

THE UNIVERSITY OF AUCKLAND STUDENT MAGAZINE

PEOPLE TO BLAME

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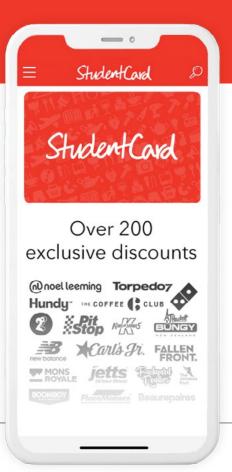
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Bye, Bitches!

Hoooly shit, what a year it's been. The Crazy Relatable Art Cunts Creating Unamusing Magazines are back for one final hurrah for 2022. We know, we can't believe that it's essentially been a whole year already either. Twenty-three issues of *Craccum* later, and here we are: burnt-out, hollowed-out, braindead husks of the humans we once were. Only (partially) joking!

In all seriousness though, it feels like it was only last week that we published the first issue of the year—but now here we are, at the end of our *Craccum* reign. 2022 truly is a fever dream that simultaneously feels like it's neverending and also flashing before our eyes.

Let's revise. This year, we saw: Russia invade Ukraine; all new-and-improved Covid variants; lockdowns; a volcanic eruption in Tonga; climate disasters and extreme weather events coinciding with an IPPC report that the climate change is approaching "irreversible" status; monkeypox; widespread global inflation; the killing of Mahsa Amini, sparking protests locally and internationally; and now, fucking Wayne Brown as Auckland Mayor after only roughly 35% of eligible Aucklanders voted in the local election. It's been a disappointing, fraught, and terrifying year in many respects.

Yet, the wonderful and continuously growing *Craccum* whānau has been a steady, comforting, and supportive presence through it all. Producing a weekly mag is no easy task, but it's one that has been hugely rewarding in many ways. We don't always hear from our readers (and sometimes when we do it's not a good sign in our inbox), but every so often we'd hear assurances that *Craccum* is being read and that the content is being enjoyed, and it does warm our hearts.

We've seen an uptick in community engagement and contributors this year. We've restructured the team from previous years to expand and diversify the roles available, and have seen positive team-building and stronger mahi as a result. We've addressed the issues that concern you, the student body, including: the centralisation of student services, the increasing surveillance of students, lecture and exam troubles, initiatives in student wellbeing such as the introduction of free morning-after pills and drugchecks, public transport, and student council and local elections. In other words, our News section has been put

through the wringer.

We've also provided a space to celebrate the vibrant arts community of Auckland, a (metaphorical) space to fuck-around in between lectures (our crosswords might be wrong but our horoscopes are always right!), and generally facilitated discussions on wider student cultures and concerns.

We pushed the envelope, as student media should, and even received our first hate mail as a result. Look Mama, we made it!

And on that note, tēnā koutou katoa for such a fantastic year. Yes, even to our haters—we appreciate the fanboy behaviour. Although we're taking a long break for exams, we know that the *Craccum* community is never too far away.

Don't miss us too much. We'll be back soon, promise!

Arohanui

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Flora Xie (she/her) and Naomii Seah (she/they)



And the Winner is... Low Voter Turnout

Leo Molloy-endorsed

candidate, Wayne Brown, the 76-year-old former Far North mayor has been elected mayor of Tāmaki Makaurau, beating out the Labour and Green endorsed Efeso Collins by 50,000 votes and counting.

In his victory speech, Brown said that he was "proud to succeed as an independent candidate not endorsed by anyone" (sorry Leo). He also promised to make Auckland great again—sorry, 'fix Auckland'.

"Under my leadership, Auckland will make clear what our region wants and needs without any so-called 'help' setting our priorities from centralgovernment politicians and bureaucrats



JESSICA HOPKINS (SHE/HER)

in Wellington."

But the real winner of this year's local body elections was our ineffective voting system. Across the country, only 36% of those eligible voted, promoting Local Government NZ, Te Kahui Kaunihera ō Aotearoa, to call for an independent review of the voting system to improve participation across the country.

Green Party electoral reform spokesperson, Golriz Ghahraman, said in a statement that the Electoral Commission should be responsible for running elections.

"I have been horrified by the stories this week about people not getting their voting papers in the mail and others being told incorrectly that they cannot vote. It is one of the effects of previous governments designing a system that has handed over the job of running elections to councils themselves, who more often than not contract the job to private companies."

"The Electoral Commission have experience running nationwide elections and get out the vote campaigns and are focused on the public interest and not private profit."

National Party leader Christopher Luxon has also supported calls to improve voter engagement.

"I think postal votes are something that we've got to ask some serious questions about."

End of the Line: AT Closing Train Lines, Again!

Auckland's train lines will be rotating partial closures from the end of this year until 2025 to replace its rock foundations.

From 16 January 2023 until late March 2023 the Onehunga line will be closed, and the Southern line between Ōtāhuhu and Britomart will be closed. Following that, from March 2023 until December 2023 the Eastern line between Ōtāhuhu and Britomart will be closed, with 2024 and 2025 being put aside for the Western line and remaining sections of the Southern line. On top of this, AT is still committing to its regular Christmas network-wide shutdown period form 26 December 2022 until 15 January 2023, making the Onehunga line unusable for four comes a mere two years after the major repair work and line closures to fix the extensive damage found on the



Auckland Ratepayers' Alliance spokesperson Josh Van Veen has publicly commented that he does not have confidence in AT's ability to provide reliable buses as a replacement. Earlier this month on 12 October, the Western line service was running with a highly reduced number of trains, with no railbuses being put in their place.

University of Auckland first-year student Georgia said, "Everyone hates the reliability of public transport enough without them basically removing it from the city all together. So much for wanting to improve the transport system to lower carbon emissions... their focus is on shutting it so more people are forced to drive, probably creating more pollution doing the rebuilding, and all for some rocks!". Another of the University's first-year students, Mason, commented "If I can't get to University properly I may as well go into halls, and if I have to pay to do that I may as well just move out of Auckland. At least I can walk to campus in Dunedin."



Tertiary Staff Strike: AUSA Says They Prioritise Students

In response to Tertiary Education Union (TEU) members at all of Aotearoa's universities striking for an 8% pay rise in line with inflation, the Auckland University Students' Association (AUSA) said they would continue to prioritise students' welfare and academic standing.

In a Facebook post, AUSA stated that the strike is not something they can ignore as it has a significant impact on teaching and learning.

"The wages of staff have absolutely nothing to do with a students' association, but the fact that this has an impact on us regardless of the choice of action chosen by the TEU, makes it AUSA's business."

AUSA acknowledged the hard work of academic and professional staff over the past few difficult years, and said they support a negotiation that will satisfy staff to avoid disruption for students around exam time.

"We hope to see a fair common ground being met between the TEU and the University as soon as possible to minimise the effect this has on students."

However, many called for AUSA to reconsider their stance and stand firmly in solidarity with staff.

UoA alumni, Justine Sachs, commented "What on earth does this mean? You're a student union, you should be in

"...This is fundamentally a student issue, and I would simply urge the AUSA exec to reconsider their position."



JESSICA HOPKINS (SHE/HER)

solidarity with staff unions. Their working conditions are students' learning conditions."

Otago University staff member, Brandon Johnstone added, "Sad to see a student 'union'/association with all the political backbone of a wet paper towel. This should not be 'something you can ignore' it should be something you engage with!"

"Staff are people who aren't students. UoA employs a tonne of students as GTAs and TAs: they are also impacted by the University's shitty decision making. I urge you to reconsider your stance AUSA."

"We hope to see a fair common ground being met between the TEU and the University as soon as possible to minimise the effect this has on students."

Psychology Master Student, Sarah Morrison, also spoke out against AUSA's response.

"This is absolutely horrendous. As a student I am fully against your decision, we should be supporting our staff union. Downsizing departments, staff layoffs, wage stagnation, and poor student services affect us and our staff! This has all been done with Covid as an excuse despite the uni generating RECORD PROFITS over the last three years (read the financial report it's all there)!!! Absolutely horrified that you're not supporting the staff in light of that, our university was meant to be a public institution for public good and education—not run like a private

AUSA President told *Craccum* that they stand by the claim that a student association has no business in what staff are being paid.

corporation for profit!!!!"

UoA Student, Spencer Barley, said, "I can understand that AUSA may be trying to maintain neutrality, but I can't help but feel that this is a missed opportunity to express solidarity and support for the professional and academic staff who often make large personal sacrifices to support students. are often comprised of students, and whose wellbeing (financial, mental, and emotional) directly contribute to student's academic performance, which you have decided to prioritise. This is fundamentally a student issue, and I would simply urge the AUSA exec to reconsider their position."

AUSA President told *Craccum* that they stand by the claim that a student association has no business in what staff are being paid.

"We absolutely agree that staff should be paid more (especially those who are on the lower end of the scale like GTAs and TAs), but we are a student association focused on student issues and when I say we have no business, I mean we don't have any decisionmaking power in what happens."

"There has been a lot of confusion about the intentions with which we wrote the post, but the fundamental is that yes we agree with the striking."

Solidarity 101: Students Must Also Stand Up and Strike Back

Staff working conditions are student learning conditions, writes UoA student and Unite Union Co-President Xavier Walsh.

Being loud to get the point across is something I've gotten good at while being a student here at UoA. So, on Thursday 6 October, I went to the picket to wave my giant red Unite Union flag in solidarity with staff on strike at Auckland and Massey universities.

With a 7.3% inflation rate, staff at every one of our universities are striking for an in-line pay rise to combat the brutal cost of living crisis. As students, we know the pain inflation is causing our bank balances—RIP to the Starbucks girlies. I, for one, know that my "Cindy bucks" or cost of living payment has been incredibly helpful. In a country where a mince and cheese pie costs more than \$5 (when it's not even the best flavour...), it's hard to disagree.

Many university staff have gone above and beyond during years of global disruption. Staff are working longer hours, with fewer colleagues to support them, and taking care of a record number of 3am student breakdowns. Student well-being is falling apart, and much of that is put on the shoulders of the staff.

UoA attempted to turn students and staff against one another when they expressed their "disappointment" at a time important to student learning and as we prepare for our finals. In their email on Wednesday 5 October, the message was to continue with "business as usual"—business as usual being a \$100,873,000 operating surplus last year AFTER TAX, none of which is seemingly going into student services or staff wallets.

