead I feel emotional, romantic, or aesthetic attraction."

Similarly, Phillipa felt that a huge myth about asexual individuals is that they never experience any sexual feelings or desire.

"For some of us, it's rare for random

people, but we're capable of experiencing it with our partners, usually in the form of responsive desire. Essentially, it's not something we think about unless there's a physical stimulus of some sort first."

Hana added that another misconception about asexual individuals is that they are incapable of love and affection.



"There are so many different ways to express that you love someone and so many ways of interpreting love, sex is just one way of showing that."

### MEDIA REPRESENTATIONS OF ASEXUALITY AND SEX

Although the discussion and representation of queer identities have increased in presence and diversity over time, asexuality remains largely overlooked and severely underrepresented. As a result, many



individuals on the asexual spectrum feel misunderstood and unvalidated both among allosexual people and the queer community.

Van, who identifies as asexual and demisexual, said that they've been told they were "frigid and cold" by a male friend, "too young" to determine their sexuality because that they just haven't met the "right" person.

Riley commented that they felt that within the rainbow community, many people still think that asexuality "isn't really a thing."

"I've always been a bit sceptical about coming out about my identity. When you think of being queer, asexuality isn't the first thing that usually comes to your mind. Everyone just assumes you're allosexual, and anything other than that is 'weird'. There's always a fear of judgement, especially since this part of the queer community is not talked about as much."

"When you try to become a part of the rainbow community, you hope to be supported for being different, but that's not been the case for me."

For Jack, not only is the lack of asexuality representation in media problematic in allowing them to control how they are perceived, but the saturation of sex-heavy media causes discomfort.

"Shows like *Euphoria* and others that glorify as sex, or depict sex as a social currency, makes me feel deeply uncomfortable in the way they represent sex. Sex, which can be so connecting, empowering, life-changing and potentially traumatising, is portrayed as something so casual. There is so much more to life than sex."

Riley feels conflicted about the portrayal of sex and sexuality in media.

"Mainstream media treats sex as the end all, as if people get into relationships only because of sex and nothing else."

They feel hopeful that representations of sexuality will become more diverse

and inclusive in the future.

"I'm glad to see things changing. Like Todd in *Bojack Horseman*, or Isaac in the *Heartstopper* series, having dedicated stories showcasing aro-ace experiences has been very nice. Seeing and hearing these stories makes you feel less alone and provides a sense of community."

"It's also nice to see more media platforms providing opportunities to talk about asexuality, like *Craccum* and the *New York Post*."

Likewise, Spencer said that seeing asexual characters and experiences in the media has helped them to feel validated in their sexuality.

"Florence from *Sex Education* made me feel more seen."

Charlie commented that although they feel there is often pressure and importance placed on sex, such as when they were in first year halls, it's paramount to stay true to yourself and your boundaries.

"If you're asexual and don't want to have sex, say no! Go with what feels right for you, you don't have to sacrifice your sexuality for the sake of anyone else."

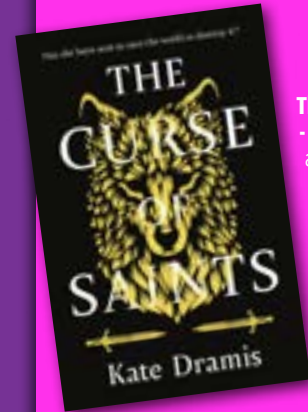
Since we live in an allosexual world, where experiencing sexual attraction regularly is still seen as the "norm", it can be challenging for anyone on the asexual spectrum to not just figure out sex and relationships, but also combat feelings of alienation.

Even though the way I experience sexual attraction has always felt "normal" to me, it's been fascinating seeing the variety of reactions of other allosexual individuals (people who regularly experience sexual attraction). From being personally called "wholesome", to "stuck up", "fussy", or just a good old "prude", it's disheartening to see that people still assign value judgements to what people choose to do, or not do, with their bodies. Let's just collectively agree to validate all sexualities and let everyone live their best lives according to their definition.

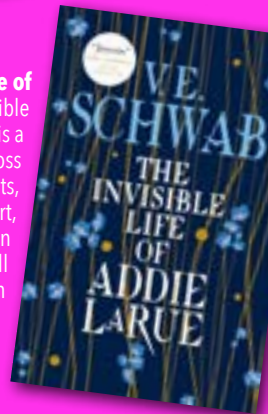
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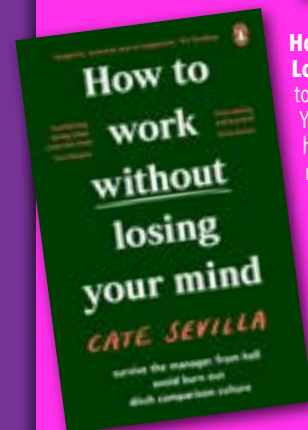
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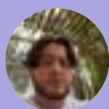


**Dirty Laundry** - From the viral TikTok duo, @ADHD\_Love, comes a tried-and-tested, no-guilt and no-shame guide to self-love and navigating relationships with ADHD.



# ABSTINENCE IS SEXY

A reflection on 3 months of intentional celibacy.



TIM EVANS (HE/THEY)

People have never been the best at keeping new year's resolutions, have they? Every year, I have the same goals which I conveniently forget by the time uni kicks into gear. This year, though, I thought I'd set myself a real challenge: go without sex for a whole year. Well, it sounds easier than it was. I quickly downgraded that to 3 months (out of pure boredom if nothing else). In that time though, there was a lot to think about... Only, most of that thinking started in my pants before it made it to my brain. Incels beware, this article may make you confused but yes, some people have no problems getting laid.

Undeniably, the first thing I noticed was that I got horny...a lot. Maybe it was the still balancing hormones left over from a late puberty or even the somewhat kinky art of self restraint, but the goal of simply not making any moves on anybody at any time was a big challenge which I did not achieve. I realised that I was extremely bored without the delicate performance of the human mating ritual and I found myself doing anything to get my fix of the sexual chase. Before my celibacy, I used the subtle art of flirting with everything I could as a form of passive entertainment. There is something so intimate about flirting with a tree, you should try it out (it's not weird, just trust me). Suddenly, I had to have 'hobbies', which is a tough realisation to have before even starting your twenties. I used all my newly discovered free time to engage in my new hobby, getting unbelievably worked up about everything—which brings me to my next point.

I was extremely emotional! There is definitely something to be said about sex as a stress relief, even when unsolicited messages from DomDaddy69 make you feel everything but calm. If there ever was something that mildly crazy TikTok, Dr Tara, was right about, it's that even casual and simple sexual interactions can be great for the mind. There is a surprisingly large amount of scientific research which suggests healthy lives require a healthy sexual component. Oh, and she was right that you should go down on your partner. Eat Her Out in 2023! But back to me, I found that solo pleasure was good at regulating the mood, but didn't quite replicate the release of actual sex. All of you right hand warriors will understand. The lasting oxytocin rush when you are with another person (or two or three others, the more the merrier, right?) was something I noticed when I no longer had it. It was a welcome and refreshing feeling when I finally did end the abstinence.

Finally, I did notice that the art of sex was way more exciting when I did return. As they say, distance makes the heart grow fonder and probably quite a bit harder. The excitement of discovery with your partner is immense, and seeing someone naked never fails to be a little shocking. It's the one thing

your imagination can never quite get right. I did need to remember, though, that while getting your rocks off is amazing, it is important to maintain balance across all forms of pleasure (social, sexual, or otherwise). That was something I could only realise in the not so hard way, if you catch my drift. I don't plan on going fully and intentionally celibate again anytime soon, it's something which I can hold in my back pocket for a time I may need to remind myself of this lesson.

Ultimately, any and all sex you're having should be fulfilling, mutually beneficial, and honestly exciting. Sex for the sake of it probably isn't all it cracks up to be, but remember that sex also doesn't have to be a massive, life altering deal. It can be as casual and lighthearted or intimate and serious as you'd like. The real takeaway is that you should own your body, do what makes you happy, and surround yourself with people who will eat you out. I mean, treat you to takeout! Filthy animals!

Eat Her Out 2023





# Your Guide to Getting Some Without Fucking Over Mother Nature

We all know that individual action won't dig us out of the environmental crisis we face. That shit is on governments and corporations. But with that being said, individual changes can still make an impact. Even if that impact is small, it is positive—and that has to count for something. So here's a few tips for making a good time for you a good time for people and the planet too.

## Ethical Lingerie

There's nothing sexier than microplastics in your crack, right?! Ditch the \$5 polyester thongs from H&M and invest in lingerie that is better for you, the people who make your clothes, and the planet! Anything you've heard about avoiding fast fashion and consuming clothing more ethically extends to lingerie. Generally, this includes buying pieces made in fair working conditions, buying pieces that are made with natural materials (like cotton, bamboo, or silk), and prioritising quality over quantity! Because let's be real, human rights violations and wide scale fashion pollution are the antithesis of sexy.

## Water-Based Lube

Now, I don't know about you, but I don't really want petroleum up inside me.