As students, our lives are deeply intertwined with the choices of the university. Our resources, communities, and representation are tied to the



XAVIER WALSH (THEY/THEM)

institution. Our degrees are valuable because of their reputation. When the university sours their image, they sour ours. When under-resourcing staff, they're under-resourcing our education.

UoA can afford inflation-matched raises and living wage conditions. Again, they made a \$100 million profit in 2021 alone. We need staff with good working conditions so we can get good degrees.

And this doesn't even touch on the fact that some of our fellow students are also staff—they're the lowest paid TAs, GTAs, and library workers who need an inflation-adjusted pay rise more than anyone, to support their study.

By standing in solidarity with the staff, outcomes will improve for students. It's solidarity 101. If we don't support striking workers, we are supporting the status quo, which is university management's continual degradation of academia.

Speaking to staff after the strike, it is clear they see the University is letting down students as much as staff. We have the opportunity to work together to ensure movement on staff wages. University management certainly isn't on our side, but the staff are, so we should work together.

"I think it's good to see students who can tell the difference between those who teach them in the classrooms and those who collect their fees."— Professional Teaching Fellow Andrew Dawson, *Stuff*.

We must work with staff to make the University a better place for students.

The future of this institution depends on the cooperation and support of staff and students together. The staff know it, and we should too.

So, next time staff are on strike, get out there and make some noise!

When workers' rights are under attack, stand up, strike back! Here's what you can do to support striking staff:

- Come along to the next strike or rally and give your support in person!
- Give AUSA your thoughts on their (lack of) support for our staff and their claim for a fair pay rise!
- Email Vice-chancellor Dawn Freshwater (vice-chancellor@ auckland.ac.nz and CC teuacademic@list.auckland.ac.nz and teu-professional-staff@list.auckland. ac.nz) letting her know you support striking staff.



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news.

Contract Cheating: An Interview with Rebecca White

Craccum spoke with University of Auckland's Senior Academic Quality Analyst, Rebecca White, regarding contract cheating which has been increasing both globally and within the University.

White describes contract cheating as "a very serious breach of academic integrity". The term describes the act of getting someone else to complete coursework, a test, or an exam on your behalf. This can be paid or unpaid, and the person who completes the work doesn't have to be a stranger, and can even be a classmate. Cases of contract cheating are carefully investigated, and if found to have happened can result in a variety of penalties. This may include a fine, a complete grade reduction, a suspension, or expulsion.

White said that when contract cheating takes place, it isn't always intentional. She outlined Guy Curtis' telltale signs you are looking at an illegal cheating site, which include:

- Asking for payment to complete assignment work for you.
- Assurances that they offer good quality writers/writing.

White describes contract cheating as "a very serious breach of academic integrity". The term describes the act of getting someone else to complete coursework, a test, or an exam on your behalf.

- An "Order" button.
- Prices linked to assignment length and completion times.

CHARLIE PARKER (SHE/HER)

- Attempts to justify why buying assignments might be "okay".
- Testimonials from "customers", often accompanied by stock photos of people who aren't real students.
- Guarantees of "plagiarism-free" work.
- The need to create a personal account and login.
- "Terms of service" that disclaim responsibility if students are caught submitting work from the site.
- Various service guarantees such as 24/7 support, live chat, feedback, or money-back if unsatisfied (research shows they don't always deliver on these).

When asked about the potential vulnerabilities for students when being blackmailed after partaking in contract cheating, and if this has happened before, White responded with "This happens all the time. You need to remember that when you engage someone to complete a piece of work for you, one thing you know about them is that they are already comfortable with a certain level of dishonesty. So, we often get contacted by people who have been 'hired' to complete a piece of work for a student, giving us evidence of the agreement. Usually they claim they were never paid so they are reporting the student, but it is equally likely they were indeed paid and are now just blackmailing the student. And remember, your details will stay with these people forever. Another way students become vulnerable is when a 'study support' website asks a student to upload an old For students who may be struggling with their courses and considering contract cheating, it is advised that talking to the staff members of your course is always a valid option, regardless and is the bravest thing you can do.

piece of work in exchange for access to the site. They can then sell your work to another student, which could then be detected by Turnitin. Equally, they could sell you an essay, which has already been sold to another student, which also gets detected by Turnitin."

For students who may be struggling with their courses and considering contract cheating, it is advised that talking to the staff members of your course is always a valid option, regardless, and is the bravest thing you can do. Reaching out to staff and University resources may seem simple, but can be a quick solution to a problem. For those struggling with the English language components of their course, meeting with a language advisor may also be beneficial. The University counselling services were also recommended. And remember, go easy on yourself sometimes.

If students have any other ideas of how the University can controlling the rise of contract cheating, you are able to contact the University at quality@ auckland.ac.nz

World's Biggest Plastic Polluter to Sponsor the World's Biggest Climate Change Conference

On 28 September, it was announced that the Coca-Cola Company would sponsor COP27, which Egypt is hosting from 6-8 November.

COP27, the 27th Conference of Parties, is an annual conference held by the United Nations Framework Convention on Climate Change (UNFCCC), where governments, businesses, and climate organisations discuss climate action, especially controlling greenhouse gas emissions.

There are three things you can expect to happen during COP: 1. Many countries will aspire to emissions targets rather than commit to them; 2. Activists will protest outside the conference for days; 3. At least one impassioned speech from a young person will be turned into a right-wing Facebook meme.

Climate activists worldwide were shocked by this sponsorship and quickly rushed to social media to accuse Coca-Cola of greenwashing. Greenpeace, who are currently campaigning against the soft drink company's plastic production, said the sponsorship "undermines the very objective of the event it seeks to sponsor".

Coca-Cola produces around 120 billion plastic bottles (made from fossil fuels) every year and has been named the world's worst plastic polluter for the fourth year in a row. Greenpeace has accused Coke of setting unambitious climate targets that are not in line with the urgent action recommended by climate scientists to keep Earth liveable.

Chief Corporate Affairs and Sustainability Officer at Coca-Cola, Marcel Martin, stated that the



company is a recognised "leader in sustainability" and that they are proud of the "significant progress towards our NetZeroby40 goal".

Their Vice President of Sustainability, Michael Goltzman, said, "global challenges like plastic waste, water stewardship, and climate change are far too great for any single government, company, or industry to solve individually" and that COP27 will allow Coke to learn more about sustainability across their production line.

This is not the first time a questionable corporation has sponsored COP. In 2021, COP26 was sponsored by Unilever, a multinational consumer goods company. Unilever has been accused of hiring security to shoot striking employees with rubber bullets and lobbying major international climate and economic forums.

It was reported that COP26 sponsorships amounted to nearly \$500 million total, with other major sponsors including Sky, Hitachi, National Grid, ScottishPower, Microsoft, NatWest, and Sainsbury's.

A previous delegate of COP26, Georgia Elliott-Smith, has created a petition calling for the UNFCC to stop receiving corporate sponsorship, starting with Coke for COP27. In the petition, Elliott-Smith wrote, "Most days I felt despair some days I cried. The infiltration of corporations into the conference was sickening."

When asked what she thought about the sponsorship, UoA Environmental Science student and climate activist Alysha said, "Coke sponsoring COP27 is like Mormons sponsoring a sex toy convention: there isn't going to be any action happening there." A postgrad Science student and climate activist, who wished to remain anonymous, felt COP's sponsorship was akin to the sponsored building we have our chilliest lectures inside.

"It's great PR for Coca-Cola. They get to pretend they're serious about climate change while keeping up their climate-wrecking business as usual. We see similarly ironic situations here, with carbon-intensive corporations sponsoring community initiatives (shout out to Fisher and Paykel Appliances Auditorium). It's absurd but effective."

Molly, a Law and Arts student and climate activist, believes there could be a place for Coke at COP.

"Should big corporations like Coke be part of COP? Absolutely, but only to attend and with the aim of becoming more sustainable. Should big corporations like Coke sponsor COP? Absolutely not. If corporations are not actively committed to sustainability, then this will only ever be a way of compensating for inaction. Honestly, the whole conference is losing its authority and credibility by having Coke as their main sponsor."

Greenpeace Aotearoa is currently campaigning for our government to hold corporations like Coke accountable by banning single-use plastic bottles and mandating reusable alternatives. You can sign their Ban the Bottle petition to support this.

As put by the anonymous postgrad student that *Craccum* interviewed, "The fact that polluters invest in their image is evidence that public opinion and protest have the power to turn the tide against them."

Shadows Closing for Christmas?

If there's one thing that says holiday cheer, it's a cold jug of Shadow's cold beer. Unfortunately for students and local party goers alike, the University of Auckland's fan favourite bar Shadows will not be the place to quench that yeasty thirst this Christmas.

Carbon dioxide shortages throughout Aotearoa means breweries won't be able to produce enough beer to tide over the pubs this Christmas season. Shadows has decided that without its signature beers it just couldn't stay open over Christmas, despite the fact that they are never open over Christmas. Shadows told *Craccum* "We



CHARLIE PARKER (SHE/HER)

love our beloved student crowd, but they'll just have to find somewhere else to go. We can't just go around replacing our beer like a former exgirlfriend, we love our beer too much! We strive to only serve the best, and we aren't putting out pitchers of G&T as a replacement!". It seems not even the founders of the sacred grounds know what life would be at the local drinking hole without its staple drink.

Students are concerned about what the closure will mean for their summer, and offered some possible solutions to the issue. One local Shadow fiend told *Craccum* "I just can't comprehend how I'll spend my summer holiday without the best beer spot in town. The viaduct just isn't the same, I need the dingy lighting and the lack of windows to really feel at home, not a view of the sea and other white collar workers doing better than me". Another suggested that they could bring in their own home-brewed beer to help tide over the season; however, that may not align with the food health safety rating. The last person *Craccum* spoke to suggested robbing Willy Wonka's chocolate factory to obtain some fizzy lifting drinks in order to lighten the spirits of all those crushed by the closure.

UoA Lecturer a Self-Proclaimed Fuck Boy

CW: METIONS DETAILS OF SEXUAL ASSUALT.