But as it would turn out, many lubes literally have petroleum in them!!! (Big Oil really wants to fuck us over in more ways than one). Opt for a water-based lube instead and find comfort in fucking without fracking.

## Turn the Lights Off

Insecure people rise up! You can now tell your partner that you're turning the lights off because you totally want to save the planet. There are other benefits to turning the lights off of course, limiting your visual sense can heighten your other senses.

## Use Beeswax Candles

If you're someone who likes to use candles: firstly, go you, you romantic sweetheart, and secondly, please make sure you aren't increasing your partner's risk of cancer. Some candles, especially those made cheaply, contain paraffin, a by-product of petroleum production that releases carcinogens when burned. Unless you're using candles very often the risk is low, but opting for beeswax candles will be safer.

## Make Shower Sex a Special Event

For those of you who like things extra wet... this one's for you. If you can get your business done in 4 minutes, by all means, have shower sex every day! Otherwise, maybe view getting wet and wild as a special event so that you're not using 10-20 litres per minute of sex.

## Rechargeable Batteries + Toys

If batteries are not disposed of correctly (most are not) they end up in general landfill, leaching toxins into the ground. If you can, invest in some rechargeable batteries or rechargeable toys, or research

the closest place to dispose of your batteries responsibly!

## High Quality Toys

If you're going to go for a plastic toy, choose something made from medical grade silicone. This will reduce the risk of infections and the chance of microplastics falling off your toy and onto you—ew! Toys made of more natural materials like glass or metal are also an option too! As with lingerie (and with literally anything you own) buy quality not quantity (because let's be real, a \$5 vibe probably won't last long enough to make you cum).

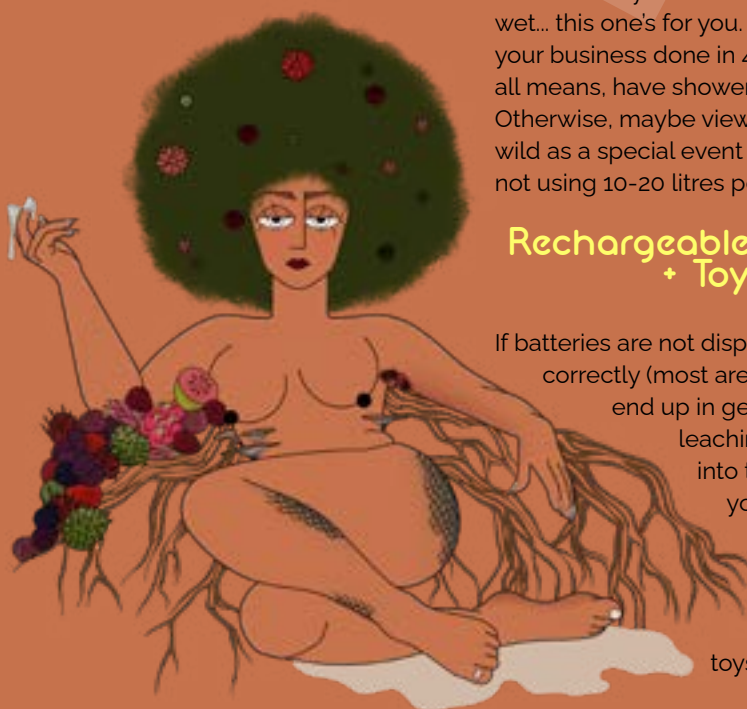
## Dispose of Your Condoms Properly

Make sure you throw your condoms in the bin and NEVER flush them down the toilet. I think sea creatures are probably already pissed off enough with pollution as it already is, let alone without accidentally eating your nasty used condoms because they're mistaken for a beige jellyfish.

## Date people who give a shit.

One of my friends says that if all women stopped having sex until the climate crisis was solved; it would be solved immediately (I hate to think she's right). There's nothing more attractive than someone who picks up litter from the street, recycles correctly, or goes to climate strikes. Dump the climate deniers and hyperconsumerists and choose the climate cuties instead.

Note: I absolutely draw the line at sustainability when it compromises health (like how disposable face masks are essential in a pandemic). If there are things suggestions here that would negatively impact your health, don't feel pressured to follow them! Sex is also one time where you can forget about the state of the world for a moment, so please don't let worrying over the environment dampen that.



# Sex toy reviews—again (and again).

Craccum's favourite job perk is back and ready to deliver you our most exciting review section yet. A special thanks to Lovehoney for putting the cum in Craccum, get your 20% discount when you sign up to UNiDAYS today!



## WeVibe Touch X

TWO BOOBS JOHNSON

When the call went out for vibrator test subjects, a guy I was in a situationship with at the time insisted that I get amongst. He claimed that (as a vibrator virgin) I was missing out on something he assured me would 'blow my mind,' and as much as I hate to admit it, he was right.

While it wasn't quite as quiet as I'd hoped, the TouchX's eight intensity levels and seven patterns of vibration made it worth the risk of being heard. Being a newbie, I found myself leaning towards the standard vibration mode. Anything above the second level poses a pretty substantial threat of being audible through thin walls but rest assured, the next time I'm home alone I'll be pushing eight.

Its little satin bag and distinctly non-phallic design make owning a sex toy feel less seedy and more classy; an it-girl approach to jerkin' it. Honestly, I really like this toy and if a complete vibrator novice can make it work on her first try, imagine the potential for those who actually know what they're doing.

7/10



## Lovehoney Deluxe Wand

GEORGINA BROOKER

As an "illustrious" girlie who keeps a "wank bank" in the notes app, I was hopeful that this little baby would send the May self-love count skyrocketing.

First thing to note: this toy is the size of a small child. Good news? Provided you don't use it with an unwrapped willy, it's not going to be a placeholder until you're holding a real one.

It wasn't a super quiet run. There's one specific vibration mode that sounds like you're blasting Formula 1 on TV. Luckily, my flatmates were off at church—I think it's a nice sentiment that we both saw god that night. I finished the race with multiple orgasms #slay. I'd imagine this wand would be great for partner play, but I actually just called it quits on my situationship.

Downsides? The head was a little too big. Also, it isn't removable, which makes cleaning a bit of a pain. Still, this darling came with better head than any man has xx

8/10



## We-Vibe X Lovehoney Nova 2 App Controlled Rechargeable Rabbit Vibrator

FIONA FEMCEL

Tinder. Hinge. Bumble. Grindr. Childhood friends. Mediaeval courtship. Selling my hand in marriage. Fanfiction. Being preyed upon as a preteen on Omegle. Applying for Married at First Sight. Sugar daddies of questionable profile pic validity. None have provided me the level of pleasure that the Nova 2 has achieved. Never have I had such a strong, healthy, communicative relationship as the one I share with the Nova 2.

Neither myself nor my flatmates would conclude that my new best friend is at all quiet—especially when I started to play around with my favourite feature, the app. The We-Vibe app works a lot like Spotify, allowing you or others to pair any of their range of toys to your phone and curate playlists of vibrations. The only improvement would be a Wrapped feature, but it's still early days.

Not at all discrete, but certainly quieter than any man and lasts much longer. Bury me with my Nova 2.

11/10



## Lovehoney Mantric Rechargeable G-Spot Vibrator

DISCOWANKPARTY123

First of all; when did they start making vibrators so goddamn pretty?? She's sleek, cute and pink—plus she has moodring-esque lights that change with not one, not two but EIGHT settings. Shit'll have you feeling like you're throwing yourself your very own disco-wank party!

Despite its underwhelming stature (an initial worry upon unboxing), this vibrator really delivered on efficiency and reminded me; it's okay to enjoy the little things in life! In short, it gets the fucking job done. Given the approaching deadlines of the semester, it's nice to know Lovehoney guarantees a way to release exam szn frustration fast (so you can get back to revising like the pitiful little nerd you are). In all honesty, I didn't get around to trialling all 8 settings (a further testament to said efficiency) but the three I test-ran were *highly* satisfactory.

A special shout-out to the fact she's not too loud—if your walls are thin, you can get off whilst sparing your flatmates the knowledge of what you're up to.

9/10





### Lovehoney Sensual Glass Curved Beaded Dildo

CORPORAL CUNT

This toy is not only beautiful, but functional too: it is incredibly sturdy despite being made of glass (so no, it won't break), and is fantastic for temperature play. Putting it in the fridge for an hour or so leaves it nice and cool and your skin tingling when it brushes over it. Alternatively, you can leave it in a bowl of semi-hot water to warm it up, making it great for a sensual body massage: I tried both of these with my partner and she loved them, but I admit it might be tricky to do solo. In terms of penetration it requires a slow pace and small movements given its rigidity, but this can still be a fun time for someone who is fine with smaller sizes; it's not very big, so not the best for any size queens out there like my gf. It is just the right size for putting in someone and eating them out while it's inside, just make sure you put a towel down if you don't want to be sleeping in a wet patch after!

9/10



### Fifty Shades of Grey Anticipation Faux Leather Collar & Lead

SERGEANT SQUIRTS

Whether you're looking to boss someone around or to be bossed around, the collar and leash provides a world filled with authority, closeness and a slight bit of chafing. The quality of this black leather would leave even a rockstar jealous, though flipping this reversible collar over to the "red roses" side makes you wish the design team had someone on it other than a bunch of wine mums with unfulfilling sex lives.

If you are on the smaller side, you will unfortunately have to poke holes into something other than your partner for the night. The strap to secure the collar was a bit long, so a bit of kiwi ingenuity came in handy to remedy this minor issue. All in all, another beautiful piece has been added to my collection, a perfect piece for anyone wanting to test the waters of the kink lifestyle.

8/10



### Lovehoney Jessica Rabbit Vibrator

DILL DOE

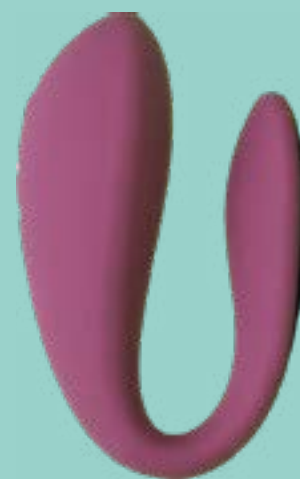
The Lovehoney Jessica Rabbit Vibrator, a delight for your weary downstairs muscles and your not-so-weary imagination. It penetrates and stimulates your clit at the same time, a two for one punch to the gut. :P With its jiggling and wiggling antics, it kind of feels really good.

But let's not judge a bunny by its jiggles alone. Let's talk about its appearance, shall we? The Jessica Rabbit looks like the result of a wild night out in the toy factory. The truth is, I'd never seen anything like it before. At first glance, this contraption resembles a cross between a rabbit, a disco ball, and your mum.

And let's not forget about the (not so) delightful sound effects that accompany this magical journey. I must admit, the Rabbit is not your average decibel-deficient contraption when the vibration is turned on, and I would be wary of anyone's home.

Overall, I'd say the vibrator was a mild hit, although it's funny looking and I personally could not get past that.

7/10



### Lovehoney mon ami Wearable Couple's Massager

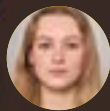
THE GHOST OF ORGASMS PAST

This is a couples massager and despite being in a couple I found it difficult to make it work. Maybe this shape just doesn't work for us. It's labelled as hands free but it's definitely difficult to keep in place without holding and readjusting regularly. Though I consider myself considerably flexible, enough to enjoy most positions; this toy just didn't work in a single position for more than 5 minutes at a time. My boyfriend was able to finish but I personally just gave up.

The settings are really great though and the modes are perfect. I'd use it on my own for a certain fixation but it'll definitely be handheld in that case. The third mode was our favourite. If you ignore the part where you clumsily hold it in place, it really does do the trick. Though when it comes to enjoyment I'd like a little more than just doing the trick. Overall: it works for just me, it works for just him, but together it just doesn't. And I think that was supposed to be the point.

4/10

# Sex and Insecurities



AYLA YEOMAN

## How your insecurities can impact your sex life

Are they looking at my chubby belly? Am I too hairy? Does my weight turn them off? What if I can't get it up? What if they think my flat chest or flat butt is weird? I don't have a thigh gap. Is that ok? What if they find it gross? What if they think my dick is small? What if I can't figure out what hole to put it in? Are they looking at my stretch marks?

These are some of the questions we often ask ourselves leading up to sex. Being so vulnerable and showing *all* of ourselves is so intimidating. When it comes to sex, to get the full experience, you have to feel comfortable being naked with the other person. I know, common sense, right? But being this vulnerable is really hard when you don't fully accept your body or if there are things you'd like to change.

From Barbie dolls to superheroes, these popular figurines have shown us what we ought to look like—and it's unrealistic. How many people do you know that actually looks like a Barbie doll with long skinny legs, big boobs, skinny waist and flawless skin? And how many people do you know actually look like a superhero with huge muscles and perfectly toned abs?

Everyone has their insecurities, and when it comes to sex, these insecurities can make things more difficult.

Being insecure about your body when it comes to sex is completely natural. These insecurities can get overwhelming sometimes. It can cause us to avoid vulnerability and make moments of intimacy uncomfortable.

Firstly, under no circumstance should the person you are sleeping with make you feel insecure or uncomfortable. To have the best experience, feeling comfortable and safe with your partner and being fully vulnerable with them can increase your pleasure, arousal as well as the chance of having an orgasm. Being comfortable with your partner can allow you to have fun and enjoy yourself. Remember, sex is supposed to be fun and enjoyable. You shouldn't feel ashamed or anxious.

The best thing to do when your insecurity is affecting your ability to have sex or be fully present is to talk to someone about it. Talk to someone you feel safe with. If you talk to your friends about it, they may reassure you and share their own insecurities. If you talk to your partner about it, they may tell

you that it doesn't bother them or that they never even noticed your insecurity. If you speak to someone about how these insecurities are affecting your sex life, then you may be able to find some clarity and/or someone to relate to.

Everyone looks different, which means it's impossible for everyone to fit into society's concept of the "perfect body". Your value doesn't come from the size of your boobs or the size of your dick. It doesn't come from how flat your stomach is or whether your muscles are toned.

There are Tiktok videos about why people go to the gym, saying they go to look good during sex. We are obsessed with the idea of looking good during sex. But here's the truth, sex isn't about your appearance. Yes, physical attraction plays a role in sexual arousal, but do you really want to change how you look for somebody to find you sexually attractive? If someone will only have sex with you if you look a certain way, ditch them. It's not worth it and won't help your insecurities. If anything, it will just strengthen your beliefs about how you need to change yourself for people to find you sexually attractive.



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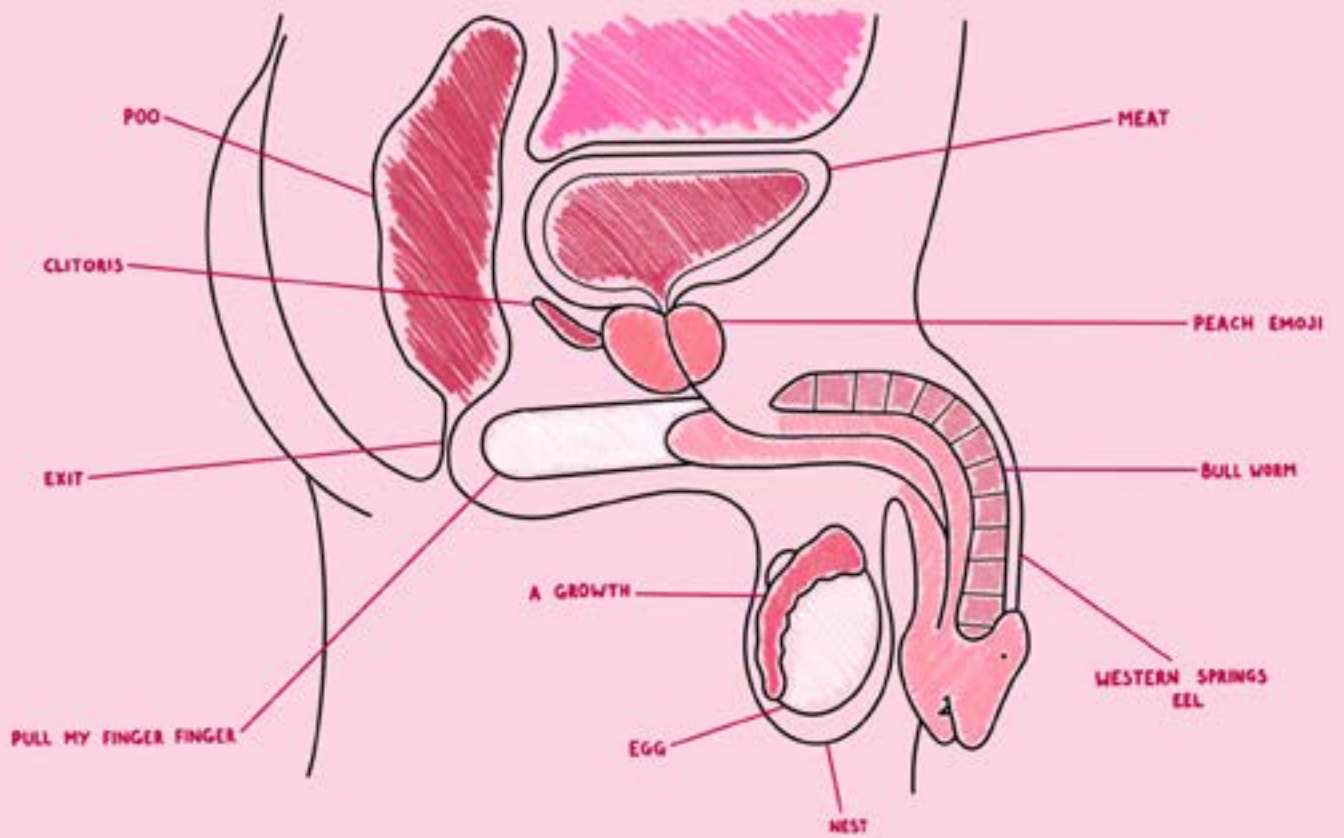
# BESS

REORIENTATION 2023



ORIENTATION.CO.NZ

## BASIC MALE ANATOMY





## BASIC FEMALE ANATOMY



# ARTISTS ON ARTISTS: EXHIBITING COMMUNITY

Exploring Connection With New Zealand's Top Artistic Talents



PARIS BLANCHFIELD

It's a frosty Wednesday night on Karangahape Road and the streets of Tāmaki are virtually empty, save for the few brave enough to face the winter chill. Despite the conditions, Studio One is buzzing with gallery-goers, each enduring the elements for a sneak peek at their newest exhibition; Artists on Artists. This opening feels different to most; warmer, more inviting and with a heightened sense of connection. Guests chat loudly over red peach pals, enthusiastically pouring over each work on display and snapping pictures on their phones. A gallery employee swans through the room with a film camera and guests plaster smiles on their faces before her lens. The energy alone is a feat from the Studio One team, who were able to remove the sombre mood commonly associated with art-world gatherings. Instead,

the space is alive, collaborative and absolutely buzzing with enthusiastic art lovers.