TVNZ's controversial new dating show, *FBOY Island* has arrived, and some Linguistics students may recognise a familiar face.

Hosted by Shavaughn Ruakere, the show is based on the HBO version, which features self-proclaimed "nice guys" and "FBoys" competing to apparently find love, but more likely to win some cash.

The three women the men are vying over claim they can't escape FBoys; and they might be right, because apparently you can't even go to an office hour without finding one.

One of the self-proclaimed "FBoys" include Auckland Linguistics lecturer, John.

In his bio, John describes himself as "polarising".

"Either you love me, or you love to



hate me. People say I'm loud and brash, other people say I'm funny and confident."

He says he is single because he simply has "too much" personality, and would spend the prize money on a "grocery shop".

Before *FBOY Island* was released, Action Station's Project Gender launched a petition calling for TVNZ to pull the reality show.

Project gender stated that *FBOY Island NZ* "normalises and champions predatory and dangerous sexual behaviour that harms people, particularly young people" and should not be aired.

"We believe that New Zealand can be a country where all women are safe, seen, and celebrated. As a broadcaster, you have a responsibility not to perpetuate stereotypes that have a high likelihood of harming women. It is 2022 and we deserve and demand better."

Project Gender also expressed concern about a contestant on the show, Wayde Brown, who was edited out after it was revealed he appeared in court last year charged with suffocating a vulnerable woman in his home.

Brown was found not guilty of the suffocation charge but the judge described his behaviour as "deeply inappropriate and disrespectful".

"Unsurprisingly, an abuser has been found among the lineup of FBoys who made it through the auditions."

More than 6000 people have signed the petition.

Show Me the Money!

No but seriously, IDK where all my money is going

Whether you are living in a state of financial comfort or from paycheck to paycheck, money is something every student thinks about. How do I make more of it? How do I save the money I do have? How am I going to pay my student loan? Should I be saving for a house? Wait, do I even have money to buy lunch today? Some of these questions and many more like them probably cross our minds on a daily basis.

It's difficult to generalise the types of relationships students have with money. It's a relationship that depends on the individual and their circumstances. The current economy is unstable at best, so it's more important than ever to be financially aware. Recent reports show that inflation has hit 7.3%, the highest in 32 years. The government's only real attempt to aid students has been a \$25 increase in weekly student allowances and a few living cost payments over the last three months. The question then becomes: how are university students in Auckland coping in uncertain times?

Before we can look at how our current students manage their money, it's important to consider how entering tertiary education can change the way we think about money. Of course, no two students will have the same circumstances. Some live at home,

How do I make more of it? How do I save the money I do have? How am I going to pay my student loan? Should I be saving for a house? Wait, do I even have money to buy lunch today?



RAWAN SAADI (SHE/HER)

others in halls, and many will be flatting all over the city or even attempting to live alone. Student finances will also fluctuate depending on a student's workload. Those doing degrees with crushing amounts of work might be unable to find the time for a job, while others can pull off part-time or casual jobs. Not to mention each person faces their own set of hardships that can hinder their relationship with money. This can be anything, such as a disability, a family situation, or other life-altering events that can throw off a student's financial balance.

Despite the variety of experiences, students have similar feelings about juggling studying and finances. Starting university prompts endless questions about a person's identity, values, beliefs, and what they want for their future. Money is attached to all these changing aspects of a student's life. Everything from the small things like what to eat and wear to the bigger costs like rent. Then there are even more monumental future aspirations like home ownership. So, how do students feel about managing money in relation to all of this?

After speaking to several students at different points in their degrees and in different living arrangements, it seems that most feel they have a reasonable grasp on their finances. However, many of them are gradually beginning to feel more anxious as living costs skyrocket. Some students, especially first-year school leavers, expressed their inexperience and lack of knowledge in handling money. They said they were unsure about how to budget, invest their money, and ensure they don't get "sucked into inflation", as one student put it. Others who've been



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studying longer said they had reached a reasonably stable routine in how they approach money. This then brought to light the question of budgeting; how do students budget and restrict their spending?

Most of the answers didn't specify a budgeting technique per se. Not many students felt they had the time to commit to something like a spreadsheet or one of those budgeting apps that gets downloaded and forgotten about in the same week. The general consensus seemed to be that self-restraint was key. One student said that simply keeping in mind their different expenses like transport and food, as well as setting a specific amount they wished to put into their savings, helped maintain steady expenditure. Although all these students shared this regular habit of mentally dividing their expenses, this was not without its difficulties.

When asked what they feel are the biggest obstacles they face in managing money, the most common



answer by far was rising prices. One of the more specific complaints was about food. This isn't much of a surprise as food is something many of us buy on a weekly or daily basis, so it is easy to notice the not-so-subtle jump in prices. Several students said they had given up on eating out and resorted to packed lunches or supermarket snacks if they were desperate. One student, in particular, gave a passionate speech about the atrocious prices of vegetables and the cost of healthy food. They claimed that eating well on a tight budget has become nearly impossible. After walking hopelessly through the produce section at the supermarket, more often than not, they settled for a pie and called it a day.

The second most common obstacle students seemed to face was resisting temptations. Many admitted that learning to manage the freedoms they are given as a university student was challenging. One student reflected on how they felt it was necessary to ensure that their living costs were paid, they where saving adequately, and

> living life. "I believe experiences are valuable", this student said. "but I have to be careful about how I do it". As a young person, it can certainly be tricky learning how to balance paying bills and saving for the future whilst also enjoying your youth. After all, it can be hard to deny yourself that much-needed shopping spree after successfully handing in four different assignments in the same week. You've certainly earned it!

The final aspect of a student's relationship with money, and what seemed to be the most important,

was saving for the future. Starting university will undoubtedly exaggerate the need to plan out our future. We're adults now. We need to start thinking about life after graduation—our careers and our personal lives. The loose plans we build for our future while we study determine what we decide to save for. Of course, it really is a rather complicated, perhaps even impossible, This need for investment was mutual as students felt they wanted to start educating themselves and putting their money to good use now. As one student accurately said, "I'm trying to read more money books now, so I'm not broke and know what to do".

undertaking for a university student to know exactly what they are to do with their lives. That is why many students are focused on two things; the dream of being debt-free and investing their money into something beneficial. Student loans were a common reason many students save, especially those planning to pursue postgraduate degrees.

Homeownership was a goal that every student interviewed seemed to be headed towards. Many of them specified that their reason for wanting to buy a house was not necessarily to have a place to live in. Instead, they saw it as an investment and a way to get on the property ladder. This need for investment was mutual as students felt they wanted to start educating themselves and putting their money to good use now. As one student accurately said, "I'm trying to read more money books now, so I'm not broke and know what to do".

Managing money can be a personal and unique journey. Generally speaking, all students want to do is build a stable financial future for themselves despite the increasingly unstable realities of our current economy. This can feel like quite the battle most of the time. However, awareness and balance seem to be critical in making it out alive.



When I Leave Uni, Will I Stop Dreaming?

Everyone's telling me the workforce is soul-sucking and I don't want to hear it

I've always been a dreamer. By this, I mean that I'm optimistic about the future and my part in making the world a better place. Of course, all of my ambitions don't revolve around ending global poverty or eliminating health inequities. On the side, I also plan on cracking capitalism and owning apartments in New York and London, a holiday home in Bora Bora, and seven Teslas—one for every day of the week.

I'm not so jaded to think I can singlehandedly achieve the UN's Sustainable Development Goals in my lifetime (although, if we unlock immortality,



I might give it a good go). There's a reason no one's managed to do it yet. The world's biggest problems are so complex and interconnected that progressing in one area might just start a war or put another area's progress back 20 years. Nevertheless, the people who know me know I'm hopeful I can have a positive impact. Whenever I pop-off about the day's chosen injustice, these people also tend to give me a smile that reads, "that's nice, dear", making me wonder if I'm more delusional than I thought.

To further fracture what I'm beginning

to fear is the illusion I like to call my dreams, my placement supervisor said something earlier this semester that's been playing on my mind, increasingly so as my final undergrad exam nears closer. He said something along the lines of, "I used to be like you, until I realised that trying to fix a system that was broken since its inception was not worth spending less time with [his] family and the subsequent burn out." So, is my dream of being Features Editor at *Craccum* the only dream that will ever come true? BRB, I'm off to demand a refund from the fairy godmother. A person as smart as my supervisor probably wasn't telling me to throw in the towel just yet. Maybe he meant that even if a person's dreams get "smaller" as they learn more or they don't end up being the embodiment of every Avenger, it doesn't make their life purposeless. I think he was trying to comfort me. And it did to a certain extent. But there's also a not-so-quiet part of me still screaming, "I'm not like other girls!" I'm scared to leave uni because I'm scared of the reality check. I'm scared to learn that my dreams can only ever be dreams. In a truly masochistic move, I indulged my catastrophic thinking. I asked people who have been in the workforce for varying lengths of time how relatable my supervisor's statement was.

It turns out that all of the people I talked to said that their dreams had changed. But not in the way I was most afraid of. Jessica* graduated from uni in 2020 after studying drama and screen production. Her dream at uni was to be a performer and actor. Although she initially thought her job as an administrator in a high school's performing arts faculty was just a means to an end, she has since realised that it "is a really good side gig to have until I get into the career that I want". While acting opportunities have been slim due to the pandemic, Jessica has enjoyed exploring other creative work like stage management and illustration. Ultimately, she feels like her "goals and ambitions have changed", but they're still aligned with working in the arts industry.

Like Jessica, Sarah* feels she's

"The drive to keep pursuing something better hasn't changed. It's just that I have to balance the priorities of surviving with pursuing my ambitions." discovered new ways to help people since leaving uni. While studying biomedical science, Sarah dreamed of becoming a health professional. For the past two years, she has been working in government. She has learned so much about the dynamics of New Zealand's health system, "the different systemic challenges communities face and how these challenges affect their health outcomes". So, while she still hopes to be a health professional one day, her "perspective of what a health professional looks like in Aotearoa has changed".

Steven* "always had dreams of doing [his] own thing, whether it be starting a business or becoming big on YouTube." His plan was to pursue his dreams on the side until they became big enough to sustain him. However, his work as a Computer Science graduate was more "draining" than he thought it would be, leading him to get a diploma in Web and Graphic Design. Steven has worked as a graphic designer for the past four years and, at this point, doesn't see YouTube or business ownership becoming a full-time job. Steven says, "The drive to keep pursuing something better hasn't changed. It's just that I have to balance the priorities of surviving with pursuing my ambitions."