The idea behind the exhibition simply amplifies this sense of community; Artists on Artists is a group show, with each artist using another as inspiration for their work. After a successful first iteration in 2022, the project is back for round two with a new lineup of both established and emerging artists from all over Aotearoa.

To shed a little more light on the exhibition we posed a series of questions to two participants, Pam Brabants and Samson Dell, to understand their experiences and delve a little deeper into the nature of the exhibition.

## Did you feel comfortable being the subject of another artist's work?

**Pam:** Believe it or not, I had done some photographic modelling when I was young(er) so being photographed by Jessica Gurnsey was fun because she made it playful. At one point she was standing above me on one of my cabinets and asked me to pull a face. Of the two photos she selected, it was the face-pulling one she liked most. I could see why it was more interesting from a painter's viewpoint, but I was vainly nervous about the outcome.

**Samson:** I think for me that depends on the approach of the artist making the work. When Lindsey asked me about being a part of this show, I made it clear that I would be much more comfortable sitting for a portrait if the artist was queer themselves. I spent much of my

undergrad trying to document and represent my own queer identity, so making sure that the artist understood my identity felt like the bare minimum to build a relationship in which we could both see each other equally before making. Being paired with Ritchie Adamson was such a blessing, he brought such a kind and empathetic approach to this show and really made sure that I felt seen and heard throughout the time he spent painting. Considering it was my first time sitting for a painted portrait, it made me feel so comfortable.

## Love, actually

### A philosophical take on soulmates and such

Whether a cutie recently swiped up on your instagram story, you're in a happy relationship, or you're just a bit delulu (respectfully) watching soulmate tarot card readings on TikTok to manifest a campus crush as part of your night time routine; it is safe to say we have all been cheekily struck by cupid's arrow at some point in our lives.

Being in love can serve as a beautiful reminder of our vulnerable human nature, and make us giddy with excitement about what the future could hold for us. It allows us to feel at home in someone else's company and can make us feel a little less alone in this big scary world. But what does it *actually* mean to love and be loved?

In the *Symposium*, Plato presents love as a pursuit of wholeness.

He states that primal humans were created with one body and came in three genders; all-male, all-female and androgynous. On par with some of the scariest pools-of-sweat inducing summer nightmares, these humans were thought to be circular with two faces and eight limbs. They were



## What attributes about the artist you were paired with did you want to highlight through your work?

**Pam:** Ritchie has a sparky energy about him, but there's also a vulnerability too, almost shyness, which is very appealing. The shape and structure of his face is beautiful. He has unusual tattoos on his arms, which he designed. I wanted to hint at all of these things in his portrait. Painting is essentially a solitary task, an interior journey, which is why I chose to depict him with his eyes closed.

**Samson:** When Kiran and I caught up to make the work for this show we talked about how each other was feeling post finishing university and all of the changes and uncertainty that we were feeling at that moment. Kiran also talked about their experiences of being photographed for multitudes of student art projects in various facets

of their identity, particularly in relation to their drag work. We talked about what they felt was missing to them in terms of being represented and recorded. We then decided to make more relaxed portraits of them in their space during this time of change. I wanted to highlight this softer, gentle side of Kiran's life for them, which was something that also influenced the small-scale, delicate, final work - coffee-toned, hand-printed cyanotype.

## How did you feel about your own representation through another artist's work?

**Pam:** It was quite confronting at first, especially seeing the lines around my lips! But Jessica is super talented and I trusted her completely. I guess that's the thing I learned the most about being the subject of a work, how much you entrust a representation of yourself to someone else. I'm very happy with

the outcome and my friends love the vibrancy she's captured.

**Samson:** Asides from the things I mentioned before, being represented in someone else's art is such a treat. I think we rarely see ourselves from a perspective outside of a reflection or a selfie these days, and with so much pressure being put on the way that we curate this 'image' of ourselves, it is so liberating to be represented by an artist's style. For me, I wasn't super concerned with how Ritchie chose to paint me and in fact, really enjoyed seeing how he saw me in the final piece. The pink, and the gold frame seem so unlike the way I usually choose to present, but seeing myself in such a regal and campy manner was so fun and different.

*Artists on Artists runs from May 11th to June 8th at Studio One Toi Tū. Full artist Interviews can be found online on the Craccum Website.*

described as physically strong and fast, and habitually expressed their gratitude by giving gifts and other offerings to the Greek gods that had created them. But soon they started to conspire against the gods, and in an effort to limit their intemperance, the humans were made weaker by being split into two halves.

After being healed from the wounds of being split, they were moulded into the form we currently exist in. However, by being split in half, humans were left to run around the earth in search of their soulmates. When they were successful, they *"threw their arms around each other and intertwined them, desiring to grow together into one, dying of hunger and inactivity too because they were unwilling to do anything apart."*

Sigh. Sound familiar?

Thus, the creation of 'soulmates' was a consequence of a divine punishment, condemning us to spend the rest of our lives searching for our other halves. Almost makes the endless hours spent swiping on Tinder seem a little bit more justifiable and poetic : ' )

Apart from the musings of infamous ancient philosophers, the media also plays a big part in our perception of love. To some extent, the media is responsible for distorting the idea of what love should look like. From grand gestures of organised flash mobs at Grand Central

Station, to the little ones like tucking someone's hair behind their ears while longingly staring into their eyes — movies can set us up for having a few unrealistic expectations when it comes to love. Love is portrayed as a perfect connection that is reciprocated exactly how you want it, one that heals all your problems and promises to last forever to give you a dreamy happily ever after.

Similar to Plato's depiction of humans as being somewhat existentially wounded, modern day rom-coms often follow the same trope, and present love as the saving grace that will eternally heal us and make us feel whole again. While this take on love makes for a great plotline for a Hallmark Christmas movie, I think love is a bit more complicated than simply serving as cement to fill an empty space in an attempt to make it feel more complete.

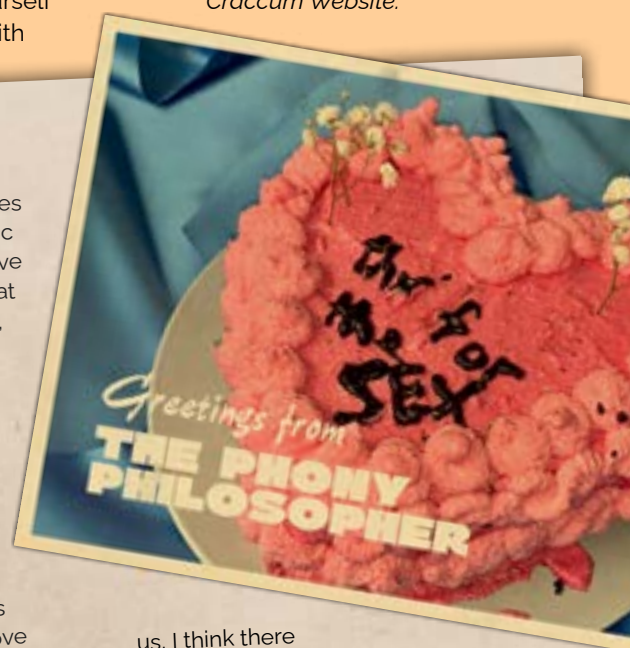
**Love is a mutual bond between two people built on the promise of care and support for one another, often unconditional, but is able to change in many different ways as the two change and grow.** Although far from the easy romances seen on the big screen, I think our yearning for love (even when imperfect), stems from the fact that it is fulfilling. Love provides security, comfort and even a sense of purpose in our lives. And while I am a bit sceptical of the idea of a 'perfect' person out there for all of

us, I think there are certain people you can form an almost divine bond with, whether romantic or platonic. These are the people who understand your unspoken words, who always seem to show up with a smile when the world seems to have turned its back on you, and the ones whose comfort you crave in a crowded room. And although love cannot magically make us feel complete or fix all our problems, I believe that it can certainly make them more bearable.

So enjoy the love if you are lucky enough to be surrounded by it and don't forget to remind those around you that you love them today <3

With love,

Zai :) xx



# Hot And Sexy Podcasts In Your Area Looking For Love <3



!CLICK HERE!