Elon* even said that he has become more ambitious since leaving uni five-anda-half years ago.

The way Jessica, Sarah, and Steven describe how their ambitions have changed is not so hard for me to understand. I mean, every semester, there's at least one paper I find myself enthralled with and subsequently replanning my life around so that I can learn more. Reassuringly, I don't think any of these people's ambitiousness decreased after entering the workforce. Elon* even said that he has become more ambitious since leaving uni fiveand-a-half years ago. After graduation, he expected to work 40 hours a week and pay the bills. He didn't expect to find his passion. Equally, he didn't expect to learn that grinding hard for a

I think that, if anything, working has given Jessica, Sarah, Steven, and Elon more concrete ways of finding contentment in life's unpredictability.

few years can allow you to follow and discover other passions and hobbies with fewer financial worries. I think that, if anything, working has given Jessica, Sarah, Steven, and Elon more concrete ways of finding contentment in life's unpredictability.

Another thing that's particularly reassuring to me is that nobody I spoke to seemed unsatisfied with their lives. In fact. Sarah said she was excited because her work experience means she is better positioned to help people. Steven admitted that he does "sometimes feel sad about the 'what ifs'...if [he] had pursued [his] passions 100% instead of as a side thing". However, he also recognises that he has done as well as he could have. To Steven, "life, in general, feels pretty balanced and good right now." Jessica similarly shared that a small part of her is sad. But ultimately, she believes that "everything happens for a reason...and [her] time to shine on stage will come. At only 23 years old, Jessica is grateful for the creative positions she's held and is "not too fussed" about where her creative career is at.

Although I'm sure I'll spend more hours ruminating on the realisticness of my dreams, at least I have this article to find comfort in. It's not the case that all our goals are unattainable. Sure, our dreams might change—in many respects, it would be strange if they didn't, but we'll likely be just fine. Perhaps we'll do something that we haven't imagined yet, and that's something to look forward to, not lose sleep over.

'NAMES HAVE BEEN CHANGED TO PROTECT PEOPLE'S PRIVACY

Tackling Mental Health

Finding intersections between rugby, culture, and mental health

When you see a Pacific rugby player crying on the field, are they crying because they're happy or is it because their mental health is not great? Or when you see a rugby player, do you ever wonder what is hiding behind their smiles and happiness? What about when society describes a Pacific rugby player; they are to be muscular, strong, and "ALL BRAWN AND NO BRAIN!!". Unfortunately, we only get to see the surface level of what rugby players go through each week of their careers but never really understand what happens behind the scenes and behind closed doors.



Young Pacific males playing rugby tend to go through mental health issues, yet it is never discussed or thought of. Mental health is a topic that is not familiar or pertinent within most Pacific households and communities for Pacific males, and especially within the rugby culture. Because of the societal stigma that males are viewed as 'warriors', they carry this weight in everything they do. They are taught to be emotionless, to either hide and suppress them or 'man up', which is one that our own Pacific people have pride in. These stigmas further reinforce the cultural sensibility surrounding mental health within the Pacific culture.

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I had the chance to talk to young, up and coming Pacific male rugby players from South Auckland, Ioane Moananu, Zuriel Togiatama, Francis Lesa, and Sam Tuifua, who are all currently playing for Counties Manukau Steelers. Each expressed their different thoughts on mental health and how they feel about how rugby organisations should support rugby players during their seasons. Francis Lesa mentions that he would love to see all teams, especially the local clubs have someone who "us boys [and] men are able to go talk to whenever we encounter something that we aren't able to take on ourselves". When are the silent battles that Pacific rugby players go through and their silent cries for help going to be heard? Zuriel Togiatama also believes there is a gap between rugby culture and mental health, that he feels that only ex-rugby players can fulfill and understand. Togiatama feels that this would be the best option for current rugby players, to talk to ex-rugby players about what they are going through because "they've been there and done that!"

'Start with yourself and start by making one change; one change to break that cycle you are in. You matter. You have a purpose. You are loved. And it is okay to cry!'

across to my Pacific brothers is to be open to your boys and let them know what's going on in your life because we all go through the same struggles but we need to remember we are all one big family. Mental health is no joke and don't be afraid to talk with your parents and siblings. They are there for a reason but my last message would be to pray about it, let our father hear your cries, leave it at his feet and he'll never neglect you. I'll end it with a message I saw on one of the social media platforms 'I'd rather cry with you talking about your struggles than to cry seeing you in a coffin!"

Sam Tuifua says "I would ask my Polynesian brothers to just speak up and don't be shy. At times we think 'oh nah he doesn't care about what I have to say' or 'I'm too shy because they might talk behind my back'. We have to trust and give each other confidence to speak up when we're at rock bottom or when we're struggling at any time of life."

For Zuriel Togiatama, it's important to not "be ashamed, it is easier to say than do but the longer you try to hold it in and try fight it on your own, the harder and heavier everything becomes. And remember it won't just be affecting you it'll be affecting everyone around you. You can't deal with it on your own. It isn't something that can change overnight nor in a week, it will take time. But my main message [is] 'Start with yourself and start by making one change; one change to break that cycle you are in. You matter. You have a purpose. You are loved. And it is okay to cry!' Rugby isn't just about the 80 minutes on the field, it's so much more".

Sometimes our Pacific brothers find it hard to find the right person to talk to. When going through hard times, the rugby players are advised to seek professional help, but too often a person who has theoretical knowledge cannot help with what these boys go through each week. Having a comfortable figure for these Pacific male rugby players will be less intimidating for them to ask for help. Pacific males have been quiet for too long about mental health and often it has been the reason our Pacific brothers have been taken away from us. Instead of suppressing the feelings that Pacific males go through, now is the time to encourage them to express it more. Talking with the four young Pacific rugby players have made me realise how serious mental health problems are within the rugby culture and how it's been neglected far too

Instead of suppressing the feelings that Pacific males go through, now is the time to encourage them to express it more.

'I'd rather cry with you talking about your struggles than to cry seeing you in a coffin'.

long. It has made me realise that we need to create a safe environment and space for them to talk about their experiences. Initiatives need to be taken to help clubs' and provincials' athletes not only physically but also mentally and emotionally. Each of these young Pacific players were asked, "What would be a message you would like to get across not only to Pacific males playing rugby, but Pacific males in general when it comes to mental health and dealing with their feelings?" Each gave thorough and thoughtful answers that they hope will go a long way:

loane Moananu said, "It is okay to not be okay. It is not awkward to speak out or make you look weak if you talk about your feelings and show your vulnerable side."

Francis Lesa expressed that "The biggest message I would like to get

USO 4 LIFE

The Final Project of Samoan-Scottish Auckland resident Jimmy Ma'ia'i



MOMNI ARONA NGĀPUHI, NGĀTI WAI, AITUTAKI (HE/HIM)

USO 4 LIFE is an art installation and final thesis project straight from the mind of Auckland native and Avondale resident Jimmy Ma'ia'i. USO 4 LIFE was inspired by many nuanced experiences that occurred in the artist's life. Jimmy walks between worlds. Being bicultural has meant that the artist has existed at the intersections between the Samoan world and the Pākehā world, as well as his culture's art realm and a Pākehā art dichotomy. Being both Samoan and Scottish, Jimmy decides for himself what experiences have shaped who he is, and hopes that some individuals can find some elements of shared experiences within his project.

Due to colonisation, there are many who aren't able to relate fully to aspects of their culture. While we can appreciate it, we are excluded from fully being able to understand it. Jimmy acknowledges his culture but wants to create something new. The Samoan art world has a rich history, but Jimmy's art speaks to a different intersectional experience. The title USO 4 Life and aspects of the installation acknowledge a cultural identity within a different environmental context. Resilience, shared experiences, and contextual cultural identity form a basis for USO 4 LIFE.

Each element of the installation speaks to a different formative Jimmy acknowledges his culture but wants to create something new. The Samoan art world has a rich history, but Jimmy's art speaks to a different intersectional experience.

experience within the artist's life. *Craccum* sat down with Jimmy to chat about intersectionality in art practice, making art for those with his shared experience, and the meaning behind the pieces within the installation.

Omni: Kia ora e hoa, tell me your name and where you're from.

> Jimmy: My name is Jimmy Ma'ia'i and I'm of mixed Samoan/ Scottish descent and I've lived in Auckland my whole life.

> > O: Where did the name *USO 4 LIFE* come from?

J: The title USO 4 LIFE came from a fond memory I have of my first trip to Samoa. We hopped onto one of those iconic Samoan buses and it was packed—nowhere to sit. I remember a woman signalled for me to sit on her lap, so I did; and in that moment I thought to myself, this is what it's like being a Samoan boy, lol. Anyways, when we hopped off at our stop, I recall admiring the mural on the back of bus, which read "USO 4 LIFE". O: What experiences did you draw from to inform your creation of this installation?

J: I spent about half of my Masters project making things that had a sort-of meditative process, which allowed me the time to reminisce and reflect. Many of these reflections were of childhood experiences, particularly those [that] I felt were pertinent to the development or understanding of my culture and selfidentity. I also wanted to acknowledge not only my experiences in this project but also those of my aiga or family. This kinda kept things in line with the familycentric values of Fa'a Samoa.

O: During my visit to the installation, you talked about wanting to create something nuanced that others could only relate to in a similar way to which you experienced them. Could you tell us more?

J: I wanted to create works [that] alluded to something "Samoan" or something "traditional" without trying to make an exact replica of an artform [that] already has a rich history. There are a few reasons for this. I wanted to display an engagement with culture without necessarily knowing the culture—an attempt at understanding. I think feeling culturally dislocated played a big part in this, in the sense that my experience with objects like the clubs or the tanoa or kava bowl for example, was very much surface-level.

I also tried to combine these "traditional" looking artifacts with something modern or foreign—not to make a hybridised version but to make something new perhaps. Ultimately, I wanted to create a body of work that

Ultimately, I wanted to create a body of work that could celebrate the mixed-heritage existence, hinting at experiences that are shared amongst those of mixed heritage. could celebrate the mixed-heritage existence, hinting at experiences that are shared amongst those of mixed heritage.