ABBY IRWIN-JONES

Following on from her hit with *BANG!*, writer Melody Thomas is back

hosting Stuff's latest podcast series *The Good Sex Project*, combining real people's sex stories with expert's advice to destigmatise conversations around pleasure, intimacy, and relationships. It's frank, funny, and reminiscent of group chat debriefs the next day—but with unbiased and actually sound advice. We picked Melody's brain for her (s)expertise:

## How did your podcast get started?

I learned so much over the course of *BANG!*, and I felt like I was starting to get an idea about some of the things standing in the way of good sex and love for so many people. I wanted to help people find the pathway through that: find everyday people willing to share their struggles and triumphs, then weave that together with expert advice.

## What has helped you to be able to embrace and feel comfortable talking about sex so openly? Was there an inciting moment for you?

Honestly I've always loved talking about this stuff, though when I was younger it was more for shock-value than anything else. And the conversations were always pretty superficial.

But I'm super comfortable now and I think that's just through talking to so many people about it. At the beginning I wasn't so relaxed. But then I interviewed so many more people, including my Mum and a childhood friend I'd played doctors and nurses with...and the shame and embarrassment just disappeared. Now talking about sex feels no different to talking about anything else.

## What advice would you give to people in the beginning stages of their sexual journeys?

I would say to try not to get too caught up in what you think other people are doing, or what you think *you're* meant to be doing. A lot of people seem to have interpreted sexual empowerment as being "up for it" always, but real sexual empowerment is so much more nuanced than that. I'd say to throw out the scripts that tell you heterosex happens in a certain order (making out, hand stuff, maybe oral, penetration, over) and instead ask "what are you into?" Think about your own answer, be non-judgemental about the other person's answer, and find the places you overlap. Nothing is compulsory—sex is whatever YOU want it to be.

## How can one find their 'voice' in bed?

It's so difficult! Some of 'finding your voice' just comes with age and experience, and you'll get better at it with time. But it's never too early to start thinking about what you're into (you've got no chance of advocating for yourself if you don't even know what you like!) A lot of figuring out what you like just comes with the trial and error of sleeping with people, but you can learn a lot about what kind of touch your body responds to on your own, through masturbation.

And you can practice asserting yourself in non-sexual situations! Tell the barista they got your

coffee order wrong, or send back the meal that wasn't cooked properly! A little practice here will naturally roll over into your sex life.

## What do you think about hookup culture? Do you think young people's perceptions of sex are moving in the right direction?

I think hookup culture is missing a lot of really important conversations around pleasure, consent, gender expectations and safety. I think the core idea of hookup culture, that casual hookups are all good and you don't need an emotional connection to enjoy sex, is fine and will work for some people. But I also think a lot of people interpret "no emotions" as being no effort and no care required for the other person, and that's a recipe for disaster.

Re: young people's perceptions of sex—on one hand, there's so many more great conversations these days about consent, body positivity, gender, sexuality, feminism...all that stuff, which basically didn't exist when I was young. But I also didn't have to deal with the effects of mainstream, free pornography standing in for sex education! So maybe we started off in the right direction, but we missed a few steps...and we need to go back and fill in the missing bits...And *then* we'll be on the right track!

## A surprising sex fact?

Did you know the 'little button' we think is the clitoris is just the tip of the iceberg? The actual clitoris is 8-10 cm long and mostly internal, with legs and bulbs that wrap around the vagina. We say 'penis and vagina' but actually it's the clitoris that's the biological equivalent of the penis. And just like with a penis, most people with clitorises require fairly constant stimulation to the clit to reach orgasm.





# The Undeniable Humanity of Awkward Sex Scenes

Lust, Girls and The Nature of Weird Sex

We may not like to admit it, but there are aspects of sex that are inherently awkward. The wriggling out of tight jeans followed by the shuffling off of underwear under covers. The silent pause when neither partner can get the condom on quite right. The post-coital teeter to the bathroom with aggressively clenched thighs. These experiences are universal, they're uncomfortable and they're incredibly human. So why don't we see them in mainstream media?



avail. As he showed me out that night I thought back to Mila Kunis and Natalie Portman in *Black Swan*, Leonardo di Caprio and Kate Winslet in *Titanic* and, dare I say, Robert Pattinson and Kristen Stewart in *Twilight*, *Breaking Dawn*. Every movement of theirs had been intentional, passionate, perfectly executed. We, on the other hand, had been a fumbling entanglement of limbs.

I've seen a lot of trashy television and movies. The type where couples throw each other against the walls of their apartment, leaving behind a trail of popped buttons, smashed decor and ripped-up shirts. Very few even make it to the bedroom, instead opting for locations like the dining room table or tiled kitchen floor. They never seemed to mind the lack of tailbone cushioning or the cold feeling of linoleum on their bare skin. None of that matters. Not when you're taken over by such a primal urge. I remember thinking this was just standard pre-sex behaviour; each party undergoing some kind of lycanthropic transformation in the heat of the moment. I imagined my first time would be much the same and when it wasn't, I was left wondering what I'd done wrong. I mean, If he *really* liked me, my favourite shirt wouldn't still be intact, right?

The experience was unremarkable, as most first-times are. There were uncomfortable pauses, strange sounds and moments where

I was painstakingly aware of how unflattering my body positioning was. I remember spending the majority of the encounter just trying to get into the same rhythm, and for the most part, it was to no

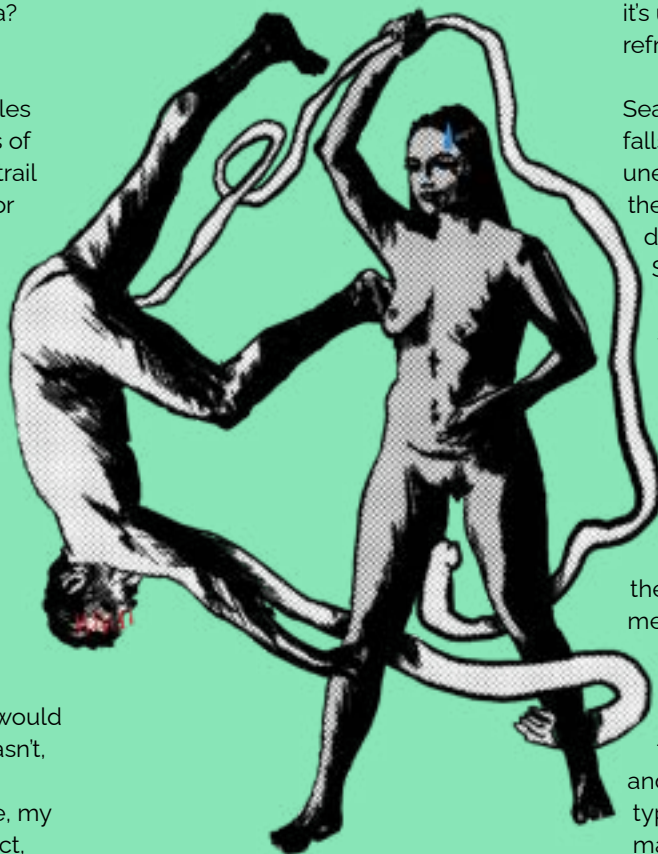
While I've had some *much* better experiences since then, most have still been punctuated by awkward little moments. I don't think this is a bad thing, it's really just the nature of the beast. However, it's not something we're likely to see reflected on screen. It wasn't until this year that I actually saw it done right and for that, I have to credit *Girls*. Those familiar with Lena Dunham's work will know that she's

no stranger to casting her characters in an unflattering light.

Granted, it can make for some pretty unlikable figures, but it also makes for some incredibly human sex scenes. Just think of the pilot episode; the image of Hannah desperately trying to rip off her tights, the muddled position readjustments, the way she asks whether Adam's mad at her while he's literally inside her. It's weird, it's uncomfortable and honestly, it's refreshingly normal.

Season Five, Episode Seven. Dill falls asleep while giving Elijah an unenthusiastic blowjob, highlighting the often-disappointing nature of drunk sex. Season Three, Episode Six. Ray sheepishly tells a very passive Marnie that he thinks "he slipped out." Season Three, Episode Ten. Hannah's attempt at roleplay becomes confused, prompting Adam to tell her "it doesn't make any fuckin' narrative sense."

These depictions of weird sex are so effective at normalising the awkward bits that mainstream media loves to ignore. Sure, they may not be as *traditionally* romantic, but isn't real intimacy feeling comfortable enough to have these embarrassing little moments and just carry on? The nature of typical Hollywood-esque depictions makes the act seem less human. They prioritise aesthetics over all else, forgoing the sense of connection that often underpins our desire to sleep with each other. Conversely, awkward sex scenes are raw, they're authentic and they demonstrate a genuine understanding of the human experience. In short, my point is this; though they really should, nobody makes sex scenes quite like Lena Dunham.





# Amanda's Book Corner

## SMUT ENTERTAINMENT

Let's find the (c)lit for you! Tag yourself as a popular fanfiction trope for a personalised book recommendation:



AMANDA JOSHUA

### Enemies to Lovers Trope

- you just wanna be thrown around a little
- you've definitely read a few Harry x Draco fanfics in your time
- a fierce debate on diametrically opposing worldviews just sounds like foreplay to you
- you fuck with Hozier

### Oh no, the hotel room only has one bed trope

- a tad sexually repressed (you need an excuse to be slutty)
- the physical embodiment of this emoji: 🤔👉
- your anthem is 'Bottom Bitch' by Doja Cat
- big fan of forced proximity; is there sexual chemistry or are u just in an elevator together?

### Slow Burn

- you want to work for it; you'd happily read 16 chapters to get to that good shit
- Mulder & Scully from 'The X-Files' have your heart
- you're the type of person to type 'stable loving relationship' into the pornhub search bar
- you have a fondness for the friends to lovers trope (u need to stop fucking the people in ur friendgroup)

### Some sort of weird sex slave situation

- it was 1D fanfiction, wasn't it?
- you used to watch Louis x Harry compilations on YouTube
- you would not be averse to a little BDSM in ur downtime
- you have a monologue on how 'Watermelon Sugar' by Harry Styles is about the female orgasm



If you're big into the **enemies to lovers** trope, might I suggest: **North and South by Elizabeth Gaskell**. Perfect for those nights you want sardonic, intricate prose (but don't feel like rereading *Pride and Prejudice* for the 500th time). You get a real kick out of fictional couples when you have to question whether they despise each other, or just want to rip each other's clothes off—so this should be right up your alley! The great North/South divide in 1885 England means the characters have differing views on religion, economics and politics; the only thing they really have in common is being horny little Victorian freaks. Gaskell does longing and passion very well, weaving in themes of modernity versus tradition and questioning people's capacity for change. Ultimately it's the whole 'no difference is great enough to stop love' storyline (but you like that simp shit, don't you?)

#### A few salacious quotes for ya:

*"I know you despise me; allow me to say, it is only because you do not understand me."*

*"He could not forget the touch of her arms around his neck. He shrank from hearing Margaret's very name mentioned; he, while he was jealous of her - while he renounced her - he loved her sorely, in spite of himself."*



If you like a little **shared bed action**, **Milk Fed by Melissa Broder** is the book for you! Stop daydreaming about getting stuck in an elevator with your crush and just ask them out already! And you don't need an excuse to be slutty. Ever. What better book to help you overcome some of that sexual neurosis than one with profound lines like: *"I didn't like myself enough to suck my own tits but I hoped to one day get there"??* Broder does a deep dive into female appetite: physical hunger, sexual desire and all the things we often feel we need to deprive ourselves of. The novel feels no reservations about being real (grossly so) but this merely serves as a vehicle for plenty of tender, funny moments. It forces the reader to question; 'What am I being fed? Do I deserve to want more?'

*TW for the main character's eating disorder; the novel describes her issues with food in pretty graphic detail and follows her road to recovery (pls feed yourselves well, kiddos).*

#### Some cheeky quotes:

*"I felt that our kissing could sustain the ritual of women loving women for eons to come."*

*"There was a love that had always existed between women. It would continue to exist. We were propagating that love. It was radiating out of my apartment windows, through the city, across the canyons, over the hills, and into the night sky."*

If you're into **slow burn**, I recommend **Sense and Sensibility by Jane Austen!**

As the OG friends to lovers classic, the book highlights the softness and trust that comes with being with someone you share true friendship with—opposed to the rough'n'tumble highs and lows of a passionate situationship. As a wise woman (Taylor Swift) once said *"I once believed love would be burning red, but it's golden"*. Austen lays bare the love lives of two sisters (Marianne is your friend who calls you crying every week about whatever her shitty boyfriend did this time, Elinor actually has good taste in men). Whilst Marianne's storyline is more about identifying red flags early on in a relationship (before he runs off and marries someone else for their inheritance), the meaningful and steady development of the relationship between Elinor and Edward will satisfy all your slow-burn cravings. Nothing good ever came easy—or quick ;) and these two are a testament to the ideal.

#### Quotes to whet that appetite:

*"The longer they were together the more doubtful seemed the nature of his regard, and sometimes for a few painful minutes she believed it to be no more than friendship. So she told herself likewise not to hope. But it was too late. Hope had already entered"*

*"I come here with no expectations, only to profess, now that I am at liberty to do so, that my heart is and always will be...yours."*

And finally, if you are the fourth trope (**you little freak**, you!) I insist upon **Call Me By Your Name by Andre Aciman**. The book is so much better than the movie—No, listen: the BOOK is SO MUCH BETTER than the movie!! Aciman's writing drips with that teen longing and angst only readers of 1D fanfiction could enjoy! His language is gorgeous, raw—and a little freaky (but I know you like it that way). Though the novel primarily follows the summertime romance between Elio and Oliver, it also commentates on how a meaningful experience can stay with you for a lifetime. As Elio remarks *"He came. He left. Nothing else had changed. I had not changed. The world hadn't changed. Yet nothing would be the same. We had the stars, him and I. And that was only given once"*. As with any cumming of age classic, the novel is full of sloppy teen mistakes, pining, and sex scenes fit only for the bravest of hearts! Happy reading!

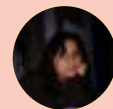
#### Peachy-licious quotes:

*"If I could have him like this in my dreams every night of my life, I'd stake my entire life on dreams and be done with the rest."*

*"I never had what you had. Something always held me back or stood in the way. Remember, our hearts and our bodies are given to us only once. Right now there's sorrow. I don't envy the pain. But I envy you the pain of a good love."*



# Swipe Right for Satire



HIWA PIAHANA

Hookup culture, the type of romance that broke its way into every generation since that one decade where bell bottoms weren't vintage. The gradual but eventual success in adopting the title the 'killer of the old fashioned type of love' and a rising cause for development in the contraceptive realm. It could be said that hook up culture stole the love scene but with the opinions of the current generation, it's better put as a disease that has finally infected the entire decade. Shockingly but unsurprisingly, *gentlemen x gentlewomen x a bouquet of flowers* is all that Gen Z is looking for. So is hookup culture having its last hoorah?

Hookup culture emerged from a wild blend of historical and cultural influences. The sexual revolution of the '60s set the stage for sexual exploration without the shackles of commitment. Combine that with modern contraception methods and the digital dating revolution, and voila! The perfect recipe for a culture that thrives on the no-strings-attached experience. Motivations for diving headfirst into the seductive world of hookups vary from thrill-seeking and curiosity to keeping up with the Joneses or satisfying primal urges, whatever that means.

Despite the casualness of hookup culture nowadays and the lack of ambiguity when it comes to getting it down with a random on a night out—behind the unpretentious facade of hookup culture lie hidden complications. Emotional detachment, blurred lines between casual and intimate relationships, and the possibility of ending up with a cold, ouchie heart are genuine concerns. Critics argue that these casual escapades can leave individuals feeling unfulfilled, lonelier than usual, or even emotionally scarred. And let's not forget the alarming increase in STIs and surprise pregnancies that come as souvenirs from these encounters. (Gentle reminder, safety first)

Now, brace yourself for a double whammy of gender inequality. While guys might receive a casual pat on the back for their conquests, women often face societal repercussions and get labelled faster than it takes the guy to finish. Talk about passive unfairness. To make matters worse, the pressure to live up to societal expectations of beauty and sexual prowess can turn anyone into a self-esteem baddie battling body image concerns.

There is also the matter of the rise of the swipe.

Ah, the swipe—a simple flick of the finger that holds the potential for both excitement and disappointment. In the realm of hookup culture, dating apps have become the hunting grounds for prospective partners. With profile pictures and witty bios, users navigate through a sea of potential mates like sailors on a treacherous voyage. It's like window shopping for relationships, where we judge potential partners based on their choice of selfie filters and ability to write a non-cringe bio. For years of being underage with of-age friends (probably like two years, quite long) I had the humble experience of swiping my way through Tinder and Grindr for those of my precious companions who couldn't bear to swipe any longer. Maybe it was the desperation tinted profiles that would pop up, maybe it was the gradual lowering of their bar to the point where they regretted their entire presence in the universe. Whatever it was, it was my job to decide who was sliding into my bestie this week. If I'm going to be honest, it wasn't the best job ever, it could even be considered degrading to me (not kink shaming btw). Your entire sexual worth was defined by the progression of images in your profile lineup and the few sentences you could fit into your bio.

**No thanks xoxo.**



Finally to address post matching syndrome. Where one matches with a complete stranger and the now determined process leading up to a make out sesh? Sex? And obviously, the aftermath of that encounter.

## ***Behold the art of ghosting.***

In the age of hookup culture, disappearing acts have become the ultimate magic trick. Ghosting, the act of suddenly ceasing all communication with someone you've been seeing, has reached legendary status. It's the modern-day equivalent of vanishing into thin air, leaving the other person bewildered and wondering if they've stumbled upon a parallel universe where courtesy and basic human decency no longer exist. Who needs closure when you can simply unexist yourself?