O: You spoke about resilience during our chat, can you speak about what resilience means with regards to the project?

J: I think my dad had instilled my sister and I with this thick skin, I suppose, likely in response to his childhood experiences as a Samoan boy in the 70s-80s growing up in Auckland. This was no doubt informed by my grandfather's experiences in New Zealand, too. The thick skin is present in the wooden works, where I've finished them with a thick gloss coating. Another form of resilience I think was learned through humour—being roasted relentlessly. This humor is most evident in the chairs, which display a childish gaze upon the effects of colonisation.

USO 4 LIFE IS IN THE PROCESS OF BEING EXHIBITED AT MULTIPLE VENUES IN AUCKLAND AND WELLINGTON.

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THEATRE I GET SO EMOTIONAL BABY cr. jessie mccall



ARELA JIANG (HE/HIM) What an alarming, sensual, grotesque thing that *I Get So Emotional Baby* is. An investigation into the systemic threats to women's ownership of their own emotional and bodily realities, *I Get So Emotional* makes for a horrifyingly good watch.

From the go, I knew I was in for something bizarre as three women dolled up in plastic one-by-one padded onto a suspiciously pink-stained white carpet. I wish I was disappointed (that's in a good way). Each scene was more disturbing than the one before. The characters were silent throughout but more than made up for it with movements that would scare hardcore *The Exorcist* fans—I, for one, was freaked tf out. I felt like I was having a pervert's religious experience at one point. One scene sees all three characters wear "babygirl" t-shirts and engage in a pagan-like frenzy that is equal parts manic and erotic.

The show (un)pleasantly surprises you in how much weirder and messier it can get literally, the stage gets doused in "blood" and pink wafers by the end. It makes for an absolutely thrilling experience, and I challenge anyone to try to look away for even a moment.

Fans of getting fucked over by the patriachy and the horror movie genre will get a kick out of this one.

I GET SO EMOTIONAL BABY IS ON FROM 11-22 OCTOBER AT BASEMENT THEATRE.



THEATRE

HALF LIFE



PHOTOGRAPHY BY JINKI CAMBRONERO

(SHE/HER

CHARLIE PARKER



DANCE

WHAT THEY SAID NEW ZEALAND DANCE COMPANY



CHARLIE PARKER (SHE/HER)

22 CRACCUM

Director and choreographer **Loughlan Prior** is known for his immaculate retelling of fairy tales; however, *Half Life* was nothing of the sort. The phenomenal production by **Lo/ Co Arts** mixed outstanding choreographic technique, daring visuals, and a high-tech soundtrack that kept you on the edge of your seat all evening. The piece discussed the effects of technology and how pervasive the digital world is in governing our everyday lives; however, the presentation of the piece allowed each audience member to have their own interpretation. In the post-performance discussion an audience member asked "What does it all mean?", to which Prior replied "Whatever you want it to mean".

The music by **Clair Cowan** and **Tom Dennison** was also one of the most creative uses of technological composition I have encountered, using MiMU gloves to control sound on the stage. A highly impressive sequence was when **Kirby Selchow** had to improvise to match the sounds of Cowan's gloves whilst still hitting every beat perfectly. Every choreographic step in the performance was completed with strength, grace, and impeccable timing; the true hallmarks of a fantastic contemporary piece.

As someone who has been watching dance pieces since I could walk, believe me when I say this performance was truly unforgettable, an easy 10/10.

The piece described by the New Zealand Dance Company (NZDC) is as follows: "Years of gathered phrases, statements, and insults, will culminate in an embodied live work that explores our tendency to be preoccupied with drama and our fascination with the inevitable". In some respects, I think the NZDC portrayed this description very well, incorporating some interesting performance elements in stage direction, audience involvement, and costuming. The use of spoken word as much as instrumental music made for an intriguing narrative that developed well throughout the duration of the performance.

However, the piece also lived up to the 'preoccupation of drama' a little too much, as the piece provided slight disappointment in the dance department. Although the performers executed some compelling and complex canons during the dance sequences, the technique was not as clean as it could have been. As a personal fan of the NZDC, I enjoyed the piece but it was unfortunately not my favourite; however, the audience seemed elated with applause and cheers at the end.

I suppose the beauty of dance is in the eye of the beholder, this beholder just has 15 years of ballet training that can't let technique mistakes slide. 6.5/10.



MUSIC | TE AO MÃORI

CASTLE ST

SIX60



omni arona Ngāpuhi, ngāti wai, aitutaki (he/him) Iconic New Zealand outfit **Six60** released their fourth album, *Castle St.* It is their first LP to not feature a eponymous album name. The album title makes reference to Castle Street in Dunedin, where the band members all first met.

The LPs lead single 'Before You Leave', describes lead vocalist **Matiu Walters**' experience with becoming a father.

The LP is certainly different from their previous self-titled albums. Sonically, it is distinguishable. There are less electronic elements and the band take a different route in terms of the vibes of the album. It is more ethereal in it's tone. 'Far Away So Close' is a perfect example of this. The album will be a change of pace for earlier fans of the group.

Walters said the album has been deeply influenced by their voyage into Te Ao Māori with the *Waiata Anthems* albums. "It's almost like a back-to-basics thing for us. How the album was made was just the five of us together in a room, very similar to how it was for the first gold album back in 660 Castle Street."

In a sense, the album is the band coming full circle. By returning to their beginnings as a friend group, they explore deep concepts that highlight their maturity as artists.

The album is in essence them not forgetting their roots (bad pun I know).



MUSIC

TREES AVANTDALE BOWLING CLUB



omni arona Ngāpuhi, ngāti wai (He/<u>Him)</u>_____ West Auckland native **Avantdale Bowling Club** released his project *TREES* on 30 September. Tom Scott uses the connotations and topic of weed as a proxy to tackle many deep subject matters that exist within the New Zealand context; mental health, becoming a father, residing within a small town, police anxiety, drug use, etc. A perfect example is the line "When everyone's depressed / this shit sells itself/ small town bout the size of a roundabout / where the number one killer of a man is himself"

While listening to the album, I knew the project was a 10/10 by the third song 'Twenty Eight'. The sonic feel and choice of beats lay better groundwork for Tom Scott to show his lyrical and storytelling prowess in a way that is superior to his previous LP. Listening to the album, there is a distinctive change in sound that can be attributed to Scott reuniting with **@Peace** collaborator Christoph El Truento. In an account released by Tom Scott, the artist detailed the many barriers to the albums release. In that regard, I can say I'm happy to have finally been able to hear the album.

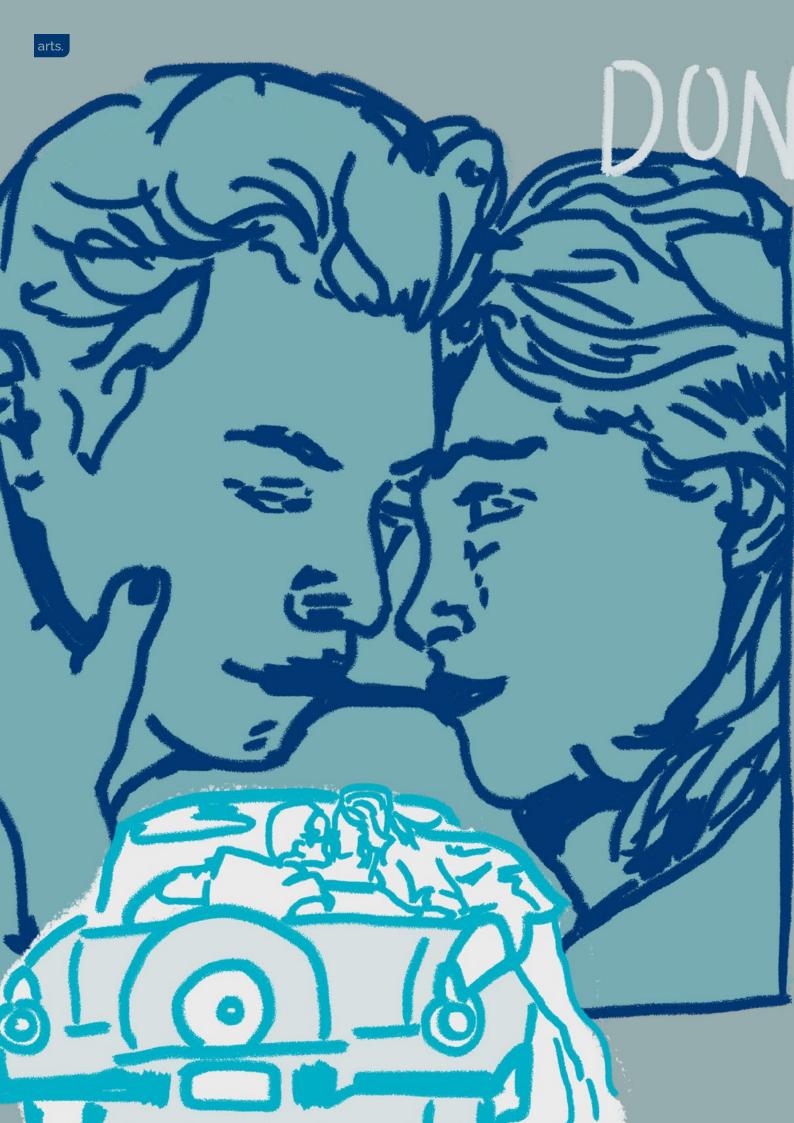
Tom Scott releases his best work yet. It should be in the album-of-the-year conversations.

BFM

1. Plot Points Soft Bait

- 2. Feels Like Wasting My Life Is Taking Forever Les Big Byrd
- **3. Lethal** Proteins Of Magic
- **4. Still Feel Broke** Avantdale Bowling Club
- **5. Colourbox** Amamelia
- 6. Waterfall Fireball Kraus
- 7. We Kick Around Princess Chelsea
- 8. There's No One Like Me Reuben Hudson
- 9. Oceans Womb

10. No Drama Hans Pucket



TWORRY DARLING

Should we get off Twitter?