## ***Casual encounters***

The awkward dance between two strangers who have decided to throw caution to the wind and engage in a night of passion. From fumbling attempts at removing clothing to ill-timed bursts of laughter, the comedic potential of these encounters knows no bounds. It's like a slapstick routine performed by two people desperately trying to find pleasure while simultaneously avoiding eye contact. If only life had a laugh track to accompany these moments of unadulterated hilarity.

## ***And finally, the Chronicles of the Morning After.***

As the sun rises on the aftermath of a hookup, the comedies of errors continue. Awkward small talk, misplaced belongings, and desperate searches for a quick exit—these are the hallmarks of the morning after. It's a battlefield of misplaced socks, hair tangles, and regretful glances. But amidst the chaos, there's room for laughter. After all, what better way to cope with the messiness of life than by embracing its absurdity?

Now for a societal earthquake of extreme proportions, hookup culture has the potential to shift the very foundations of commitment and traditional relationships. With casual encounters becoming the norm, long-term commitments and emotional intimacy might be left collecting dust on the relationship clearance rack. Are we witnessing the decline of happily-ever-afters? Only time will tell.

But hey, education and consent seem to moralise this narrative. Empowering individuals with comprehension regarding sexual health, communication, and consent. Let's create a world where people can embrace their desires while also ensuring emotional and physical well-being.

I'd say easier said than done with a high rise in sneaky links and a steady decline in devoted relationships. And this generation seems to be growing a longing for the window serenades type beat and 2am conversation on existentialism clearly leading to the romantic character arc. The movie type of love, the 50 first dates, the 10 things I hate about you. All in all, that brings us to the atypical climax in the rising statistics regarding romance in the entertainment industry. As a fellow Colleen Hoover hater, (she commits crimes with those books I swear to god), it is still a fact that her collections of romance novels grow more and more popular among young women. The teenage romance movies that are steadily released have an audience of their own as well. It can be evidently noted that women are escapees of this world to another and their dire longing for that picturesque romance drags them through hopeless romantic fiction and implications of romantic possibility in the real world.

So to hookup culture we say let it die, let it die, let it shrivel up and die. And make way for the awaited era of real love. Or at least that's what the majority of Gen Z want to say.



# What does your Pornhub search category say about you?



A magazine with 'cum' in its name would never yuck your yum... We'd just like to ruminate on what kind of person you are based on that saucy search history:



AMANDA JOSHUA

## Hentai

You appreciate fine artistry. Just kidding! You grew up on cartoons and anime and the real world has disappointed you (you're devastated real tits don't look like that). You're a dreamer (you want to fuck a dragon) and goddamnit sometimes you just want to come home from work and see Peter Griffin getting pegged by Marge Simpson! You've never had a human girlfriend but you definitely own one of those body pillows with the anime girl printed on it. And a katana.

## Teen/ 18

Your first girlfriend broke your heart and that has more or less become the defining trait of your personality. You don't want people to know you suck in bed so the more inexperienced they are; the better!! (If you are over 21 and still searching this, it's giving

💎pedophilia💎 talk to a therapist💎💎💎)

## Recommended

It's been a while and you really just need to bust one out so you can get back to that 4500 word Legal History assignment. It's either that or you're on here too often homie—just how much porn are you watching for Pornhub to have developed an algorithm to cater specifically to your needs?



## Threesome/ Gangbang

You believe in teamwork! You are really good at multi-tasking and like Tinkerbell; you will literally die if you are not the centre of attention. Or maybe you're one of the few people who do like group work at uni (aka letting someone else do all of it). You took it to heart when Nicki Minaj said "I just sit back and observe".

## Interracial

Okay Martin Luther King!! He had a dream and so do you! That one day people will be judged, not by the colour of their skin, but by how good they are in bed! You are either all for diversity or fetishizing people of colour. If you've ever said something along the lines of 'How can I be racist, my partner is literally \_\_\_\_\_' boy do I have some bad news for you...

## Lesbian

You're either a queer woman, a straight woman trying to picture sleeping with someone who can find the clit, or that weird dude who says 'that's hot' when you tell him you're bi.

## Milf

I'm not saying you have mommy issues. I'm just saying you want someone to bake you cookies and tuck you in at night (I hope you're okay). You say shit like 'I like my women like fine, aged wine' but really—you only buy \$8 rosé, you don't even like wine that much and you just want someone to tell you what to fucking do!

## BDSM

Life rails the shit out of you on the regular so you like it a little rough! Plus it's all about balance; you want to command respect in the workplace and be violently disrespected in the bedroom. Or perhaps you're just tired—you're on top of work, uni and family responsibilities, and now: your hands are tied (pun intended); you can finally let someone else put in some of the legwork.

## Porn with plot

You want to see some ass (with a side of character development)! You want to be both emotionally and physically invested in the porn you engage with, so is it too much to ask for some damn verisimilitude? What's the backstory with these two? Are they in love? Did he ever get around to actually delivering her pizza?? Unfortunately, you're asking questions this website simply cannot answer. Time to hop back onto Netflix and rewatch Bridgerton.



**HAPPY WATCHING! AND WHATEVER THE CATEGORY; MAY YOUR SEARCHES ALWAYS BE FRUITFUL!!**



# SHOVE IT UP YOUR ARSE!



A terrifying list of makeshift sex toys.

Everybody knows that your arse is sensitive, in more ways than one. Playing with it is only a natural progression of sexual exploration which frankly more people should embrace. But fear not, if your student bank account is fucking you daily, makeshift alternatives to high quality sex toys present a strong and hole-filling alternative. **Disclaimer, this list is satire and generally not safe for work OR home life.** If you want to explore anal play, do so safely and respect your body. Use condoms liberally! That being said, let's lube up and sit down on the topic at hand.



## Vegetables

A traditional and only mildly controversial option, popping a vege in the wrong end is a great starting point for your average confused teenager. Just steer clear of dirty, sharp, or otherwise illogical vegetable choices. Not every hole is at cucumber level on their first try, maybe start with some baby carrots or the incredible power of a delicious King Sweeties capsicum. **Be food safe at all times. 7/10**



## Brush Handles

Another go to from the household artillery, a toothbrush or other brush handle is notorious amongst both the sexually frustrated and the low budget warriors. A word of warning, these handles can be sharp, thin and extremely rigid—making for a low scoring experience. Seriously, if it comes down to this or other options, I'd recommend the other. **Steer clear if you respect yourself and your wider handle hygiene. 4/10**



## Assorted small and round objects

You play a dangerous game, my friend. Lacking a flared base is a major no-no for arse play. The Auckland DHB does not want to be fishing golf balls out of you like the pond at your local mini golf. Your arse is a sanctuary which deserves better than a garden of ping pong paraphernalia. **Explore other options before risking this one. 1/10**



## Fingers

Why not keep it analogue with God's gift to self pleasure. The wonder of a

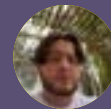
finger (or two, or five...) is something you should not pass up. Why go through the hassle of sourcing nefarious options to fill your orifices, when you've got all the tools in your hands—literally! Pop a finger up there and experience the wonder of self exploration and intimacy. Hell, even try it with a consenting partner! **Don't be afraid of tradition. 9/10**

## Another person!

Can you really beat the excitement of shared pleasure? I don't think you can. If you really want to spice up your sexual exploration, why not make it a group project. Getting another person inside you can be great for trust, emotional stimulation, and getting ideas from someone else. The possibilities are endless. From fingers to full on fucking, teamwork can make your latest sex dream work.

**Consent and communication are sexy! 10/10**

From your local butt stuff boss and titillation tutor,



TIM EVANS (HE/THEY)





# top ten

with Annabel and Callum

May 24, 2023

1. CINDY - Best Part [NZ]
2. The Sour - Drinking On A Sunday [NZ]
3. D.C. Maxwell - The Leading Man [NZ]
4. Jazmine Mary - Wet Mouth [NZ]
5. Ringlets - I Used To Paint [NZ]
6. Caru - OUTLAW [NZ]
7. Jujulipps - Saucy [NZ]
8. Fable - Popstar in Manix [NZ]
9. Totems - devilman69 [NZ]
10. Hemi Hemingway - Green Envy [NZ]

Text VOTE with your choice to 5295 or visit 95bFM.com/vote  
The 95bFM Top Ten with Annabel & Callum, Wednesday's from 7PM

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Visit <https://95bfm.com/news/volunteer-at-95bfm>



# Puzzles

## For Craccum's Sexiest puzzlers.

UVO  
IKOCPTXDS  
WQHYVBNSUFAN  
SEGBRYGISPBTPQZCL  
SALPZAMAZONVJMKWJVO  
LWMDIGTSZOYMAXRHTRIES  
KPUAPMCWNVIKSWYIZZEEP  
QYASRD JSCPA BBRNDL  
BFNBCZ SXJJS UYOINB  
DWLOTUSKBIJWLTNSWYUVNNAIF  
OBWQPILJORTUORYGZIFKCYQYS  
BSHESLRNDWKEIJJIYLFRETTUBN  
SCBALIUAXEAKKSFFGWVCUAXZPBA  
LAAFGRJRZVZSYGGODOWYQLUIZFUY  
GIGZAYTPCKEZZSOLVTXOFAISGZXX  
NKSE XJIWEXEISWNCQCC FCTA  
XIIW AXDSAOZVRAQUN LFEM  
YYNKG MELTNTHFTAO GQRKJ  
POEMN KVIFB  
QRCELI FLANUW  
YSBUQDIFDRAUGVZYLLGLT  
KBQFQCNKSCISSORSXRGSQ  
FAKROKAJQYJRYRLEVOX  
VHFBVPTIFYACTVNFZ  
AQQXFSNHFRITW  
LXVZJARDI  
HFB

DOG  
STAND  
GUARD  
BUTTERFLY  
AMAZON  
DIVER  
SEESAW

COWGIRL  
ORAL  
SJNNER  
SAJNT  
AERIAL  
QUEENING  
EAGLE

MISSIONARY  
SPOON  
CRADLE  
LOTUS  
SCISSORS  
CLIFF  
SIXTYNINE

### WORD WHEEL

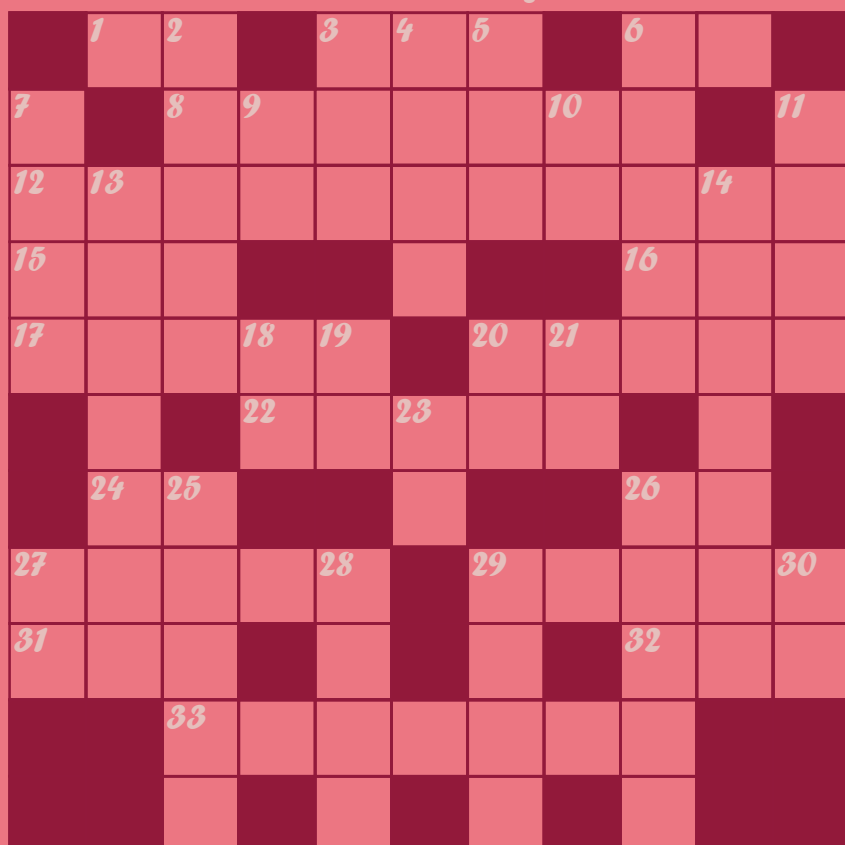


- 10-Crywank
- 15-Mediocre hookup
- 20-Respectable cum
- 25-Solid sex
- 30-So good you cant think



## Across

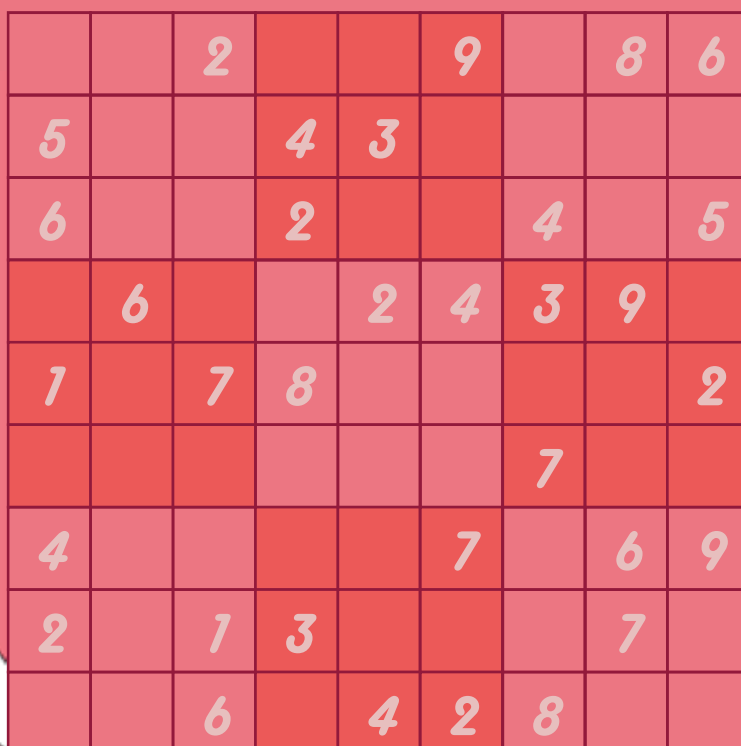
- 1 \_\_\_\_ and Mrs  
3 Spider's home  
6 Investigator  
8 Compatibility device  
12 Stupefying  
15 Prevaricate  
16 Ice Hockey League  
17 Bricklayer  
20 In a fitting way  
22 Finnish teck giant  
24 Wants to phone home  
26 Opposite of she?  
27 "\_\_\_\_ or lose it"  
29 Crouch down  
31 This issue's theme  
32 Full-contact sport  
33 For the Guacamole?



xoxo

## Down

- 2 House Charge (Council)  
3 Pale  
4 Monumental  
5 "Dynamite" K-Pop group  
6 Publish  
7 Ointment  
9 Act  
10 AH  
11 Like the duckling?  
13 Like the cats?  
14 Group in 16 Across  
18 Opposite of 19 Down  
19 Opposite of Yes  
20 ChatGPT, say  
21 Father  
23 Lose at 32 across, perhaps  
25 Houston Resident  
26 American Humour  
27 2019 Psychological Horror  
28 Horse's Gait  
29 What 11 Down became  
30 Lecturer's Assistant





# **Te Kōpū, Te Whaka Tamariki: The womb, the most cherished.**

In Māori culture, the womb holds a position of profound reverence and significance. It is not merely a physical vessel for human life but represents a sacred connection between generations. A source of strength and spiritual power. With deep-rooted beliefs and customs, the Māori people recognise the preciousness of the womb, valuing its role in sustaining life, preserving ancestral ties, and nurturing the future. In this article, we delve into the rich cultural tapestry of the Māori people and explore the deep respect and sanctity associated with the womb.

## **Whakapapa: The Genealogical Connection**

Whakapapa, meaning genealogy or ancestral lineage, lies at the core of Māori identity. It is through the womb that the whakapapa flows, connecting individuals to their ancestors, their lands, and the spiritual realm. Māori consider the womb as a gateway, a sacred channel that allows the passage of ancestral knowledge, wisdom, and spiritual essence from one generation to the next. The womb holds the potential to nurture and transmit the mauri (life force) that sustains the whakapapa.

## **Mana Wahine: The Power of Women**

In Māori culture, women hold a position of great respect and influence. They are seen as the carriers of life, embodying the sacred power of creation within their wombs. The concept of Mana Wahine recognizes the inherent strength and dignity of women, celebrating their roles as life givers, nurturers, and protectors of their communities. The womb is seen as a vessel of mana (power), connecting women to the divine feminine energy that permeates the Māori worldview.



HIWA PIAHANA

## **Rituals and Practices: Honoring the Womb**

Māori culture is rich in rituals and practices that acknowledge the sacredness of the womb. From preconception to pregnancy and childbirth, specific customs and protocols are followed to ensure the well-being of both the mother and the unborn child. Rongoā Māori, traditional Māori medicine, often incorporates herbal remedies and spiritual rituals to support fertility and the health of expectant mothers. Whānau and the wider community play a vital role in providing emotional and spiritual support throughout the journey.

## **Cultural Resilience and Revitalisation**

In recent years, there has been a renewed emphasis on revitalising and reclaiming Māori culture, including a deeper appreciation for the sacredness of the womb. Initiatives are in place to strengthen cultural practices, educate younger generations, and preserve traditional knowledge surrounding pregnancy, childbirth, and childcare. The integration of Māori values and customs into healthcare systems has also been a focus, acknowledging the importance of culturally sensitive care and empowering Māori women to honor their cultural heritage.

Within the tapestry of Māori culture, the womb holds a treasured place. It is recognised as the vessel through which the interconnectedness of past, present, and future is realised. The sacredness of the womb extends beyond its physical existence, encompassing the spiritual, emotional, and cultural realms. Through honoring the womb, Māori people celebrate the strength, resilience, and wisdom embedded within their cultural identity. It is a testament to the profound respect and appreciation the Māori people hold for the preciousness of life and the intergenerational bond that connects them to their ancestors.



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