MADELEINE CRUTCHLEY (SHE/HER) AND GABBIE DE BARON (SHE/THEY)

CW: BRIEF MENTION OF SEXUAL ASSAULT AND ASSAULT

A few weeks ago, our respective internet feeds exploded. The Don't Worry Darling premiere kicked off at the Venice Film Festival and things got really big, really fast. Every media outlet and every trending page was geared towards the supposed drama happening behind the scenes. Amatuer internet sleuths got to work unpacking every slightly passive-aggressive movement of the cast and Twitter comedians had enough easy material to fill their boots for the next few days. In the aftermath, as Harry Styles fans and people who are sometimes Quite Online, we're left in the aftermath, trying to piece together our own feelings. How did following all of the drama make us feel? What does it mean to be online when things like this are unfolding? Is diving into this stuff good for us?

Gabbie

Let's get the movie out of the way: Miss Flo carried the movie on her whole back, so no wonder she went insane. She was paired with Harry Styles—whom I absolutely adore and have been fawning over since I was twelve-but sadly is someone who cannot act for shit. Man's just screaming everywhere, all the damn time, while Florence Pugh is literally giving such a stellar performance! But anyway, the juice is not the movie but the tension between the cast members... baby, it is so hard to watch. As a Harry fan, I really just want him to be in a happy relationship—allegedly with director Olivia Wilde-but when the whole "Miss Flo" leaked video came out, I couldn't help but feel like another femme fatale

is unravelling in the industry. "Shia, Shia, Shia", Wilde starts to say in the video, and then proceeds to, basically, blame Florence Pugh for being a reason why he was removed from the cast. Babes, FKA Twigs has a case against this man for sexual assault and assault, and let me tell you, when you dive into that it's UGLY! I'm not anti-Olivia Wilde. I fucking loved Booksmart, but it's the fact that she even faked her support for FKA Twigs, but is constantly advocating for female perspectives and stories. The leaked video says it all. Is she just woke-baiting us? And then all this concern just circles back to me as a Harry fan. If he is still dating her, doesn't that reflect on his values and the newera-male idea that he's been sporting? Is he really as great as we think? But then I start to fight myself and just believe that as long as he's happy I'm happy, but I couldn't be with someone who would sabotage another woman, for the sake of my career. So, basically, my interaction with this drama is all just cyclical.

Maddy

I'm going to be honest—this has been an incredibly weird experience for me. Not just because I spent many years fawning over a certain boy band member, but because keeping up with all of it online made me realise how terrible Twitter makes me feel. Sure, it can feel pretty good to have your finger on the pulse and be reading responses from a community that's on top of every single bit of pop culture news. There's a kind of excitement that comes from knowing every little detail as it unravels... Have you seen the Chris Pine interview? Did you see that Harry refused to look at Olivia? What about Florence Pugh's stylist posting something cryptic on Instagram? For me at least, I kind of feel like my Twitter timeline is the equivalent of scrolling through the Daily Mail snapchat filterthere's not much in there that makes me feel nourished and there's a lot that makes me feel frustrated and weird. I'd rather read the cheeky Bulletin updates at The Spinoff (yes, they did report on #SpitGate). This whole thing actually made me step away from Twitter for a few days, and it's made me realise how dizzying it can all be. Weirdly, engaging with the *Don't Worry Darling* dramas has been very personally productive for me—I think it's time to do a bit of revaluing of the internet time I have, and think about how to use it in ways that don't stress me out.

There's a kind of excitement that comes from knowing every little detail as it unravels... Have you seen the Chris Pine interview? Did you see that Harry refused to look at Olivia? What about Florence Pugh's stylist posting something cryptic on Instagram?

It's a Rat's World

Rat World mag is rocking the scene



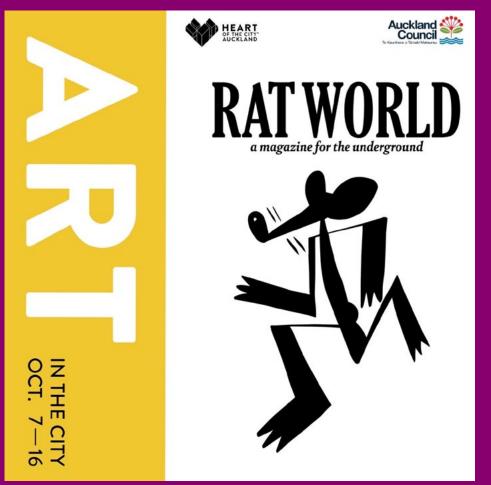
Rising from the underground arts scene in Aotearoa, Rat World is a quarterly print magazine that's quickly becoming a staple amongst creatives. Its carefully curated pages are packed full of charming illustrations, reviews, comics, interviews, poems, and other exciting experimental forms that blur the lines of the print medium. The magazine took home the People's Choice Award at the 2022 Auckland Zinefest and there's even more fun to come. Jennifer Cheuk. the Editor-in-Chief, sits down for a zoom chat ahead of Rat World's late night zine workshop. She dishes on the response to the magazine, the sense of community that comes from working with other creatives, and why the magazine belongs in print.

Where did this incredibly charming name come from?

I actually had the name *Rat World* stuck in my head from, like, 2020 to 2021. At first, I thought it was an 80s fashion label—I tried to screen print some secondhand shirts and be like, *Rat World*, it's a fashion labe!! And then, in January this year, I woke up and was like, no, no, it's a magazine. I'm gonna start a magazine. I'm gonna call it *Rat World*, it's perfect, that's it.

And what was the process in pulling the concept for mag together after that epiphany?

I come from a background of journalism and publishing and writing, and as a Pan-Asian creative, I always kind of identify the fact that there's a gap for BIPOC creators in the publishing space. In published works as well, a lot of emerging and minority voices are often left out of



those spaces. I really wanted to create something that was just welcoming and accessible for everyone to be a part of—I know what it's like to not have your parents know the right people, I know what it's like to not be part of that inner creative circle. And it's hard to get started.

So, we kind of just started reaching out to people who I thought were interesting, but kind of not really platformed enough. And I was like, "Hey, do you want to be part of this print magazine?" Most of the people said yes... And it kind of just took off from there. It was awesome to meet these people that are doing such interesting and important work, but they're not being showcased as much as I feel like they should be.

What has the initial response been like?

Um, it's been kind of crazy! I kind of just started this because I wanted to, and I like talking to cool people and meeting them and just connecting with this awesome creative community that we have all around Aotearoa. People were just so responsive and so supportive... we have launch parties for every issue, because I'm really into creating kind of a collective around that world. After the second launch party, people were like, "hey, I've met creatives that I never would have met without *Rat World*, and I'm connecting with these artists, and we're making projects now."

It was something that was so cool after lockdown and Covid, when people felt so disconnected. Like, it sucked for creatives—it sucked for everyone—but for independent artists it was really hard.

It's so interesting to think about the mag as a community meeting point...

There are so many cool community

spots that have started coming in too, like Dung Beetle is a great one, Gray's Wine bar as well... Move Space does these amazing community events. It's so awesome to see all these people get together and support each other and connect... That's what I really like about this magazine is we're making an effort to kind of have coffee chats and like, meet up with people... I think that's really important these days, to actually listen to what people want with their ideas and how they want it to be showcased.

I've seen that the mag has utilised certain digital elements... is there a push to go digital at all? Or do you feel really firmly that this is a print magazine?

I mean, this is 100% of print magazines. Statistically over Covid and lockdown, Iwe saw! that people were really into print, and then, you know, book sales were pretty much at their peak in Covid. So, print magazines are really not going anywhere. And I collect like, hundreds of print magazines every couple months, my whole income goes to that!

I can tell that there are hundreds of independent print magazines springing up, because at the end of the day, you know, a website can get closed down anytime... and there's no trace of that. [Having a print magazine] it's kind of tangible, and it's unique. And I think people inherently know the value of that. Yeah, I mean, when we started this, I didn't know how it would go and whether people would be interested... It's really telling that people were really interested in print and seeing their work on a page.

If people are keen to get involved and have quite an experimental form they want to try out, how do you encourage them to get in touch?

Just email or Instagram DM! I get emails every day being like, "I have this idea, but I'm not sure about it." And I'm like, "Hey, let's go for a coffee, or let's have a zoom call, and we can just chat about it." And if you feel like this isn't really the right idea that you want to pursue, that's totally fine.

YOU CAN FIND RAT WORLD @RATWORLDMAGAZINE AND ORDER A MAG ON HTTPS://WWW.RATWORLDMAG. COM/!





Festival Horror Stories

Drink water and check your pegs!



We're coming towards that magical time of year, when the air smells faintly like weed, and the last DJ set of the night gives you the worst headache imaginable... festival season! It's very rare that heading out to the wops, going hard on the seltzers, or cramming into a car with a driver on their learners goes without a hitch. These stories may serve as cautionary tales to those who dare, or just some cheeky yarns to those more sensible.

Got crossfaded and had to leave Laneway before the headlining act because I felt so panicked. I was fully in bed at about 7:30pm.

-Sleepy

Slept in the car in the Waioeka Gorge for half an hour after leaving RNV. Was running on two hours of sleep. —Really sleepy

Once I went along to a festy with some mates absolutely crammed in a van to save some cash. After we parked up, two of our pals wanted to smoke before heading in, and said they'd catch up with the rest of us. We came back later after the first night to find them asleep in the back—they had missed the whole lineup for that day.

-Not so sleepy

One New Year's Eve, in the R&V main stage crowd, I actually got peed on. Like, someone just peed right there in the crowd. At first I thought someone was just spilling their drink all over me, which I honestly would have been fine with. I shrieked in horror when I realised it was WARM. Yuck.

-Nope

Very shortly after I finished high school, a group of us went away to a festival for New Years. We brought all of the stuff for the tent, and had double-checked it before leaving, but forgot to bring anything to hammer the pegs in with. As a bit of an egg, I tried to use a can of baked beans and stuck a peg right through the can. Soggy bean pegs anyone?

—Bob the Builder

Tried to hack the system to bring beevies into a festival, and buried a bunch of spirits in the field where it was going to be held a few weeks early. When the festival was actually on, we had been a bit too keen on preloading and couldn't find the bottles anywhere. I think we dug up about eight holes to try and find them—no luck.

—Doh

People from the next tent over set up my tent, because me and my mate were too tipsy.

—LayZ

[Got] heatstroke, ruined my fave shirt by pouring water on myself and then getting stained when the dust turned to clay.

—Too hot

I stepped foot into the R&V bathroom on

the final morning and almost fainted that scent was just evil. Instead of using the portaloo... I peed outside our tent. —Reluctant Squatter

Had a lovely, leisurely drive all the way down to Gisbourne, hiked almost all the way across the festival grounds, and then took out our tent—only to realise we had no tent pegs with us. My friends went off to fetch them, while I lay in the tent for two hours, to stop it from blowing away. Not the best start to R&V. —Peggy

Was in a sleeping sack with another courteous soul and as I was four inches away from achieving festivities and bliss, my tent was the sole target of a schmuck trying to make a quick buck. After hearing the wrong kind of zipper, I locked eyes with a scrawny teen who I proceeded to kick and curse at. And even though it was a heroic act, the other person in my sleeping sack was suddenly not in the mood.

—lcarus



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Grad Blues of a Class of '22

Cap and gown? More like gap and drown (in my existential anxiety)

The last week of my undergrad has officially arrived. I should be relieved. Thrilled even. Isn't this the part where I'm supposed to be rejoicing in academia's sweet release, excited for all my bright prospects on the horizon? Well, all I can say is that I'm feeling just as clueless as when I first enrolled in this institution. The questions I hoped to find the answers to within tertiary education are not only unanswered, but they've now evolved into arguably more difficult dilemmas. Who am I outside of my identity as a student? How am I supposed to fill the void without academic validation? What do I really want to do with my life? Is this really... it?

Beyond the grips of existential dread, I'm also confronted by family and friends with additional questions, usually taking in some form of "so what are you doing after uni?". Instead of replying with the honest (but pity-provoking) answer of sighing "I don't know", followed by a defeated shrug, I somehow always resort to providing a strange tangent about "figuring things out" and "exploring my (nonexistent) options".

Hell, even my Gmail account won't let me catch a moment of peace. My inbox has been flooded with taunting internship and grad role recommendations, most of which demand a minimum of two years' relevant work experience, or a STEM qualification I don't possess. It seems that no matter where you look, the universe somehow finds a way to slap you in the face with a reminder of



your increasingly imminent reality of unemployment.

Don't get me wrong, this piece isn't intended to garner a pity party for myself. That's what therapy is for. But, I just think it's about time the not-sofun side of finishing your degree was highlighted. For many of us, graduation isn't some grand and celebratory event. Being thrown into navigating the big unknown of the "real world" can be incredibly overwhelming and disorienting.

Even the build-up to handing in that last assignment, or sitting that last exam is a massive learning curve in of itself. Learning not to take rejection as a personal or moral failure, and instead seeing it as merely a rejection of the application you sent in is a tough pill to



swallow. Recognising that sometimes it doesn't matter how intelligent or hard working of an individual you are, rejection is inevitable and it's unrealistic to expect yourself to consistently defy statistical odds that often aren't in your favour.

Attempting to ignore all of this existential uncertainty and disappointment, while also trying not to become demotivated or distracted from completing the last stretch of the semester, is really tough. While I'm still in the thick of the consuming mess that is grad anxiety, I think it's crucial to remember that you are never alone in feeling this way. Thousands of students are in the same boat, or have previously been. Thousands of adults, who may look like they've got their shit figured on the outside, are too.

> Equally, it's critical to remember to extend the same sympathy and non-judgement you have for others to yourself. Do we, or have we ever viewed people, who also haven't embarked on some prestigious and meaningful career straight out of uni, as "failures"? Or "behind" in life? Or a "waste of potential"? Probably not. This is the time that we actively call ourselves out on our hypocritical bullshit, and put into perspective how overlycritical we can be.

> Because in five years, on some morning over breakfast or a random drive home, we're all going to think back to this period and shake our heads fondly, before reminiscing on how everything ended up working out anyway in some way or another. Major life changes are always scary. But you will get through it, just like you've always done.



Runner's Fear: What It's Like Running as a Woman

When a morning jog turns into running for your life

I first connected the act of running with being a woman at the age of 15. I was on a run in my

neighbourhood, training for my school's cross-country, when a car drove past slowly. I heard a high-pitched whistle, followed by men's voices shouting. I watched the car drive down the road, and it wasn't until it had disappeared from sight that I realised I had been catcalled. I was just a 15-year-old, very visibly a minor. At that point, catcalling had been something from movies, not a real experience to me. It was then that I realised "Oh, I'm not safe while running."

Nowadays, I'm still running, mostly for my mental health. Five days a week (often more like three), I pull myself out of bed, departing well after the sun has risen. I follow busy roads or paths where others always are. I take my headphones off whenever I leave these paths, constantly looking around, desperately trying to be as aware of my surroundings as possible. It feels instinctual, like something in my DNA telling me that I have to be extremely cautious. But that feeling wasn't there before my experience as a 15-year-old. It's learned.



There was a story recently published by 1News about an attempted abduction of a woman jogging in Christchurch. My stomach dropped when I read it. I immediately thought of Eliza Fletcher, a woman who was abducted and murdered in the U.S. while out jogging. The outcry that followed has brought a feeling of sad solidarity. We are not alone, it is a depressingly common experience. 43% of women experience harassment on a run, according to Runners World. LGBTQIA+ and BIPOC people experience even greater levels of violence (however, to my knowledge, there are no statistics specifically about this, which is a whole

I quickly learned that I have to take measures to try protect myself, including avoiding running

discussion in of itself).

before the sun is up. I wish I didn't have to. It is not anyone's fault, no matter when or where they went for a run, if they are harassed or attacked. Unfortunately, we live in a world where atrocious acts of violence are perpetrated against minorities, including women, for simply existing in a space. Although the probability of being murdered while on a run is only a one in 35,336 chance according to Runners World, this doesn't stop that fear. It doesn't stop the smaller acts of aggression, like when I was catcalled as a 15-year-old. This experience has stayed with me many years on, and to this day, I still have similar encounters. It might be thanks to the ingrained hyper-awareness, but every long stare, every head that follows as I run past makes the hairs stand up on the back of my neck. Simply being leered at is enough to make someone feel objectified and small. These experiences can easily make you feel so vulnerable, so terrified, that you can no longer continue. To feel so at-risk that you give up something you enjoy is heartbreaking.

The reality is, you can be modestly dressed, in a public space, completely minding your own business, and still experience harassment. Ultimately, the problem does not lie in the person at risk. Nor does the solution. My heart goes out to anyone who has experienced harassment or violence while just trying to exercise. Even if it's an uphill fight, we need meaningful change, and we need it now.

The Ultimate Kate Edger Slumber Party Guide



Disclaimer: Craccum does not endorse toxic hustle culture in any shape or form. But sometimes desperate times call for desperate measures. And without sounding too Machiavellian, we're not ones to judge whatever means you take to pump out those last-minute assignments.

We've all thought about, or been close to, having a sleepover at uni. Don't even bother trying to deny this. If you've ever napped in Kate Edger, you know how soft—too soft—those damn couches are. And sometimes when you miss the last bus home, the temptation to set up camp right outside your 8am lecture hall is just too hard to resist.

Luckily, Level Zero of the iconic Kate Edger building is open 24/7 until the end of Semester Two. And what better way to push through the final stretch of semester two than by staying overnight? Pack your PJs, bunny slippers, and student ID (so you don't get locked out), it's time to throw the slumber party you've always wanted!

Making Kate Home Sweet Home

Get squeaky clean in Kate's toilets.

No one likes a stinky study partner. The stench of B.O. mixed with Kate's natural instant noodles and toe jam smell is a Health and Safety hazard in the making. Luckily, its state-of-the-art toilets, especially with its lack of ventilation, will ensure you have the steamiest sink

... sometimes when you miss the last bus home, the temptation to set up camp right outside your 8am lecture hall is just too hard to resist. shower of your life.

Forgot your towel? No problem! The cloth towel dispensers in Kate toilets are nearly always deconstructed, allowing for easy access to towels that can be customised to your desired length. Forgot your toiletries? Treat your skin to Kate's foaming hand soap (availability varies), the multipurpose product that will give Nivea Men's 3-in-1 Body Wash a run for its money. Especially after a long night of hitting the textbooks, it's important to make sure you rid your skin of all impurities and moisture.

Say 'Bon Appetit' to your gourmet vending machine dinner.

Fuelling that big brain of yours is a walk in the park for Kate's vending machines. These personal chefs not only can whip you up a three course meal in the matter of a few button pushes, but they also boast an extensive menu of overpriced drinks and food. Guests can indulge in savoury and sweet options ranging from delicacies like dry nut slabs, to thinly cut potato slices topped with chicken dusting.

Catch some ZZZs

When you're ready to get some shut-

eye, Kate's got you spoiled with a wide variety of luxurious choices. There are the classic teal couches, where you can cuddle up with chip crumbs and rest your heavy head on spilled Gong Cha. For students that want to straighten out their back after hunching over at their desk all day, the linty flat surface of Kate's carpets are a standout option. If you're after a firmer sleeping surface, the picnic lounge chairs by the *Craccum* pick-up box are also a cosy option. Experts say that snoozing next to a stack of the best student mags exponentially increases both intelligence and sleep quality!

Activities

Have a pillow fight with the Kapa Haka bronze statue by the Gen Library.

Shaky Isles.

Sight-seeing is not only the perfect study break activity, but it also provides much needed rest for your eyes to avoid them turning square. Bonus activity: crack the puzzle of what the sculpture is actually of! Legends say the artist was inspired by soggy paper



fear not! Not everyone can be beauty and brains, and it's okay not to possess the latter. We guarantee that creating a thirst-trap slideshow of your hottest selfies will have you feeling ready to conquer any essay question in no time.

Have an office chair race.

After grinding out at that group assignment all day, what better way to release your frustration at the deadweights of your group by challenging your sleepover pals to an office chair race? Simply take the black swivel office chairs from the computers and take turns pedalling through the desks and couches. The first to complete the obstacle course scores a Munchy Mart pie.

Activate a big brain boost by reading *Craccum*.

There's no better way to get those brain cells fired up again than by reading your favourite source of top-quality student journalism. Marvel at the gorgeous editorials! Scoff at the silly letters-to-theeditor! Stroke your non-existent (or existent) beard while reading the huge variety of enlightening articles. Fanboy over Omni Arona's sports column! Spot the typos in the crosswords! What can we

say? *Craccum* is the whole package. Bonus activity: reach the highest level of the galaxy brain by becoming a 2023 contributor. We don't make the rules.

Hold a lecture movie marathon.

What's a slumber party without a good old movie marathon? But to pay our respects to the OG academic weapon Kate Edger herself, it would only be fitting to binge watch the lectures we've got piled up on Panopto. Pop yourself some popcorn using the student lounge microwaves, chuck that lecture on 2x speed, and you'll be feeling like you just purchased a Hoyts Lux ticket to the next *Alvin and the Chipmunks* flick.

We've heard that

not only is our boy the perfect pillow fight partner, but also a great listener. Especially during this stressful time, sometimes all you need is a shoulder to cry on. Therapy is hella expensive, so make sure to capitalise off his free services by venting your sad girl troubles to him. Insiders say he's a Phoebe Bridgers stan too!

Admire the pretty colours of the *Chevron* stainless steel sculpture by straws, but no one, not even Dr. Marten-wearing art hoes, have a clue what it is.

Create an art gallery for yourself by changing all the computers' wallpapers to your favourite selfies.

Don't forget to show your gorgeous self some extra self love this exam season. With mid-term quiz and essay grades being uploaded to Canvas, your self esteem has probably taken a hit. But



What Does Someone Have to Do to Get a Sports Star Around Here?

Life can't always be like Sex and the City, especially when you're busy doing an assignment or cramming for an exam, but fear not—we're here to help! Between the three of us—Samantha Bones, Cunty Bradshaw, and Craccum's resident sports columnist Omni Arona—we'll tell you who's been shit in the arena and guess who'd be less shit in bed!

Son Heung-Min

Omni Arona: The Korean sensation Sonny is a titan in his home country. Last year Son won the Golden Boot alongside Liverpool's Mo Salah. Despite not winning any trophies (fml), his skill is undeniable. Son became an ambassador for Calvin Klein and released photos of a recent photoshoot and oh my goodness...

Samantha Bones: I've never been so attracted to a man who kicks balls for a living, and I'm usually pretty attracted to kicking balls. Suddenly I'm into sports, who knew? So, he won a golden boot aye? They should've given him the golden booty too. ;)

Cunty Bradshaw: Sorry, what? Just got a bit distracted over here looking at this gorgeous man. Frankly speechless. I couldn't care less about his sports career but my God... his modelling career should be taking off right now. I need more photos from his Calvin Klein shoots ASAP.

Lewis Hamilton

Omni Arona: Lewis is a seven-time world champion in the sport, tied with Michael Schumacher for the most of any driver. Hamilton was unfortunate last season after getting fucked over by race control in the final race, where Max Verstappen passed him on the last corner of the last lap of the last race of the season. Speaking of getting fucked, I think the other two columnists are keen if they met Lewis in real life.

Samantha Bones: So, just to be clear, this guy has no relation to the musical *Hamilton*, right? What about the city of the future, our very own Tron? No? Well thank God, because I can't think of anything less sexy than Hamilton, our esteemed chlamydia capital. But I wouldn't mind catching chlamydia off this guy, to be honest.

Cunty Bradshaw: It seems like this man has one incredible career and he also has incredibly good looks. I don't get why sporty guys are so attractive, but I now see the appeal of watching sports. Not for the sport itself but for these hot hunks.

Charles Leclerc

Omni Arona: Leclerc battled for the World Drivers Championship this year with Red Bull Racing's Max Verstappen. Team and car performance issues meant that Leclerc was out of contention about two-thirds of the way through the season. That doesn't stop him from being fucking sexy though.

Samantha Bones: Hey Charles, I'll give you something to ride that doesn't have performance issues ;). Get it? I'm talking about my pu\$\$y. I'll be wetter than that track baby.

Cunty Bradshaw: If you know me, you know I like my French boys. Yes, Charles is from Monaco but it's close enough for me. Bit of a shame that his sport requires wearing a helmet because would you look at that insanely sexy face? I wish I could see it all the time, but I guess anything to protect it, right? I hear he's not the speediest on the tracks, but I'm not complaining if he also takes his time in the bedroom—if you catch my drift.

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Ever looked at the statues glorifying the Crown scattered across Aotearoa New Zealand, and wondered which of these soon-to-be-car-smash-reparations-fundraisers suits your vibe? Complete the following quiz to find out!



REBECCA POI (SHE/HER/IA)

1. What is your biggest fear?

- A. Self-awareness and a real job.B. Emotional intimacy and treaty obligations.
- C. Making eye contact with a woman.
- D. Being held accountable for your actions.

2. If you could only bring three things to be a desert island what would they be?

- A. Someone else's most prized possession, a 'how to do basic tasks' manual, and a picture of your sexiest cousin.
- B. Machiavelli's *The Prince*, Union Jack pyjamas, and a colonising agenda.
- C. An inflatable sex doll, SPF 100 zinc sunscreen, and no understanding of consent.
- D. Fetch the Bolt Cutters by Fiona Apple, red hair dye, and an at-home tattoo kit.

- 3. What is your favourite rom-com?
- A. House of the Dragon
- B. Brokeback Mountain
- C. The Bee Movie
- D. Gone Girl

4. What would you consider your best quality as a lover?

- A. You're surprisingly flexible considering the stick up your arse.
- B. Your belief in the danger of the female orgasm.
- C. Your reddit-based sex education.
- D. The knowledge you've gained from your addiction to fantasy porn novels.

5. If someone were to take a peek at your diary, what would they see?

- A. Fake hate mail that you're writing to look like you're oppressed for being white.
- B. A pros and cons list for growing mutton chops.

- C. A love letter to Sigmund Freud.
- D. Self-insert fanfiction about you and Voldemort (in noseless serpent form).

Final question: How are you feeling right now?

- A. I'm feeling a combination of smug, horny, and insecure that I like to call the 'weekday standard'.
- B. There is a pain in my chest that is the physical manifestation of never being vulnerable.
- C. Like I will never feel the touch of a woman, and should focus all my attention into bitcoin.
- D. I feel gratified knowing that I perpetuated colonial notions of beauty under the guise of #selflove.



Mostly As:

Queen Victoria statue in Poneke! Congratulations! Your answers that made you sound like an incestuous nepo-baby, a major accomplishment. Mauri mahi, mauri ora... you say no thank you, much like the kolonial kween herself, you enjoy putting in no work but getting all the credit. Sometimes our authentic self is horrible, but that's okay! Hold your head high, grab your cousin-husband by the hand, and never stop being you!

Mostly Bs:

George Grey statue in Albert Park! Hello psycho, you have a terrible and suspicious vibe. George Grey, New Zealand's most dreadful man is best known for destroying the lives of Māori from his colonial perch. You emulate this on a smaller scale, by voting for the ACT party. Keep hustling hustler, the grind (making people hate you) never stops.

Mostly Cs:

Captain Cook statue in Tūranganui-a-kiwa! Being an incel never looked so good. Captain Cook worked hard as a mapmaker, a captain, a coloniser, and a stupid jerk, and like him, you are a person who wears many hats. Terror, menace, challenge, creep, you are multi-faceted and ever-changing. No one does it (being fearful of women) like you do!

Mostly Ds:

Zealandia statue on Symonds Street! You girl-boss every day by perpetuating violence and lying for fun. The Zealandia statue thanks the brave soldiers that fought in the New Zealand wars, and like the statue you are delusional. You ARE the victim in every situation. No one gaslights quite like you do, be proud of it! Also I regret to inform you that only dating Māori boys isn't the decolonial act you think it is. Kisses!



3

SUDOKU

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ILLUSTRATION BY GABBIE DE BARON

WORDSEARCHJ

okoscopes

Surprise! Resident columnist Samantha Bones slept with a magician recently... that makes her qualified to tell fortunes right? Or were they an astrologer? Come to think of it... what was their name again?

SAMANTHA BONES

ARIES

As you might have guessed from the fluffy new additions to Cornwall Park, springtime is lambing season. And you know what's super unsexy? Babies. I see sleep deprivation and stress in your future.

TAURUS

Your stubbornness has reached new heights this week Taurus. Slow

down, yes you do need food, water, and sleep breaks.



GEMINI

This full moon in Libra has you acting up Gemini. Pull your head in, your friends are getting sick of your drama.

CANCER

You're feeling extra emotional this week Cancer. Like, crying at a tissue you saw on the ground type of

emotional. Feel your feelings, you'll ride it out.



LEO

I see you're leading by example and ignoring your coursework until the very end, Leo. Good for you!

Yes, procrastination is helpful, actually.



VIRGO

It's time to deal with your problems like a grown up, Virgo.



Emotional maturity can't be scheduled in and colour coded... unless you're making therapist appointments. Which, spoiler alert, you should.

LIBRA

Trouble sleeping this full moon, Libra? It's time to bang out some frustrations. Literally. An angry playlist on repeat will do just as well.



SCORPIO

It's time to let go of your winter hibernation mode, Scorpio. Bloom as you were always meant to—wear black and red and strut your stuff.



SAGITTARIUS

You've been neglecting yourself lately Sag. What is it that you want? Take some time out, and take yourself out. Whether for



a meal or a movie, you're guarenteed to feel better after.

CAPRICORN

You've worked so hard this year Capricorn, and now it's finally paying off. Don't worry, I see a restful period in your

immediate future. Sit back, relax, and reap the seeds you've spent this year sowing.

AQUARIUS

For the love of God go outside. Touch some grass, see the sky, drink some water. Life exists outside of the internet and assignments.



PISCES

I forsee some disagreements in your future, Pisces.



But keep your integrity, speak with honesty, and you'll be right. Your true friends will reveal themselves in time.



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CELEBRATE THE LAST DAY OF LECTURES



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Celebrating Grads with a \$3,000 giveaway.

We're celebrating the graduating class of 2022. Register with MAS as a 2022 Grad, and get free advice on KiwiSaver and insurance for the chance to win \$3,000*. Register at **mas.co.nz/grad2022**



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